

# HEALTH + BULLETIN

October, 2014 - Volume: 2, Issue: 10

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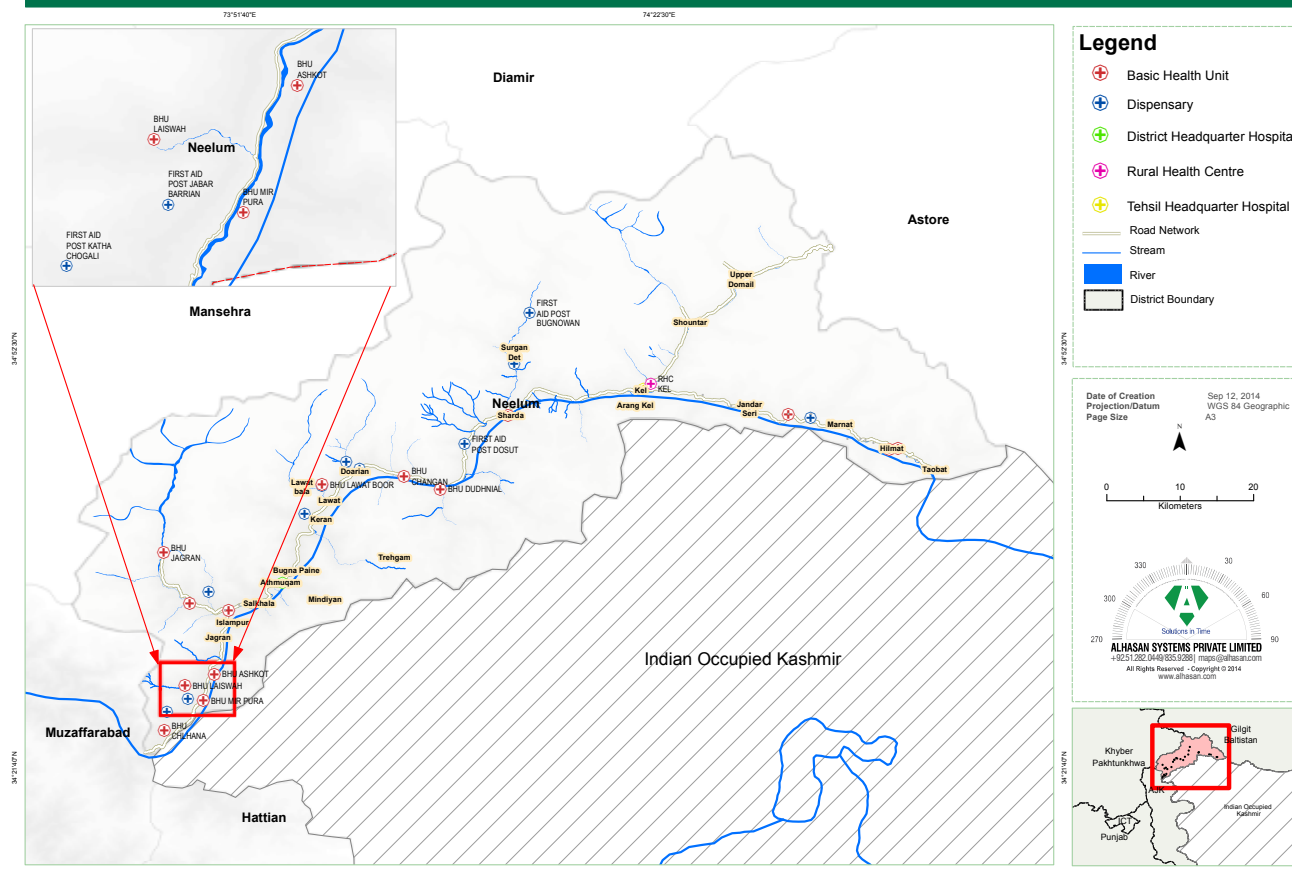
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### NEELUM HEALTH FACILITIES



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- Monthly Price Indices for October, 2013
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Both reports are available at  
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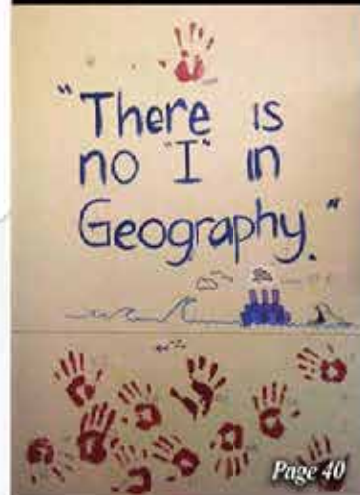
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## APPLIED RESEARCH

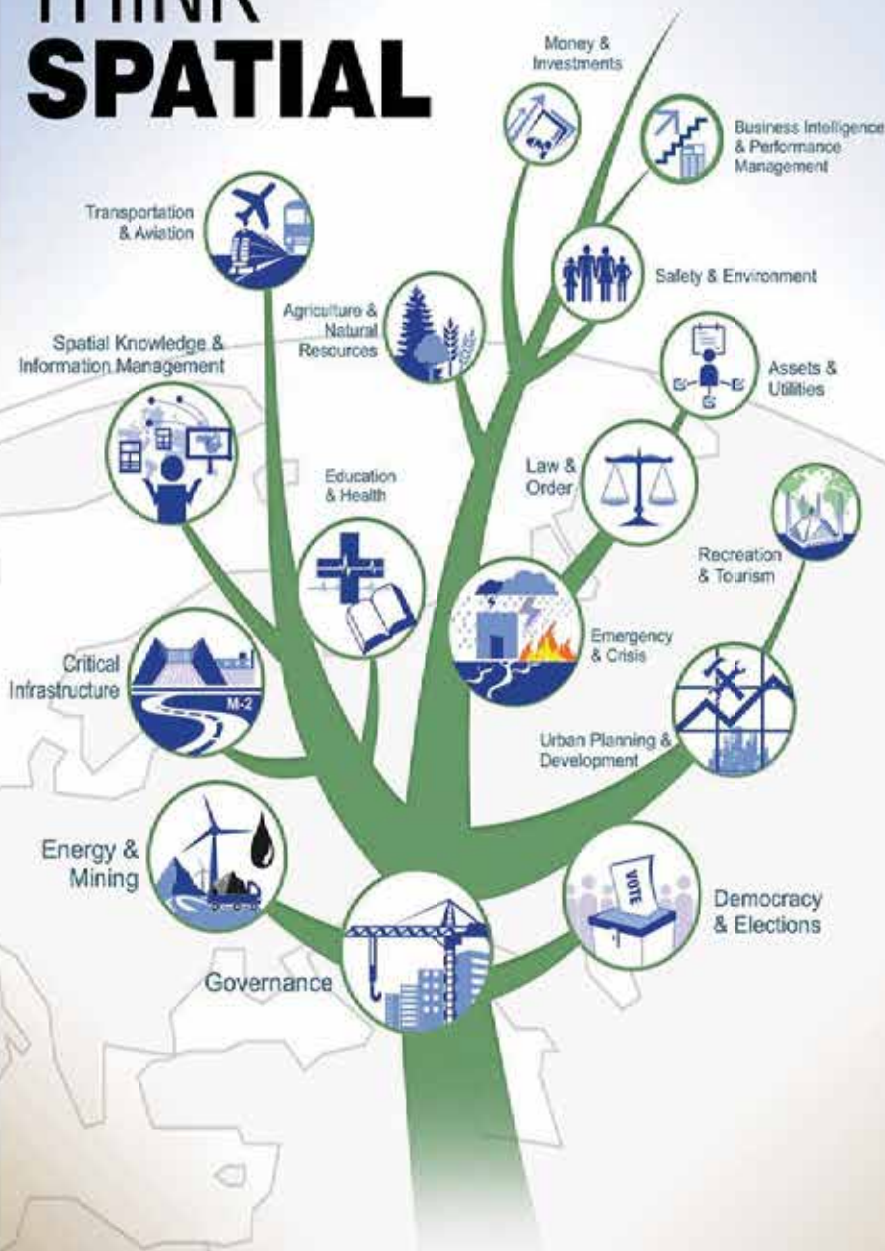
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## NEWS HEADLINES

**Steps urged to improve education, health sectors**  
*Daily Dawn, September 30, 2014*

**10 more polio cases confirmed in country**  
*Daily Dawn, September 30, 2014*

**16,000 children missed out in polio drive due to parents' refusal**  
*Daily Dawn, September 30, 2014*

## DETAILS

**ISLAMABAD:** Leader of Opposition in the National Assembly Syed Khursheed Shah has urged Prime Minister Nawaz Sharif to take effective measures to improve health and education facilities in the country. He called upon all political forces in and outside the parliament and federal and provincial governments to join hands for the purpose, and proposed a charter for improvement of education and health sectors. In a letter sent to the prime minister on Sept 25, the opposition leader said: 'I urged upon you to come forward and religiously commit for this noble cause to make our present and coming generations progressive and prosperous. 'The state shall provide free and compulsory education to all children of the age of 5 to 16 years in such manners as may be determined by the law,' he added. It may be mentioned that these issues are being persistently raised by the protesting Pakistan Tehreek-i-Insaf and Pakistan Awami Tehreek.

In his letter, a copy of which is available with Dawn, Mr. Shah said: 'After the historic struggle for the restoration of democracy in the country and signing of the Charter of Democracy by PPP and the PML-N now all political parties, both inside and outside the parliament, should come forward and sign a Charter for Improvement of Education and Health for the provision of better education and health facilities at all tiers. He suggested that first of all, federal and provincial governments, as a matter of their duty, must provide free of cost primary and secondary level education in a manner that attracts the non-enrolled children and adolescents, particularly girls, belonging to weaker, socially disadvantaged and economically deprived sections of society. 'We need to provide basic health facilities to all segments of society as after education, our health sector indicators are also one of the lowest in the world and Pakistan is the only country in the world where more than one hundred polio cases have been recorded this year,' he said.

Referring to travel restrictions imposed on Pakistanis, he said it was very embarrassing for the country and its people. 'We should strive to provide basic health facility to every settlement comprising 500-1,000 inhabitants,' he said. 'After 18th Amendment education is provincial subject, hence, federal government should pressurize provincial governments for providing primary and secondary education and basic health facilities in their respective provinces. The modalities for the achievement of these objectives may be prepared and finalized in consultation with parliament, political parties and other concerned,' he said.

**ISLAMABAD:** Ten more cases of polio have been confirmed by the Polio Virology Laboratory at the National Institute of Health, raising the count for this year to 184. According to an official of Prime Minister's Monitoring and Coordination Cell for Polio, six new cases were reported from Federally Administered Tribal Areas (Fata), two from Khyber Pakhtunkhwa and two from Sindh. Two of the new cases have been reported from the Bannu Frontier Region a 10-month-old boy of village Bichlci Wazir and a six-month-old girl of village Zalol Khel. From the Bara tehsil of Khyber Agency, a six-month-old boy of Mera Aka Khel, village Nawz Khan Kalay; a seven-month-old girl and a 15-month-old girl of Ajab Talab, village Shin Drang; and a 12-month-old girl of Mera Aka Khel, village Gud Malang, have been confirmed as polio patients. The cases from Khyber Pakhtunkhwa are of a 48-month-old girl of Koga union council near village Bra Hujra Ambela in Buner and a 14-month-old boy of Mayar union council near village Mohammad Abad Chakaro Pul in Mardan tehsil.

In Sindh, both cases have been reported from Karachi's Gadap area a 12-month-old girl of UC-4 in Afghan Abadi, Moosa Market; and a 25-month-old boy of UC-5, Junjar Goth near Madina Madressah. The official said that polio eradication campaigns could not be conducted in Fata because of a 'ban' imposed by the Taliban in June 2012. As for Khyber Pakhtunkhwa and Sindh, he said, parents of the children afflicted by the crippling disease had refused to get them vaccinated. He said a meeting of the Independent Monitoring Board on Polio (IMBP) would be held in London on Tuesday, where Pakistan would defend its case. He said the IMBP had released on June 2 its recommendations for Pakistan in which the prime minister's cell was declared as ineffective. The board recommended the setting up of an 'Emergency Operation Centre for Polio' before July 1. Dr. Rana Safdar, National Manager of the Expanded Program on Immunization, said the center would be set up by mid-October.

**ISLAMABAD:** Though a nationwide campaign to vaccinate 34.16 million children started on Monday, 16,757 children could not be vaccinated in Peshawar city on the first day because of refusal by their parents. However, National Manager Expanded Program on Immunization (EPI) Dr Rana Safdar said data about the parents had been collected and these children would be vaccinated by involving influential personalities of the city. Secretary Ministry of National Health Services (NHS) Ayub Ahmed Sheikh inaugurated the control center at the EPI building here. The center is the initial form of the emergency operation cell (EOC) recommended by the Independent Monitoring Board (IMB) which works on behalf of the international donor agencies.

The EOC will be operating at the federal and provincial level to collect real-time data from the field and ensure a quick response. Mr. Sheikh said 38.26 million doses of vaccine had been supplied to the provinces for the campaign. 'The federal government is fully committed to ensuring support to the provinces to reach out to each and every child during the campaign,' he said. However, by evening, data gathered by the control center became shocking. An official of the ministry, requesting not to be identified, said in Peshawar due to security reasons the polio campaign was reduced to just one day. He said past experiences had shown that polio teams were usually attacked on the second or third day of the campaigns. 'During the one-day campaign in Peshawar, 84 per cent children (635,378 out of 754,383) were vaccinated while 28,934 children were not available at their addresses. But the shocking thing was that 16,757 children could not be covered because their parents refused to vaccinate them,' he said. Dr. Rana Safdar, while talking to Dawn, said the refusal cases were not unusual. 'Out of the 97 union councils (UCs) in Peshawar, 45 have been declared high security risk areas. So only one day



### Three-day vaccination campaign starts

Daily Dawn, September 30, 2014

### Anti-polio drive gets on nerves of Dera administration

Daily Dawn, September 30, 2014

### Drugs worth billions of rupees seized: ANF

Daily Dawn, September 22, 2014

campaign was launched there. However, there will be two catch-up days during which we will try to vaccinate the children who could not be covered, ' he said. 'The data on children is available; now it will be analyzed to ascertain their tribe, language and school of thought. After that, influential personalities of the area will be involved to vaccinate the children. The number of refusal cases will be reduced in the catch-up phase, ' he claimed.

**QUETTA:** A three-day polio eradication campaign started in 27 out of 30 districts of Balochistan amid tight security on Monday. At least, five polio cases have been detected in Quetta and Qila Abdullah districts over the past two months. Officials of the provincial health department said that during the campaign over 1.4 million children of up to five years of age would be administered vaccination drops. Health teams and volunteers would also administer Vitamin A drops to children. During the campaign, health teams would visit every house in 27 districts of Balochistan. Official sources said that provincial government had made fool-proof arrangements to provide security to the staff and volunteers carrying out the campaign.

**DERA ISMAIL KHAN:** Carrying out an anti-polio campaign gets on the nerves of district administration as it confronts a deluge of refusals from the women teachers to perform duty in the drive. We are cooperating accordingly, and have deputed 120 women teachers to perform duty in the three-day anti-polio vaccination drive, but less than 40 of them reported on the first day of the campaign while the rest did not turn up, making lame excuses, District Education Officer Hazra Bibi told Dawn. She said that those absentee teachers whose explanations were found false would face suspension from their jobs as per directives of deputy commissioner. She said that some of their colleagues had already faced such penalty in the past. However, the official did not confirm exact number of such teachers. 'I can't tell firmly but number of such shirkers will be more than ten, ' she added.

The education department has deputed a total of 256 teachers, including 122 female, for performing duty in the current polio campaign. During the campaign, anti-polio drops would be administered to over 2, 74,000 children across the district. A teacher, who requested not to be named, said that they had to face several bureaucratic hurdles to get remuneration for the vaccination duty. Above all, fear of insecurity gripped them when paid visit to remote localities, he said. The coordinator of Expanded Program on Immunization, Dr. Syed Mohammad said that elaborate arrangements were made to save children from the crippling disease through administration of anti-polio drops. He said that a total of 750 teams were constituted, including 658 mobile, 54 fixed and 38 transit teams, to administer anti-polio drops to children in the district. He said the district was divided in 47 union councils that would be visited by well-trained teams to vaccinate children. The official said that a number of refusal cases were recorded in the district during the previous campaigns but effective strategy was adopted to convince the parents to administer anti-polio drops to their children. The refusal cases were being addressed gradually in a successful manner, he added. In Chitral, the anti-polio campaign was kicked off on Monday by Deputy Commissioner Aminul Haq, who administered drops to a four year child in the children hospital. The deputy commissioner was told by DHO Dr Israrullah and Dr Nazir Ahmed that during the campaign, 497 mobile teams would administer anti-polio drops to 63,438 children under Eve years in the district. They said that the teams would be monitored by 97 area monitors. They said that nine transit points were established at the bus stands and airport to vaccinate the children. They said that drops would also be administered to children of the targeted group at 36 fixed centers across the district.

The officials said that Chitral had been polio-free for the last two decades and no refusal case was ever registered in the district. In Bajaur Agency, a three-day anti-polio drive was launched on Monday amid tight security to thwart any untoward incident during the campaign. Mohammad Shuaib Khan, a senior official of the local health department, told journalists that 694 teams were taking part in the drive to vaccinate 226,310 children under five years of age across the agency. He said that about 1,630 health workers including volunteers, teachers, officials and supporting staff were participating in the drive. Regarding the security arrangements, he said that local administration had taken extraordinary security measures for the protection of the vaccinators. Mr. Khan said that two Levies men and two volunteers of peace committees would accompany each team of vaccinators in the 'less sensitive' areas while two Levies men, two members of village defense committee and two officials of security forces would deploy each team in the 'most sensitive areas' To a question, the official said that law and order situation in almost all areas of Bajaur was favorable for the drive and there was no threat to health teams in any part of the agency. He said that refusal cases were reduced in the agency during the last drives and no polio case was reported in the area during the last couple of years.

**RAWALPINDI:** The Anti-Narcotics Force (ANF) claims to have seized 3.1 tons of narcotics, arrested eight suspected drug smugglers and taken into custody five vehicles in eight operations across the country. According to its press release, the ANF has carried out eight successful operations in Faisalabad, Lahore, Khanewal, Hyderabad and Pishin and seized a huge quantity of drugs, including 2.6 tons of opium, 606kg of charas and 2kg of heroin. Most of the seized drugs were destined for abroad. The value of the seized drugs is about Rs5.75 billion in the international market. In Quetta, ANF's intelligence led to an operation in which 2,558kg of opium was seized. The drug was contained in 85 boxes of apples and was hidden at an uninhabited site in a mountainous area of Killi Sardar Kamal Khan in Bashore tehsil of Pishin district. The drug was destined for abroad and was ready for handing over to a gang for its onward transportation via Pasni. An ANF team from Lahore seized a truck (No LES-3151) on the Khanewal Bahawalpur road in Jahanian tehsil of Khanewal district. During search of the vehicle the team found 280kg of charas. Two suspected drug smugglers Syed Ageel Anjam and Mohammad Akram were taken into custody. The drug was being smuggled

### Two more polio cases confirmed

*Daily Dawn, September 21, 2014*

### Three more dengue patients admitted to Pindi hospitals

*Daily Dawn, September 21, 2014*

### Early diagnosis only option for dementia patients

*Daily Dawn, September 21, 2014*

### 30 hospitalized for food poisoning

*Daily Dawn, September 20, 2014*

### Only one dengue case in Islamabad

to Sindh. In another operation, an ANF team from Lahore intercepted a car (No LED7605) on the Khanewal-Bahawalpur road in Jahanian tehsil of Khanewal district. During search the team found 237.6kg of charas and 5kg of opium from secret cavities in the car. Two suspected drug smugglers Shah Abid Khan Afridi and Syed Mohammad Zahir Shah were taken into custody. The drug was being transported to Sindh.

The team intercepted yet another car (No LA-975) on the Khanewal-Bahawalpur road and during search found 78kg of charas concealed in secret cavities of the car. Walayat Khan, who was driving the car, was arrested. The drug was being taken to Sindh. In an operation near the main Motorway Interchange in Faisalabad, the ANF's Lahore team intercepted a car (No W-6404) and during search found 7.2kg of charas and 2kg of opium concealed in it. A suspected drug smuggler, Farmanullah Khan, was taken into custody. He was going to Faisalabad to deliver the drug. After initial investigations, one Rasheed Ahmed was also arrested near the Post Office in Faisalabad. Acting on a tip-off, ANF personnel in Lahore intercepted a parcel of DHL in the cargo office of the city's Allama Iqbal International Airport. The personnel found 960 grams of heroin concealed.

**ISLAMABAD:** Two new cases of polio have been confirmed by Polio Virology Laboratory at the National Institute of Health (NIH). An official of the Ministry of National Health Services said that one case was reported from Khyber Pakhtun (hwa) and the other from Fata. The number of reported cases this year has now risen to 166. Salma, a 16-month-old daughter of Abdul Wajid, has been diagnosed with an early stage of paralysis. The child is a resident of Sheen Kamar Village in tehsil Tirah of Khyber Agency.

The other child is eight month-old Habiba, daughter of Subhanallah. She is a resident of Gharibabad Batatal village in tehsil Peshawar. `Salma did not receive any dose of polio vaccine as no polio campaign has been undertaken in Fata since the ban imposed by Taliban in June 2012. However, parents of the Peshawar-based girl refused to get her vaccinated, ` an official said. He said 119 cases had been reported from Fata this year, 28 from Khyber Pakhtunkhwa, 14 from Sindh, three from Balochistan and two from Punjab.

Every year count of polio cases is increasing. In 2012, as many as 58 polio cases were recorded. In 2013, the number of cases reported was 93. We are in ninth month of this year but the count of polio cases has already touched 166. Because of increasing polio cases, Pakistan is likely to face embarrassment at the meeting of the Independent Monitoring Board for Polio scheduled to be held in London on Sept 30.

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**ISLAMABAD:** With the average age of the world's population rising, Alzheimer's disease and dementia will become a major health concern in the coming years. To commemorate World Alzheimer's Day observed on September 21, a seminar was organised where neurologists converged to raise awareness of the disease. Speaking at the event, Consultant Neurologist Prof Arsalan Ahmad said Alzheimer's disease mainly affected those above the age of 65 with the onslaught of symptoms doubling every five years. Early diagnosis and early treatment is the only way the disease can be controlled, he said, adding that `at present 35.6 million people across the globe are affected by dementia and Alzheimer's, and it is expected that the number will increase to 65.7 million by 2030 and 115.4 million by 2050. Consultant Psychiatrist Dr Wahab Yousafzai said: `Eighty to Ninety per cent of the patients develop at least one distressing symptom in the early course of their dementia, ` he said.

**MANSEHRA:** At least 93 people suffering from food poisoning were taken to a hospital in Battagram on Friday. `Five children and 25 women were among those taken to the hospital because of food poisoning. All of them except 30 were discharged,` district police chief Jehanzeb Khan told reporters. He said an inquiry had been launched into the food poisoning the patients suffered after attending a feast hosted by a local MPA. The official said those admitted to the district headquarters hospital were being administered saline drips and would be discharged soon. The hospital's Deputy Medical Superintendent Dr Mushtaq Khan said samples had been sent for laboratory analysis. Khanzada Zafar Ali Khan, brother of MPA Nawabzada Wali Khan, who was present at the hospital, said the people had been invited to celebrate Hifz-i-Quran by a son of the legislator.

**ISLAMABAD:** Health authorities informed the Minister of State for Capital Administration and Development Division Barrister Usman Ibrahim on Thursday that only one dengue patient has

*Daily Dawn, September 19, 2014*

## Flood-hit people prone to viral infectious

*Daily Dawn, September 18, 2014*

been confirmed in Islamabad. An official statement said the information was provided at a briefing at the CAAD Ministry, apparently held to clarify the alarming reports that seven persons were suspected to have been struck down by the dengue during the current season. On learning that the three-year dengue prevention program started in 2011 ended in June 2014, the minister stressed that dengue can only be eradicated with good coordination between different departments. He instructed to form coordination and review committee under the supervision of Additional Secretary CADD to continue the program. Mutual trainings regarding dengue awareness and prevention should be arranged for the technical and professional health staff of hospitals, he added. CADD, the Islamabad Capital Territory Administration, the Capital Development Authority and the hospitals were involved in the previous Rs31 million programs.

**LAHORE:** The infectious diseases' burden has increased by 40 per cent owing to unprecedented flood in Punjab and the acute respiratory infection (ARI) has been reported as a leading one adversely impacting on the health of a vast population of the affected people. The ARI has contributed 30pc of all other viral diseases which emerged in the post-flood situation in Punjab, reads an official report. 'An estimated 5,000 new cases of ARI are being emerged daily in the flooded districts followed by 2,500 of gastroenteritis,' according to official figures shared on the 'Punjab Flood Relief Dashboard'. ARI is a serious infection that prevents normal breathing function. It usually begins as a viral infection in the nose, trachea or lungs. If the infection is not treated timely, it can spread to the entire respiratory system, say medical experts. The report further said that on average more than 25,000 people were contracting chronic viral and infectious diseases daily in the flood affected districts of Punjab. The impact of the water-borne diseases and other viral infections was evaluated in a latest report submitted to the Punjab chief minister by the health department on Sept 14.

The data presented to the chief minister mainly encompassed nine day period of the post-flood situation in Punjab. Established on Sept 5, the report was compiled by the Flood Control Cell. An official told Dawn 'normally the outbreak or epidemic of the water and mosquito-borne diseases and viral infections emerge three to four weeks after the floods.' He said it's being forecast that the diseases might increase by 80pc in the next two weeks in the flood-affected districts of Punjab due to tremendous growth of the mosquitoes and stagnant water.

He suggested timely action to avoid 'disaster after disaster' saying a large population of the province is on the verge of contracting viral and water-borne diseases due to poor access to safe drinking water and huge devastation to the drainage system. According to the data shared in the report the skin infections, fever and gastroenteritis are other leading health conditions. A total of 121,990 people have been diagnosed with multiple diseases in Punjab's flood-hit areas. An equal population of the victims is yet to be accessed by the health teams due to some reasons as the public health officials fear these people also are facing identical diseases due to the worst flood.

The total population affected in the flood includes 34,388 patients suffering from acute respiratory infection, 32,516 (other diseases), 19,253 (skin infections) and 9,768 (gastroenteritis). Some 42 snakebite cases also have been reported all over the province during the last two weeks. The report further mentioned that the massive flood had also damaged the health infrastructure in Punjab. It said 77 health facilities 58 basic health units, 16 rural health centres and three tehsil headquarters hospitals -had been inundated. A major loss to the official property in this regard was reported in Jhang and Sialkot. The health department has established and notified three-tier surveillance and epidemic response cells for the affected districts. It has also imposed complete ban on the transfer and postings till the situation turns normal. The health teams also collected 641 drinking water samples from the 17 districts and dispatched them to the Institute of Public Health and other local laboratories for bacteria analysis.

## Life-saving drugs scam unearthed in Capital Hospital

*Daily Dawn, September 18, 2014*

**ISLAMABAD:** The security department of the Capital Development Authority (CDA) has reportedly unearthed a life saving drugs scam in the Capital Hospital run by the authority. A source said a security department team, on a tip off, paid a surprise visit to the hospital and found stocks of drugs missing at the hospital's pharmacy. The team submitted an interim report to the CDA chairman, Maroof Afzal, who ordered a thorough inquiry into the scandal. The source said it was for the first time that corruption in the hospital had surfaced. It is believed that the staff of the hospital might have been involved in this practice for the last many years. "In the light of the interim report, I have ordered an inquiry," the CDA chairman, Maroof Afzal, told Dawn on Wednesday. Replying to a question, he said: "At the moment, I can't say anything about this scam." Meanwhile, the source said apparently three officers were involved in this scam involving millions of rupees. "We will expose all big fishes," said a senior officer of the CDA on condition of anonymity. During the last two years, Capital Hospital has been making headlines for running short of essential medicines. But, according to the source, there were no serious shortage of medicines. He said it was also believed that some officers sold medicines to private parties.

## Healthcare restructuring plan on the back burner

*Daily Dawn, September 17, 2014*

**PESHAWAR:** The Khyber Pakhtunkhwa government has failed to absorb the erstwhile centre-funded health projects in the province into the local regular healthcare system in the post-devolution regime. The last provincial government had planned that the health projects financed by the center before decentralization of the health subject would be made part of the regular programme through a restructuring plan. However, the new government has shelved the plan, according to the relevant officials.

The officials said the idea was conceptualised by the former government after it thought that the federal government-run projects operated in the province didn't bring any improvement in health delivery and instead they caused duplication of activities and waste of resources. The officials said the plan meant to overhaul the health department was supposed to be executed by June 2012 but the plan re-mained far from implemented. They said under the plan, the provincial government was to absorb health projects after the passage of the 18th Constitutional Amendment as the federal government was not responsible for funding them after the devolution

### 'Daily-wage' entomologists to control dengue

Daily Dawn, September 16, 2014

of health subject. According to them, before the amendment, the federal government used to finance health programmes in the province. However, all health facilities and programmes have not been transferred to the respective provinces. The officials said the centre had pledged to finance health programmes until the next National Finance Commission Award after which the provinces were to absorb them into regular health system. They said after devolution, it was an opportunity to restructure the health department by merging those projects with regular health system and avoid duplication of activities and waste of resources. The officials said the government had done necessary work on the restructuring plan and even some countries had pledged donations for its execution. They said the provincial government would struggle to absorb the employees of the erstwhile centre-funded health programmes in the province. The officials said the government would require Rs50 million additional cost annually to run such programme after the federal government stopped funding but the people won't benefit. They said most of such health programmes worked on public awareness/treatment of HIV, TB, malaria, immunisation and mother and child problems but the issues too were tackled by the regular health system. The officials said under the plan, the powers related to health system were to be devolved to the district level to speed up implementation of the government's policies. They said currently, the administrative affairs were totally centralised and for small decisions, the employees contacted the secretariat and health directorate, which caused delays in important matters. The officials said the plan had outlined that the secretariat would perform its original duty of implementing government policies through the health directorate and executive district officers to improve healthcare. They said the plan also included relocation of the healthcare employees in line with their job description. The officials said in the province, health facilities were either overstaffed or understaffed. They said under the healthcare restructuring plan, incentives were to be offered to doctors and health personnel to improve health facilities and provide effective primary, secondary and tertiary care to the people.

**LAHORE:** Instead of regularising over 2,500 positions created under the Prevention and Control Programme of Epidemics (PCPE) to fight the menace of dengue, the health department has come up with a 'novel idea' of hiring entomologists on daily wages. It was for the first time that the BS17 and other professionals with sound research-based qualification were being hired against an odd package of Rs1 000 per day, a senior official privy to the development told Dawn.

'An entomologist is a scientist who studies insects', the official said. He said entomologists had an important role in disease prevention that included the study of the classification, lifecycle, distribution, physiology, behavior, ecology and population dynamics of insects (in this case mosquitoes). Earlier, he said, the PCPE had hired under-matric lower field staff as daily wagers. However, the recruitment of entomologists against the same package shocked these professionals. He said the health department had included 10 out of total 80 entomologists under 'contingent paid staff' category against this irrational package while the process of hiring others was also on. He lamented that the bureaucracy seemed to be in the habit of introducing 'illogical policies' to curtail one of the fast-emerging and deadly tropical diseases (dengue fever).

The Punjab government had created 2,589 positions under the PCPE in 2012 in the wake of the first major dengue outbreak in the province which had claimed 352 lives, he said. The positions were created for five high-risk districts -Lahore, Sheikhupura, Faisalabad, Rawalpindi, and Multan. Later, the recruitment was made against these positions on contract basis with a provision for regularising them 'soon'. Some of the major posts in this category include Additional Director General Vector Borne, Manager Operation, Manager Partnership, Manager Enforcement, Manager Training, Entomologist, Assistant Entomologist and Inspector Environment. Meanwhile, the official said, the government shifted the PCPE from development to non-development category in January 2014 on the pressure exerted by the contract-based staff. However, it was astonishing for them that the positions created under PCPE were not regularised. The officials hired under the programme strongly criticised the government for not regularising the positions and threatened to quit the jobs if their grievance was not addressed immediately. 'Meanwhile, 18 out of the total 86 environment inspectors have left the PCPE mainly due to unreasonable salary structure', the official said, adding that many others were also likely to take the same course due to 'unprofessional' approach of the government officials. Instead of acknowledging the concerns of the contract employees, Lahore commissioner, a week back, floated a proposal to hire 100 more entomologists for three months only, he said. The official said that after a thorough discussion on the proposal, the authorities agreed to recruit 80 entomologists to be posted in the provincial capital only. Initially, the total financial implications of the hiring of 'daily-wages professionals' was estimated around Rs9 million. The hiring was supposed to be for only September, October and November the peak season of the dengue disease.

'In the first phase, 10 new entomologists have been inducted against the package, while the process of hiring others is in progress', the official said. Similarly, he said, the department had also initiated recruitment of 1,250 male sanitary petrol officials on daily wages for Lahore. Each official is being offered Rs390 per day. Instead of making the PCPE a permanent feature of the health system, the bureaucracy was introducing flawed policies, he said, adding that all the contract employees, including entomologists and environment inspectors, were considering going on a strike for their demands.

**KARACHI:** The provincial health department has initially identified eight districts of Sindh threatened by flood, which has wreaked havoc in Punjab, and declared a health emergency across Sindh with the main focus on these eight northern districts, officials said here on Saturday. They said the eight districts being considered vulnerable to the coming floods were: Ghotki, Sukkur, Khairpur, Naushahro Firoz, Kashmore, Larkana, Jacobabad and Shikarpur. The officials said Sindh Health Minister Dr Saghir Ahmed chaired a meeting on Thursday, in which he ordered for declaring a medical emergency in the province with particular focus on these eight

### Health emergency in eight Sindh districts for floods

Daily Dawn, September 16, 2014



## Karachi at risk of Congo Epidemic

[www.medicalnewspk.com](http://www.medicalnewspk.com)  
September 13, 2014

## 18 million with Hepatitis in Pakistan

[www.medicalnewspk.com](http://www.medicalnewspk.com)  
September 10, 2014

districts. "It has been seen in the past that the floodwater carried along with it epidemics and hazardous ailments, therefore, the provincial health minister has ordered all government hospitals and other smaller facilities to remain vigilant to save precious lives," said a spokesman for the department. Senior officials informed the minister in the meeting about insufficient staffs and lack of medicines at hospitals and demanded more funds and skilled manpower. They said the minister ordered that the staff, which was on vacation, assume their duties to strengthen the preparedness of the department for the emergency. Besides, they said that the health department had requested to the chief minister to provide special funds and equipment to the public health sector to deal with the situation. The meeting participants were informed about arrangements for medical camps and mobile medical teams, which would be available to serve the people in need. A monitoring cell was also established and the director general health appointed as its focal person, they said. The officials were directed to improve their performance and took coordinated efforts with other departments in view of the flood. In an earlier meeting of the health department when the first flood warning was issued by the Provincial Disaster Management Authority, officials devised a strategy to face the imminent disaster in the manner much improved than what it did in the previous four years since Sindh was struck by 2010 floods. It was decided in the meeting that special attention should be given to pregnant women and safer deliveries and vaccination, etc, must be ensured.

The officials said that such women must be in many thousands if the floods hit only the kutcha area and not the settled areas as it did four years ago and that too required an improved apparatus to take care of them. Besides, the sources said the department wanted to ensure that the situation not affect the ongoing vaccination programs in Sindh for which it had an effective program to target the displaced children. Apart from its own resources, they added that the government was in touch with donors and non-governmental organizations to accomplish the set targets. The officials said directives had already been sent to all the district and town health officials asking them to stock and ensure availability of all necessary medicines, including anti-snake venom at all district and taluka headquarters hospitals as well as at the rural health centers and the basic health units.

**KARACHI:** Haemorrhagic fever including congo and dengue may take on the shape of an epidemic if not addressed properly, talking to Medical News Dr Saqib Hussain Ansari a renowned haematologist expressed. Dr. Saqib said that Karachi is at a risk only if the provincial authorities concerned could not impose complete ban on the entry of infected animal from specific areas of Baluchistan province. Talking to Medical News the learned doctor said that his source of information is from Sindh and Baluchistan secretaries of health talking on television. He suggested that blood tests on animals where 9 and 10 cases as claimed by Baluchistan secretary health are is a must, such animals may than be slaughtered and buried to avoid spread of the disease. Congo is deadly viral diseases spread through tick-bites found on animals and people who deal with dairy farming and livestock are likely to get infected and carry the virus. He suspected that Congo virus may spread through travelers in our country and it is time that the authorities concerned should enforce screening and quarantine measures to control its spread. Dr Saqib said prevention and management of Congo virus is difficult due to poor blood bank system in Sindh province and also in Karachi in public sectors hospitals having no facilities for platelets extraction. Private institutions are solely providing blood banks and platelets test facilities to patients in case of dengue or Congo viral diseases suspicions and charging high fees. With Eid ul Azha not far and a large number of sacrificial animals will make their way to Karachi, therefore the spread is imminent unless authorities concerned devise a strategy for proper screening and vaccination of animals ahead of Eid. A ban should be imposed immediately on entry of infected animals coming from specific areas of Baluchistan as precautionary measures. He said Congo viral disease could transform into human by eating meat of infected animal. An awareness campaign should be launched about the mode of transmission from animals to humans as thousands of people earned their livelihood through dairy and livestock farming. He said people needed to be informed about precautions that could be taken to protect them from the condition. He advised people to avoid purchasing animals suffering from flu and any other kind of illness and properly cook meat to minimize the risk of catching Congo viral disease. Hospitals must have proper isolation wards with infection control regime in place and the paramedical staff handling such patients must have proper protective gear to avoid contracting the disease

**KARACHI:** In a seminar and hepatitis posters exhibition organized jointly by Health Foundation and Pakistan Medical Association (PMA) at PMA House Karachi here it was revealed that an estimated 18 million people in Pakistan suffer from Hepatitis. According to United Nation report there are 150 million infected hepatitis patients in the world and Pakistan is second due to high-prevalence ratio. Sharing the statistics the speakers at the seminar said every 30 seconds one person dies from hepatitis and every 12<sup>th</sup> person is suffering from this disease. If practical steps are not taken immediately this may infect the large-scale population of the country and stressed the need for proper efforts by the government on an emergency basis to prevent such a happening. Hepatitis badly affected liver which might cause liver cancer, they added. Speaking at the seminar Dr Kashif Raza informed that hepatitis B & C spread through surgical instruments, polluted syringes, blood transfusion and also from affected mothers to children. He said hepatitis B vaccination was available in the country which was administered to every infant. Secretary General PMA Karachi Dr Qazi Wasiq in his address said that there is no vaccination available for hepatitis C and the age old phenomenon of Prevention is better than cure holds true to prevent this disease. He said hepatitis C is a liver disease and both hepatitis B & C are deadly diseases and advised people to take adopt precautionary measure as the best form of prevention.



## HUMANITARIAN INTERVENTIONS IN HEALTH SECTOR

### PAKISTAN ISLAMIC MEDICAL ASSOCIATION (PIMA)

#### PIMA provides medical aid to flood-hit people

Source: *The NEWS September 16, 2014*

Pakistan Islamic Medical Association (PIMA) has provided free medical assistance to more than 1,700 flood affectees.

On the directives of Incharge Relief Dr. Shafqat Javed, PIMA's volunteer doctors started providing free medical services in flood affected districts, PIMA spokesman Abdul Wadood told APP.

At Sialkot seven doctors and six paramedical staff participated in two-day camp at Nibras College Zafarwal Road. PIMA also provided free medicine worth of Rs170,000 to the flood affected people. Food was also provided three times to 1,000 families in PIMA camp. Meanwhile, PIMA Faisalabad also arranged free medical camp for flood effected people in Chiniot.

### POLIO UPDATES FROM 22<sup>ND</sup> TO 29<sup>TH</sup> SEP, 2014

#### Three day polio campaign starts

Source:

<http://www.dawn.com/news/1134984/polio-drive-starts-today>

A three-day polio campaign starts from Monday (today) across the province like the rest of the country. A spokesman for the Punjab Health Department said the total number of target children in the province was over 17.5m while the number of union councils (UCs) where campaign was being held was 3,511. He said 39,900 teams would carry out door-to-door vaccination and they would be supervised by over 7,000 areas in charges. Special emphasis would be laid on vaccinating the population on the move at permanent transit points of the province, he said in a handout. As many as 166 police cases had surfaced, so far, this year as compared to 41 in 2013, however, the number of infected districts had reduced from 21 in 2013 to 15 in 2014, the spokesman said. Quoting one of the causes of the polio spread, he said most of the population displaced by the operation in North Waziristan had moved to the settled areas across the country instead of refugee camps.

#### Peshawar District Administration started an anti-polio drive

Source: <http://www.thefrontierpost.com/polio-drive-kicks-off-in-peshawar/>

The Peshawar district administration started an anti-polio drive in the provincial metropolis on Saturday 27th Sep. The polio cell in Khyber Pakhtunkhwa said the drive would continue from 8am to 5pm where some 4,200 teams of health workers and volunteers would administer anti-polio drops to children. The government has set a target to vaccinate 754,000 children below five years of age in the 97 union councils of Peshawar district to save them from the fatal disease. Supervisors would monitor the workers to ensure vaccination of the children. On 26th Sep, the district administration had placed a ban on motorcycle riding to avoid any untoward incident during the anti-polio drive. Peshawar deputy commissioner Syed Zaheerul Islam had imposed the ban under Section 144 and warned that those found violating the law would have to face action under Section 188 of Pakistan Penal Code. The menace of polio virus persists in Pakistan with militant groups seeing vaccination campaigns as a cover for espionage. Pakistan carries a huge burden of more than 171 polio cases, most of which have been recorded from the Federally Administered Tribal Areas (Fata) and KP. Officials fear the pace with which polio cases are on the rise, the current year could surpass the decade's highest (198 cases) recorded in 2011.

#### One day anti-polio vaccination campaign completed in 96 union councils of Peshawar

Source:

<http://www.thefrontierpost.com/07millionchildrenvaccinated-against-polio-in-96-union-councils-2/>

One-day anti-polio vaccination campaign completed in 96 Union Council of Peshawar on Sunday 28th Sep, with tight security as the authorities claimed that they vaccinated 0.7 million children in district Peshawar against the polio disease.

An official of the Prime Minister Polio Monitoring Cell informed the media, that the vaccination campaign was started early in the morning on Sunday in 96 Union Council of Peshawar as the target of the children were 7, 54,383 while 0.7 million children were vaccinated in the campaign against the polio disease. He further said that 825 area in-charge while 4250 teams including teachers, volunteers, Health workers and Lady Health Workers were also participated in the campaign, adding that in Larama Union Council the polio vaccination campaign was completed one day before Sunday. He lamented that most of the Tribal areas people were migrated to Peshawar Particularly the North Waziristan People, adding that those children who migrated to Peshawar were also vaccinated, adding that 500 police contingent were provided security to the polio vaccinators.

The World Health Organization (WHO) shows dissatisfaction over the performance of polio cases in Pakistan as this year the Polio cases reach to 166 in Pakistan and there is also fear that more restriction would implement by the WHO on Pakistan.

The WHO meeting will be held in JINEVA on 30th September this month and the health official from Pakistan will also participate in this meeting the official of the WHO will ask from Pakistan official about the rising cases of polio in Pakistan. This year 28 cases of polio were reported from Khyber Pakhtunkhwa while 119 polio cases were reported from Federal Administered Tribal Areas, 14 cases were reported from Sindh, 03 were from Baluchistan while 02 cases were reported from Punjab.

## DISTRICT NEELUM HEALTH PROFILE

### DISTRICT AT A GLANCE

Area	3,621
Projected Population 2013	190,428
Urban	
Male	4910
Female	3750
Rural	
Male	93,967
Female	87,601
Administrative Setup	
Total Villages	88
No. of Villages in Sharda	25
No. of Villages in Athmuqam	63
Union Councils	09
Sub-Divisions	02

Source: "AJK at a Glance 2013" Planning and Development Department Muzaffarabad  
<http://pndajk.gov.pk/Documents/AJK%20at%20a%20glance%202013%20final.pdf>

### NUMBER OF HEALTH FACILITIES

Main Hospitals		RHCs		BHUs/ Dispensaries	
No.	Beds	No.	Beds	No.	Beds
2	130	1		12	20
					40

Source: "AJK at a Glance 2013" Planning and Development Department Muzaffarabad  
<http://pndajk.gov.pk/Documents/AJK%20at%20a%20glance%202013%20final.pdf>

### NUMBER OF DOCTORS/ NURSES

Doctors			Nurses		
Male	Female	Total	Male	Female	Total
22	4	26	-	22	22

Source: "AJK at a Glance 2013" Planning and Development Department Muzaffarabad  
<http://pndajk.gov.pk/Documents/AJK%20at%20a%20glance%202013%20final.pdf>

### STANDARD DEMOGRAPHIC % OF DIFFERENT POPULATION GROUPS

Population groups	Standard demographic (%)	Estimated population	Population groups	Standard demographic (%)	Estimated population
Under 1 year	2.70	5,142	Women 15-49 years	22.00	41,894
Under 5 years	13.40	25,517	Married women of Child Bearing Age (CBAs)	16.00	30,468
Under 15 years	41.97	79,923	Pregnant women	3.40	6,475
			Expected births	2.90	5,108

Source: "Health Facility Assessment" AJ&K –District Neelum  
[pspu.punjab.gov.pk/system/files/HFA-Neelum.pdf](http://pspu.punjab.gov.pk/system/files/HFA-Neelum.pdf)

# Health Infographic - District Neelum

## Demographics

Area **3,621**

Projected Population 2013

**190,428**

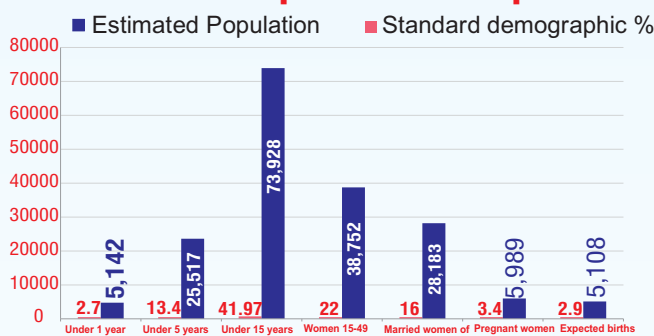
Population Density

**53**



Total Villages	88
No. of Villages in Sharda	25
No. of Villages in Athmuqam	63
Union Councils	09
Sub-Divisions	02
Urban Population	8,860
Rural Population	181,568

## Standard Demographic % of different Population Groups\*



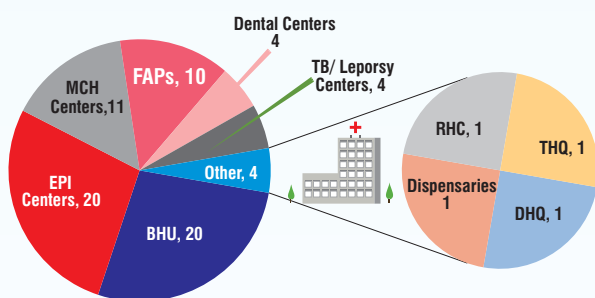
\*Population for these groups calculated for estimated population of 2013  
Source Health facility Assessment by TRF Pakistan: 2012  
pspu.punjab.gov.pk/system/files/HFA-Neelum.pdf

## Health Indicators\*

Total Health Facilities	74
Total No. of Beds	182
% of Children Immunized	80
% of Tetnus Toxioid-2 Coverage	19
% of Postnatal Coverage	13
Infant Mortality Rate	62/1000 Live Births
Under 5 Mortality Rate	96/1000 Live Births
Maternal Mortality Rate	201/100,000 Live Births

\*Source: pspu.punjab.gov.pk/system/files/HFA-Neelum.pdf  
http://pndajk.gov.pk/Documents/AJK%20at%20a%20glance%202013%20final.pdf

## Number of Health Facilities



## Number of Doctors/ Nurses

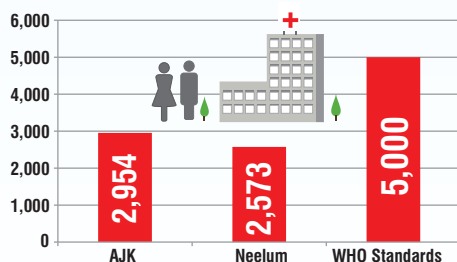
Number of Doctors 26  
Male 22  
Female 4



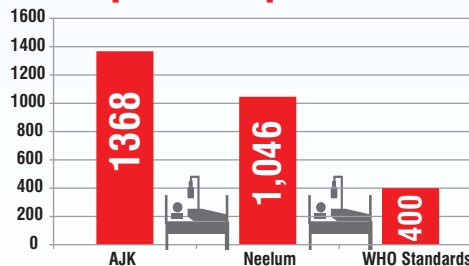
Number of Nurses 22  
Male -  
Female 22



## Population per Health Facility



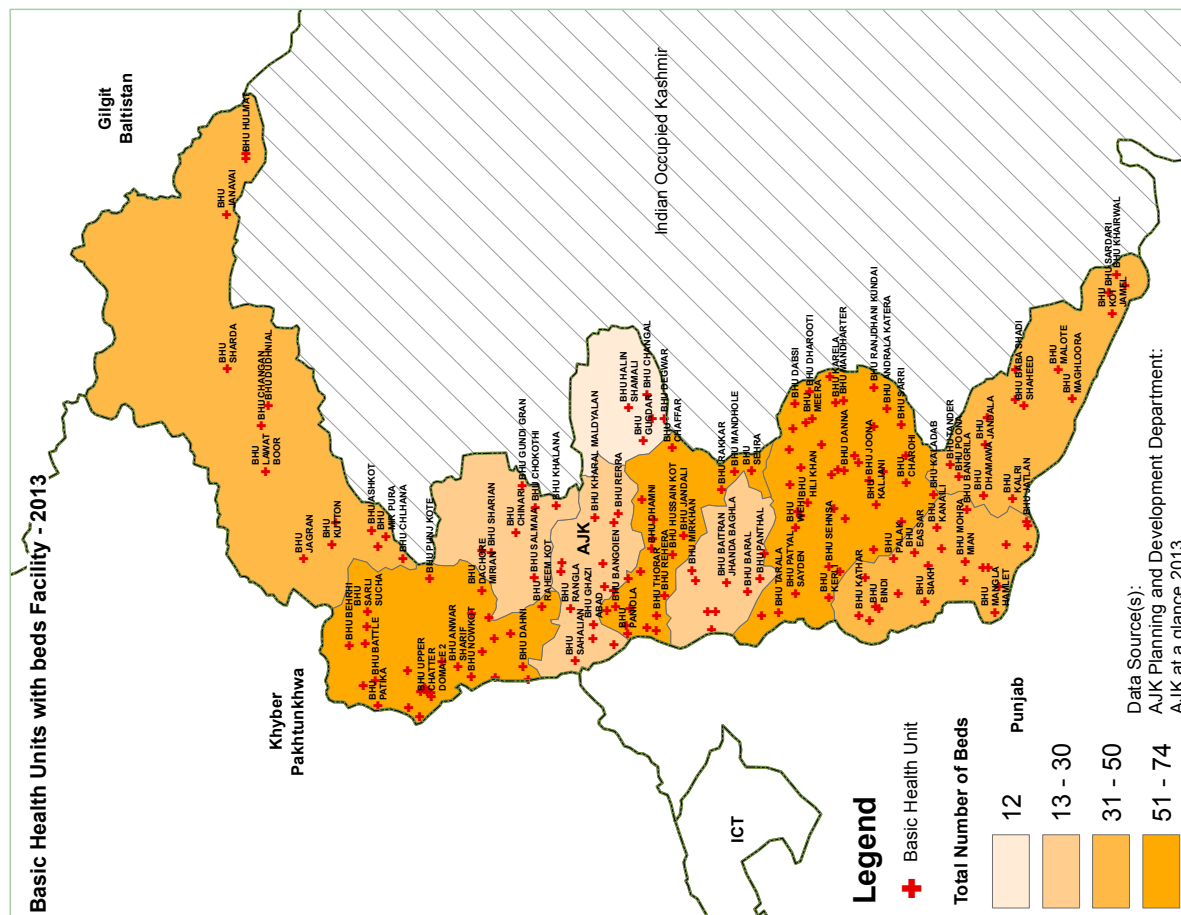
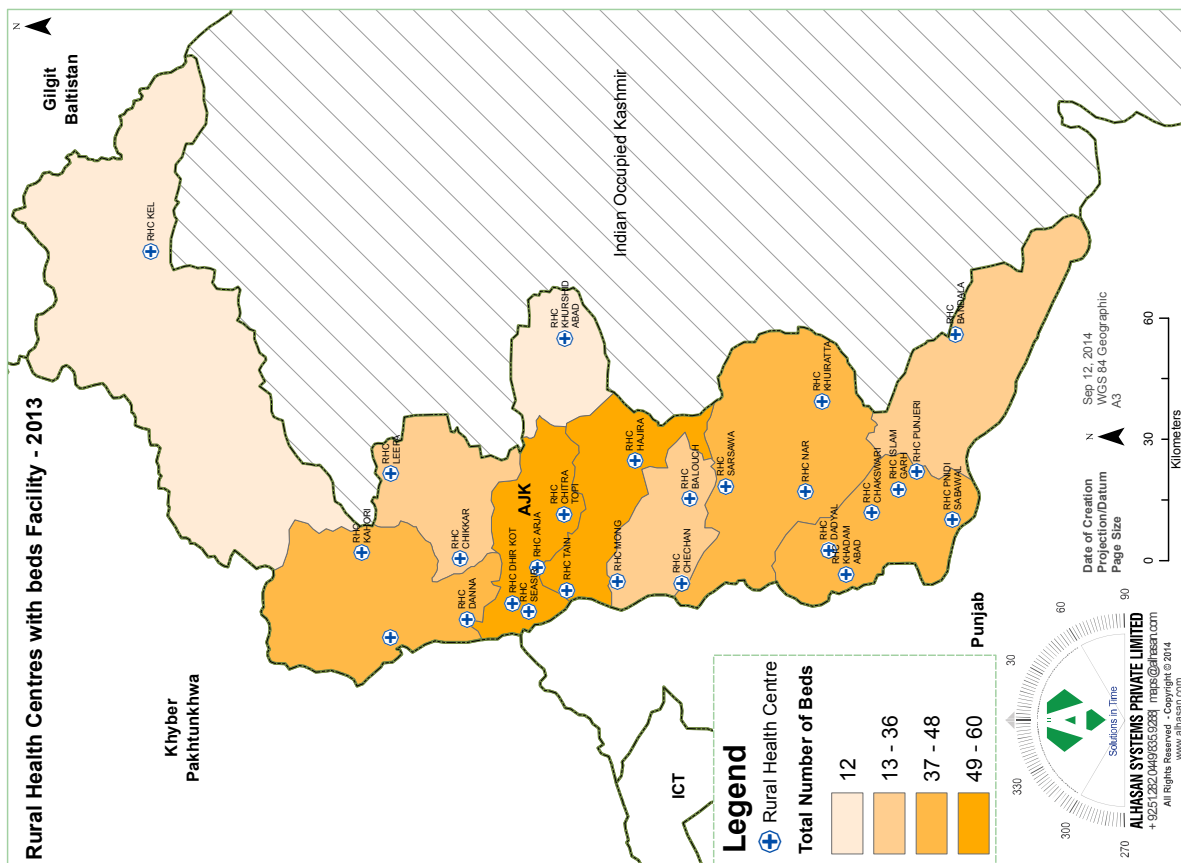
## Population per Bed







## RHCs & BHUs WITH BEDS FACILITIES - AZAD JAMMU & KASHMIR



## WRONG STRATEGY

By SAMIA ALTAF

Dawn news, 9/30/2014

In May, when 54 polio cases had been diagnosed in Pakistan, the agency charged with monitoring eradication efforts, the World Health Organisation's Independent Monitoring Board, described the situation as 'dire'. The IMB accused the government of 'shadowboxing' against the virus and urged the establishment of emergency monitoring cells and the direct involvement of the prime minister.

Pakistan followed those recommendations. However, as the IMB prepares to meet today, the number of polio cases has more than trebled, to 174, with cases detected in Punjab and Balochistan, earlier assumed to be polio-free. The government is, understandably, nervous about the meeting. The current eradication programme, even following IMB recommendations, has not been effective. It will remain this way, despite increasing anti-polio campaigns, monitoring committees, and the intimidation of recalcitrant patients. The design and strategy mean the programme has no hope of success; at best, it is ineffective. At worst, it is exacerbating the problem.

One of the most serious problems begins with the very nature of these efforts. The Polio Eradication Initiative is a vertical programme -structurally and operationally outside the routine service-delivery system. It has its own funding, implementation plans, and personnel, supported mostly by donor funding with little provincial involvement. Vertical programmes have a history of success, when they provide brief, intense, focused activities in well-defined geographic locations for well-defined populations.

Vertical programmes exist to support or add to routine health services; they are never meant to replace or substitute for them. A communicable disease like polio is controlled by creating 'herd immunity' effective vaccination of around 90pc of the vulnerable population. The 'vulnerable population' for polio is large; a new cohort is added each year, meaning that creating herd immunity is not a small, focused task that can be handled by a vertical programme conducting campaigns. They have had limited usefulness in certain cases, but the current situation requires far more than a desperate campaign with an ever-increasing target. The only real solution is a stable, consistent delivery system responsive to the needs of recipients and providers and that can earn people's trust. This system is missing here, and no one seems interested in building it. The problems in the service delivery system

have been clear for decades. Problems exist on the supply side in the timely transport, cold-chain maintenance, and supply of vaccines. On the demand side, information about the nature of the vaccine is unavailable or incorrect; the programmes do not have enough staff, and those they have are poorly trained and paid; and people do not trust the authorities who rush to provide unidentifiable drops while most other forms of healthcare are unavailable. The 2013-2017 Emergency Plan for Polio Eradication, at a cost of \$328.8 million, remains silent on how these issues will be addressed. But the donors increase the funding, the government increases the target population, and everyone, including the technical consultants, the experts, and policymakers who continue to push this strategy, is content that something is being done. Eventually, something has to work, after all. The government is reacting blindly, in a panic it wants to be seen as doing something. Unfortunately, squeezing drops into children's mouths from the back of a truck is not a workable long-term strategy. One dose of OPV does not confer immunity. Dropping pamphlets from aeroplanes, in a country with low literacy rates, does not provide useful information. The country is paying a heavy price for these photo ops including the campaign workers, many of whom have been killed while working in anti-polio drives. That is leaving aside the opportunity cost in time, in lives, in dollars. The polio eradication programme cannot be simply a super-sized version of what has come before. It has to be completely rethought. Eliminating polio in Pakistan requires an indigenous, contextually appropriate programme based on the routine service delivery system supplemented, not replaced, by vertical programmes. Given the diversity of the target population, provinces and districts will need specific activities appropriate to their environments.

Donors must tie their funding to concrete, sensible efforts including the unglamorous and un-photogenic matter of staff salaries and administrative mechanisms. Among its specific suggestions, the IMB included in May an abstract request for 'transformative action'. That, perhaps because it was more difficult than establishing a monitoring cell, has not yet happened. But without such transformative action, Pakistan will just keep on shadow-boxing. There may be some good photo-ops along the way. There will not, however, be victory. The writer, a public health physician, is the author of *So Much Aid, So Little Development: Stories from Pakistan*



## A GOOD BEGINNING

By Arif Azad

Dawn news, 9/21/2014

The Punjab Healthcare act was passed by the provincial assembly in 2010. The Act enshrined the establishment of the Punjab Healthcare Commission (PHC).

The commission was to be charged with broader functions of improving the quality of healthcare service provision, clinical governance and controlling quackery.

These aims are to be achieved through the registration of all types of healthcare service providers, monitoring quality and standards in healthcare service establishments, investigating malpractice and failures in the provision of healthcare delivery. The PHC can also issue guidelines and directives to those working in the healthcare establishment. Four years down the road, the PHC is up and running with its mandate and functions further elaborated in detailed rules and regulations, staffed with required expertise, human resources and with a board and chief operating officer in place. It has produced two basic documents: a patients' charter and minimum service delivery standards for healthcare service providers and establishments. These documents lie at the heart of the PHC's mission. It has also issued guidelines on dengue.

The establishment of the PHC is a long-felt need in view of the unwieldy growth of the healthcare provision sector, particularly the private sector in recent years. The PHC has got on with the appointed job with some commendable actions, probing cases of medical negligence in some hospitals. Those found guilty of negligence have been duly fined. However, despite this, the PHC requires clarity of purpose regarding its role in the investigation of cases of medical malpractice. For example, in the case of the Punjab cardiology center tragedy, where scores died as a result of the administration of expired or substandard drugs, PHC did not investigate the matter. The reason, according to press reports, was that no complaint was lodged with it. This is quite tricky because, in most cases, the majority of patients using public hospitals are hardly in a social or economic position to come forward as complainants. This leaves major medical disasters uninvestigated. More importantly, the government has to be clear about the role of the commission in such situations. In recent years, the government has instituted hospital-based inquiries while PHC has stood by idly waiting to be called in. If the government accords it the status of a first-resort investigative body in medical calamities, it can considerably

add to the weight of the body as an effective regulatory body.

The other function of the PHC is the registration of all healthcare establishments. This is a tall order given the fast proliferation of such establishments. It is not clear how these will be registered, licensed and monitored. This leads to the next big question of how the PHC is going to go about enforcing minimum standards given the large number of healthcare centers and presumably a limited PHC staff. As for the broader regulatory thrust of the PHC, the Pakistan Medical Association has been a dissenting voice. The PMA, if press reports are any guide, has expressed its reservations about regulating the health sector as a whole and the licensing and registration role of the PHC. Whatever the reservations of the PMA, an important stakeholder, there is no denying that the healthcare sector is in need of some form of regulation. The current system of self-regulation of doctors has not worked, and the quality of healthcare provision has deteriorated year after year. The PMA and PHC need to be on the same page regarding the regulation of all aspects of health service provision.

Another associated issue is of the lack of clarification between the roles of the Pakistan Medical and Dental Council and the PHC. Although the role of the PMDC is limited to ensuring the quality of medical education, the body also acts as a licensing body for practicing doctors. As such, the PMDC also has some role in cases of medical negligence where they question the ability of a doctor to remain in practice. In this regard, it has an investigative role though weak and poorly defined. Here again, there needs to be a clear-cut division between the roles of the PMDC and PHC.

Both bodies need to work concertedly on the issue of medical negligence, withdrawing the licenses of those found negligent. In addition, there is a need for further collaboration between the PHC and PMDC where the issue of weeding out unqualified quacks posing as doctors is concerned. The PHC is in its infancy but these considerations can be factored in to make it an effective body with real teeth and with broader support among its stakeholders. An empowered and effective PHC can also best serve the interests of those using healthcare units • the writer is an Islamabad-based development consultant and policy analyst.

## HEALTH DIRECTORY

### GOVERNMENT DEPARTMENT

<p>Department of Health in KHYBER PAKHTUNKHWA 0092-91-9211789 ,0092-91-9210342 0092-91-9210419 info@khyberpakhtunkhwa.gov.pk www.healthkp.gov.pk HRD building Khyber Road, Peshawar</p>	<p>District Health Office Larkana 0092-74-9410711 0092-74-9140723 edohlrk@yahoo.com www.sindhhealth.gov.pk District Health Office Near Jim Khana, Larkana</p>
<p>Health Department Balochistan 0092-81-9201954 0092-81-9201149 health.planningcell.qta@hotmail.com www.balochistan.gov.pk/index.php?option=com_content&amp;view=article&amp;id=106&amp;Itemid=156 Health Department, Block-5, Civil Secretariat, Quetta</p>	<p>Health Department Punjab 0092-42-99210326 0092-42-99211710 infohealth.pitb.gov.pk www.health.punjab.gov.pk Civil Secretariat, Government of the Punjab Lahore, Punjab</p>
<p>Health Department, Government of Sindh 0092-21-99211012 0092-21-99222837 shsindh@yahoo.com www.sindhhealth.gov.pk Secretary Health, Sindh Secretariat, Building No.1, 6Th Floor, Karachi, Sindh</p>	<p>Health Services Academy 0092-51-9255590-6 0092-51-9255591 academy@hsa.edu.pk www.hsa.edu.pk Opposite National Institute of Health park read (NIH) Chak Shahzad, Islamabad</p>
<p>National AIDS Control Programme 0092-51-9255326 0092-51-9255173 info@nacp.gov.pk www.nacp.gov.pk Chak Shahzad, Islamabad</p>	<p>Punjab AIDS Control Program 0092-42-99201098 0092-42- 99203394 pd.pacp@yahoo.com www.health.punjab.gov.pk/?q=Punjab_ACP#contacts First Floor,5 Montgomery Road, Lahore</p>
<p>Punjab Health Sector Reforms Programme Punjab 0092-42-99231356 0092-42-99231359 pd.phsrp@punjab.gov.pk www.phsrp.punjab.gov.pk Punjab Health Sector Reforms Programme House # 120 - B, New Muslim Town, Lahore</p>	<p>Executive District Office Health Jacobabad, Sindh 0092-721-654662 0092-721-512796</p>
<p>Executive District Office Health Kashmore, Sindh 0092-7057-570930</p>	<p>Executive District Office Health Shikarpur, Sindh 0092-761-920022 0092-761-920023</p>
<p>Executive District Office Health Ghotki, Sindh 0092-703-652499 0092-703-650003</p>	<p>Executive District Office Health Sukkur, Sindh 0092-71-9310121, 9310122 0092-71-9310122</p>
<p>Executive District Office Health Khairpur, Sindh 0092-243-9280151-2 0092-243-9280151</p>	<p>Executive District Office Health Larkana, Sindh 0092-79410711 0092-79410709</p>
<p>Executive District Office Health Dadu, Sindh 0092-25-9200086 0092-25-610545</p>	<p>Executive District Office Health Sanghar, Sindh 0092-235-541326 0092-235-541025</p>
<p>Executive District Office Health Nawabshah, Sindh 0092-244-9370267-8</p>	<p>Executive District Office Health Hyderabad, Sindh 0092-221-9200740-377 0092-221-9200376</p>
<p>Executive District Office Health Matiari, Sindh 0092-222-760640 0092-222-760096</p>	<p>Executive District Office Health Umerkot, Sindh 0092-238-571458 0092-238-570039</p>
<p>Executive District Office Health Mirpurkhas, Sindh 0092-231-9290097 0092-231-9290098</p>	<p>Executive District Office Health Badin, Sindh 0092-2978-61871 0092-2978-62333</p>

Executive District Office Health Jamshoro, Sindh 0092-22-3874987	Executive District Office Health Thatta, Sindh 0092-298-771353 0092-298-770153
Executive District Office Health Tharparkar, Sindh 0092-232-261253 0092-232-261379	Executive District Office Health Bannu, Khyber Pakhtunkhwa 0092-928-9270132
Executive District Office Health Abbottabad, Khyber Pakhtunkhwa 0092-992- 9310192	Executive District Office Health Batagram, Khyber Pakhtunkhwa 0092-997-310507
Executive District Office Health Buner, Khyber Pakhtunkhwa 0092-939-510044	Executive District Office Health Chitral, Khyber Pakhtunkhwa 0092-943-412734
Executive District Office Health D.I.Khan, Khyber Pakhtunkhwa 0092- 966-9280199	Executive District Office Health Hangu, Khyber Pakhtunkhwa 0092-925-623034
Executive District Office Health Haripur, Khyber Pakhtunkhwa 0092-995-610997	Executive District Office Health Karak, Khyber Pakhtunkhwa 0092-927-210837
Executive District Office Health Karak, Khyber Pakhtunkhwa 0092-927-210837	Executive District Office Health Kohat, Khyber Pakhtunkhwa 0092-922-9260348
Executive District Office Health Kohat, Khyber Pakhtunkhwa 0092-922-9260348	Executive District Office Health Kohistan, Khyber Pakhtunkhwa 0092-998-407132
Executive District Office Health Lower Dir, Khyber Pakhtunkhwa 0092-945-9250098	Executive District Office Health Malakand(Batkheila), Khyber Pakhtunkhwa 0092-932-410399
Executive District Office Health Mansehra, Khyber Pakhtunkhwa 0092-997-920169	Executive District Office Health Nowshera, Khyber Pakhtunkhwa 0092-923-580759
Executive District Office Health Swat, Khyber Pakhtunkhwa 0092-946-9240739	Executive District Office Health Tank, Khyber Pakhtunkhwa 0092-963-510755
Executive District Office Health Shangla(Alpuri), Khyber Pakhtunkhwa 0092-996-850653	Executive District Office Health Swabi, Khyber Pakhtunkhwa 0092-938-221606
Executive District Office Health Upper Dir, Khyber Pakhtunkhwa 0092-944-880516	

## UNIVERSITIES AND COLLEGES

Ayub Medical College Abbottabad Pakistan 92-992-382321 92-992-382321 jamc@ayubmed.edu.pk www.ayubmed.edu.pk Ayub Medical College, Abbottabad-22040, Pakistan	Baqai Medical University 0092-21-34410-427 to 430 info@baqai.edu.pk www.baqai.edu.pk Baqai Medical University 51, Deh Tor, Gadap Road, Near Toll Plaza, Super Highway P.O Box No 2407, Karachi
Center for Health and Population Studies 0092-42-3639303 yazdani@brain.net.pk www.chps.edu.pk 2-A/5 Chamba Lane, G.O.R-I, (Near Children Complex Library) Lahore-3	College of Physicians and Surgeons Pakistan 0092-21 - 111-606-606 administration@csp.edu.pk www.csp.edu.pk College of Physicians and Surgeons Pakistan 7th Central Street, Defence Housing Authority, Karachi
DOW University of Health Sciences 0092-21-32715441-466 32715441-466 cms@duhs.edu.pk www.duhs.edu.pk Baba-e-Urdu Road, Karachi	Farkhanda Institute of Nursing, Affiliated with Gandhara University, Peshawar 0092-91-5844432 0092-91 5844428 info@gandhara.edu.pk www.gandhara.edu.pk/fin Farkhanda Institute of Nursing 57 Gul Meher Lane, University Town, Peshawar



<p>Frontier Medical College 0092-992-380190 0092-992-381028 fmcollege@yahoo.com, fmc@fmc.edu.pk www.fmc.edu.pk Frontier Medical &amp; Dental College, P.O. Public School, Mansehra Road, Abbottabad</p>	<p>Gandhara College of Pharmacy, Affiliated with Gandhara University, Peshawar 0092-91 5844432 0092-91 5844428 info@gandhara.edu.pk www.gandhara.edu.pk/GCP Gandhara College of Pharmacy Canal Road University Town, Peshawar</p>
<p>Gomal Medical College 0092966-9280339, 92-966-9280338 0092966-9280340 gmc@yahoo.com www.gmcdikhan.edu.pk North Circular Road, Gomal Medical College, Dera Ismail Khan.</p>	<p>Hamdard University Karachi 0092-21-36440041-42 admissions@hamdard.edu.pk www.hamdard.edu.pk Hamdard University, Sharae Madinat Al-Hikmah, Muhammad Bin Qasim Avenue, Karachi, 74600</p>
<p>Islamabad Medical &amp; Dental College 0092-51-2232045 chairman@imdcollege.com www.imdcollege.com Islamabad Medical &amp; Dental College Islamabad Pakistan Islamabad</p>	<p>Jinnah Medical College Peshawar 0092-300-5257559 0092-91-5602475 info@jmcp.edu.pk www.jmcp.edu.pk Jinnah Medical College Peshawar Warsak Road, Peshawar</p>
<p>Kabir Institute of Public Health, Affiliated with Gandhara University, Peshawar 0092-91 58444232 0092-91 5844428 info@gandhara.edu.pk www.gandhara.edu.pk/KIPH Kabir Institute of Public Health 57 Gul Meher Lane, University Town, Peshawar</p>	<p>Kabir Medical College Peshawar 0092-91 5844432 0092-91 5844428 info@gandhara.edu.pk www.kmc.edu.pk Canal Road University Town, Peshawar, khyber pakhtunkhwa Pakistan</p>
<p>Karachi Medical and Dental College 0092-21-99260301 0092-21-99260306 info@kmdc.edu.pk www.kmdc.edu.pk Abbasi Shaheed Hospital Block M, North Nazimabad, Karachi</p>	<p>College of Physical Education 0937-873115 National, 874115 National College of Physical Education Bank Road, Mardan</p>
<p>Khyber College of Dentistry 0092-91-9216217 0092-91-9218327 www.kcd.edu.pk Khyber College of Dentistry, 25000 Peshawar, Khyber Pakhtunkhwa Pakistan</p>	<p>National Institute Of Psychology 0092-51-2230704 0092-51-2230704 info@nip.edu.pk National Institute Of Psychology Centre Of Excellence Shahdara Road. Quaid-I-Azam University, Islamabad</p>
<p>Khyber Girls Medical College 0092-91-9217698 0092-91-9217702 info@kgmc.edu.pk www.kgmc.edu.pk Khyber Girls Medical College, PDA Building Block IV, Phase V , Hayatabad Peshawar</p>	<p>NIMS College of Medical Sciences 0092-992-392421, 0332-8910366 nims_dent@hotmail.com www.nimsmed.edu.pk NIMS College of Medical Sciences Link Murree Road Nawanshehr, Abbottabad</p>
<p>Khyber Medical University 0092-91-9217697, 9217699 0092-91-9217704 qec@kmu.edu.pk, directorqec@kmu.edu.pk www.kmu.edu.pk PDA Building, Near Shalman Park, Street No. 9, Sector F-1, Phase 6, Hayatabad, Peshawar, Khyber Pakhtunkhwa</p>	<p>Pakistan Association of Orthodontists 0092-333-4207669 amjadasim97@hotmail.com, afeefumarzia@gmail.com www.pao.org.pk D-138-A, Block 4, Clifton, Karachi</p>
<p>King Edward Medical University 0092-42-9211150 0092-42-7233746 kemcol@brain.net.pk www.kemu.edu.pk King Edward Medical University Nelagumbad,</p>	<p>Pakistan Institute of Medical Sciences 0092-51- 9260470 0092-51-9260724 www.pims.gov.pk Pakistan Institute of Medical Sciences H # F-10 PIMS Colony.</p>

<p><b>Anarkali, Lahore</b>  <b>Liaquat University of Medical &amp; Health Sciences</b>  <b>Jamshoro Sindh</b>  <b>0092-22.921.3306</b>  <b>0092-22.921.3306</b>  <b>registrar@lumhs.edu.pk,</b>  <b>www.lumhs.edu.pk</b>  <b>Jamshoro, Sindh - Pakistan</b></p>	<p><b>Islamabad</b>  <b>Peoples University of Medical &amp; Health Sciences for women,</b>  <b>0092-244- 9370249-5</b>  <b>web.admin@pumhs.edu.pk</b>  <b>www.pumhs.edu.pk</b>  <b>Nawabshah, District-Shaheed Benazirabad Sindh-Pakistan</b></p>
<p><b>Naseer Teaching Hospital Peshawar</b>  <b>0092-91 5844432</b>  <b>0092-91 5844428</b>  <b>info@gandhara.edu.pk</b>  <b>www.gandhara.edu.pk</b>  <b>Naseer Teaching Hospital Peshawar Nasir Bagh Road, Peshawar</b></p>	<p><b>Punjab Institute of Cardiology Lahore</b>  <b>0092-42 99203052-6</b>  <b>0092-42-99200028</b>  <b>www.pic.gop.pk</b>  <b>Punjab Institute of Cardiology GHOU-UL-AZAM Jail Rd, Lahore</b></p>
<p><b>Rehman Medical College, Peshawar</b>  <b>0092-91-5838 333</b>  <b>0092-91-5838 333</b>  <b>info.rmc@rmi.edu.pk</b>  <b>www.rmi.edu.pk</b>  <b>Rehman Medical College, Peshawar 4/A-3, Phase-V, Peshawar, Khyber Pakhtunkhwa</b></p>	<p><b>Saidu Medical College</b>  <b>0092-946-9240134</b>  <b>0092-946-9240135</b>  <b>smc.swat@yahoo.com</b>  <b>www.smcswat.edu.pk</b>  <b>Saidu Medical College Saidu Sharif, Swat Khyber Pakhtunkhwa</b></p>
<p><b>Sardar Begum Dental College Peshawar, Affiliated with Gandhara University, Peshawar</b>  <b>0092-91 5844432</b>  <b>0092-91 5844428</b>  <b>info@gandhara.edu.pk</b>  <b>www.gandhara.edu.pk</b>  <b>Sardar Begum Dental College Peshawar Canal Road University Town, Peshawar</b></p>	<p><b>Shahed Mohtarma Benazir Bhutto Medical University Larkana</b>  <b>0092-74-9410715</b>  <b>0092-74-4752760</b>  <b>admissions@smbbmdu.edu.pk</b>  <b>www.smbbmdu.edu.pk</b>  <b>Shahed Mohtarma Benazir Bhutto Medical University Larkana village Arija, Airport road, Larkana</b></p>
<p><b>Shifa College of Medicine</b>  <b>0092-51-8463759</b>  <b>0092-51-4435046</b>  <b>www.shifacollege.edu/scm</b>  <b>Shifa College of Medicine Pitrus Bukhari Road, H-8/4, Islamabad</b></p>	<p><b>Shifa College of Nursing</b>  <b>0092-51-4435046, 92-51-4431056</b>  <b>0092-51-4435046, 92-51-4431056</b>  <b>studentaffairs.scn@shifacollage.edu</b>  <b>www.shifacollege.edu</b>  <b>Shifa College of Nursing Pitraus Bukhari Road, Sector H-8/4, Islamabad</b></p>
<p><b>University of Health Science Lahore</b>  <b>0092-42-99230870</b>  <b>0092-42-99230870</b>  <b>info@uhs.edu.pk</b>  <b>www.uhs.edu.pk</b>  <b>University of health science Lahore Khayaban-e-Jamia Lahore, Punjab</b></p>	<p><b>University of Health Sciences</b>  <b>0092-42-99231263</b>  <b>0092-42-99230820</b>  <b>info@uhs.edu.pk</b>  <b>www.uhs.edu.pk, webdeveloper@uhs.edu.pk</b>  <b>Khayaban-e-Jamia-e-Punjab, Lahore</b></p>
<p><b>University of Veterinary and Animal Sciences</b>  <b>0092-42-99211449</b>  <b>0092-42-99212846</b>  <b>helpline@uvas.edu.pk</b>  <b>www.uvas.edu.pk</b>  <b>Syed Abdul Qadir Jillani (Out Fall) Road, Lahore, Punjab</b></p>	<p><b>Women Institute of Medical Technology</b>  <b>0092-998-392334</b>  <b>info@wimt.edu.pk</b>  <b>www.wimt.edu.pk</b>  <b>Women Institute of Medical Technology, Women Medical College, Muree Road Nawan Shehr, Abbottabad Khyber Pakhtunkhwa</b></p>
<p><b>Women Medical College Abbottabad</b>  <b>0092-992-392334</b>  <b>0092-992-390221</b>  <b>wmcpc@doctor.com</b>  <b>www.wmc.edu.pk</b>  <b>Women Medical College Abbottabad Murree Road, Nawanshehr, Abbottabad, Khyber Pakhtunkhwa</b></p>	<p><b>Yusra Medical and Dental College</b>  <b>0092-3215283849</b>  <b>0092-51-4492816</b>  <b>info@ymdc.edu.pk</b>  <b>www.ymdc.edu.pk</b>  <b>Yusra Medical and Dental College Main G.T Road, Kahuta Morr, PO Model Town, Humak, Islamabad</b></p>

## HOSPITALS

<p><b>Advance Radiology Clinic (Hospital)</b>  <b>0092-213-2783536</b>  <b>0092-213-2788200</b>  <b>arc@cyber.net.pk</b></p>	<p><b>Aga Khan Maternal and Child Care Centre, Hyderabad</b>  <b>0092-221-614172-4, 0092-22-2660071-2</b>  <b>0092-221-612526, 0092-22-2660070</b>  <b>Aga Khan Maternal and Child Care Centre, Hyderabad,</b></p>
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www.advancedradiologyclinic.enic.pk Behind Hamdard University Hospital (Taj Medical Complex) Off: M.A.Jinnah Road, Karachi, Sindh	Sindh
Aga Khan Hospital for Women, Karimabad 0092-213-6822963-6 0092-213-6811804 Aga Khan Hospital for Women, St-6/D Blk-7 Sh-E-Pakistan FB Area, Karachi, Sindh	Aiwan-E-Tijarat-O-Sanat Hospital Trust 0092-21 6995874 Aiwan-E-Tijarat-O-Sanat Hospital Trust, ST 1/1,Sec.11C-2,North Karachi, Karachi, Sindh
Akhtar Eye Hospital 0092-21-34811908 0092-21-34813235 info@akhtareye.com.pk www.akhtareye.com.pk/about_aeh.html Akhtar Eye Hospital, FL-1 ( 4/C ), Block 5, Rashid Minhas Road. Gulshan-e-Iqbal, Karachi, Sindh	Akram Hospital, Quetta 0092-81 2869236-5 Quetta, Balochistan
Al- Ibrahim Eye Hospital 0092-21-34560867 0092-21-34560718 Al- Ibrahim Eye Hospital, Old Thana,Gadap Town, Malir. Karachi, Sindh	Al Mustafa Medical Centre (Hospital) 0092-21-4820101 Al Mustafa Medical Centre, ST-1, Block No.13-C, Gulshan-E-Iqbal, University Road, Karachi, Sindh
Al Nabi Hospital 0092-21-4963590 Al Nabi Hospital, B-15/1, Block No.4-A, Gulshan-E-Iqbal, Abdul Hasan Isaphani Road, Karachi, Sindh	Al-Ain Institute of Eye Diseases (Hospital) 0092-21-4556151 Al-Ain Institute of Eye Diseases, 241/3/A, Block-2, P.E.C.H.S. Shahrah-E-Quaideen, Karachi, Sindh
Al-Hamra Medical Centre 0092-21-4388723 0092-21-4543362 Al-Hamra Medical Centre, Tipu Sultan Road, Karachi, Sindh	Al-Mumtaz Medical Complex (Hospital) 0092-21-4510128 Al-Mumtaz Medical Complex, AL-MUMTAZ MEDICAL COMPLEX is in Karachi, Sindh, located in 25/423,Darakhshan Society Kala Board, Malir. Karachi, Sindh
Al-Noor Hospital Quetta 0092-81 2830395 Toghi Road, Quetta, Balochistan	Al-Razi Hospital 0092-21 5888888 Al-Razi Hospital, Mehmoodabad Gate, Karachi, Sindh
Alvi Dental Hospital 0092-21-4524371 0092--214313069 Alvi Dental Hospital, 23 B,Pechs, Smchs, Near Embassy in Hotel, Karachi, Sindh	Ankle Saria Hospital 0092-21-32720371 Ankle Saria Hospital, Garden Road,Near Makki Masjid. Karachi, Sindh
Asghar Hospital Quetta 0092-81 2827017 Alamdard Road, Quetta, Balochistan	Ashfaq Memorial Hospital 0092-21-4822261 Ashfaq Memorial Hospital, Sb-9 Blk-13/C G'Iqbal, U/Sty Road, Karachi, Sindh
Awan Hospital 0092-21 6666828 Awan Hospital, 1-D/6,Orangi Town, Karachi, Sindh	Ayub Teaching Hospital 0092-992-381907-14, 381846 0092-992-382321 main manshera Road, Abbottabad, Khyber Pakhtunkhwa
Aziz Medical Centre (Hospital) 0092-21 6700666 0092-21 6633442 Aziz Medical Centre, B-151,Blk.-W,Allama Iqbal Town, North Nazimabad, Karachi, Sindh	Babar Hospital 0092-21-4932181 Babar Hospital, Office 5 St-12 Habib Chamber BI-14 G'Iqbal Karachi, Sindh
Bait-ul-Sakoon Cancer Hospital 0092-21 3455 3834-6 0092--21 3455 3942 baitulsukoon@hotmail.com www.baitulsukoon.org/history Bait-ul-Sakoon Cancer Hospital, Plot No. S.N.P.A. 17-J, Block -3, K.C.H.S. Union, Karachi, Sindh	Bantva Anis Hospital 0092-21 4926814 Bantva Anis Hospital, Plot #52-53,DMCHS.,Block #3,Behind Gulistan Club,Shaheed-E-Millat Road, Karachi, Sindh
Baqai Hospital Karachi 0092-21-36618396 baqaiot@yahoo.com www.baqai.edu.pk/hospitals/baqai_hospital_universit y2/index.aspx Baqai Hospital Karachi, 111-B, 1/8, Nazimabad no 3,	Behbood Association Medical (Hospital) 0092-21-5820663 Behbood Association Medical, Pl. St-9 Bl. I, Opposite Shireen Jinnah Colony Clifton, Karachi, Sindh



<b>Karachi</b>	
<b>Bilal Foundation</b> 0092-51-4456471- 8 0092-51-4456480 info@bilalhospital.com www.bilalhospital.com 38-A, Satellite Town, Sadiqabad Road, Rawalpindi, Punjab	<b>Brain &amp; Medical Institute (Hospital)</b> 0092-21-5370359 Brain & Medical Institute, Pl. St-32/A, Blk-5, Clifton, Karachi Sindh
<b>Burhani Hospital Karachi</b> 0092-21-32214418 0092-21-32623046 info@burhanihospital.org.pk www.burhanihospital.org.pk/ Burhani Hospital Karachi, Tayebjee Road, Gari Khata, Karachi, Sindh	<b>Butt Charitable Hospital</b> 0092--21-2572237 Butt Charitable Hospital, St. 30, Muhammadi Rd. Pl. Miie. B-C/48, Shershah, Karachi, Sindh
<b>CANTONMENT GENERAL HOSPITAL</b> 0092--51-9270914 Hospital Road, Saddar, Rawalpindi cantt, Punjab	<b>Care Health Service (Hospital)</b> 0092-300-2323801 Care Health Service, Suite No. 43, Street No. 5, Main Ghazali Road, Block-B, Manzoor Colony, Karachi, Sindh
<b>Carvan of Life Trust (Hospital)</b> 0092-21 3587 3946 info@caravanoflifetrust.org www.caravanoflifetrust.org/ Carvan of Life Trust (Hospital), Defence Area, Phase V, Karachi, Sindh	<b>CDA HOSPITAL Islamabad</b> 0092-51-9221302 0092--51-9224377 webmaster.ch@cda.gov.pk www.cda.gov.pk/hospital St# 31 ,G-6/2, Islamabad
<b>CHATTHA HOSPITAL Gujranwala</b> 0092-55-3250077 Chatha Colony, Gujranwala 52250, Punjab	<b>Children Cancer Foundation (Hospital)</b> 0092-21-36359939 0092-21-36361895 info@ccfpakistan.org www.ccfpakistan.org Children Cancer Foundation (Hospital) ST-1/C, Block-10, Ayesha Manzil, Federal B Area, Karachi, Sindh
<b>Children's Hospital, Quetta</b> 0092-81 2823709-12 Quetta, Balochistan	<b>Chinot General Hospital</b> 0092-21- 35063443 0092-21- 35067673 cgh@cgh-k.com www.cgh-k.com/files/cgh.asp Chinot General Hospital, ST-1/3, Sector 41-B, Korangi Township, Karachi, Sindh
<b>City General Hospital</b> 0092-21 4510132 Malir, Kalaboard, Karachi, Sindh	<b>Civil Hospital Badin</b> 0092-300-3020856 Badin, Sindh
<b>Civil Hospital Dadu</b> 0092-25-9200092 Dadu, Sindh	<b>Civil Hospital Jacobabad</b> 0092-722-654989 Jacobabad, Sindh
<b>Civil Hospital Kandhkot</b> 0092-314-7320247 Kandhkot, Sindh	<b>Civil Hospital Tando Muhammad Khan</b> 0092-300-3020856 Tando Muhammad Khan, Sindh
<b>Civil Hospital Karachi</b> 0092-21 99215728 saeed.quraishy@chk.gov.pk www.chk.gov.pk Civil Hospital Karachi, Opp:Allawala Market, M.A.Jinnah Road, Karachi, Sindh	<b>Civil Hospital Thatta</b> 0092-301-2559675 Thatta, Sindh
<b>Civil Hospital Khairpur</b> 0092-301-3407598 Civil Hospital, Gajani Centre, Civil Hospital Road, Khairpur	<b>Civil Hospital Umerkot</b> 0092-238-571748 Umerkot, Sindh
<b>Civil Hospital Sanghar</b> 0092-302-3220304 Civil Hospital Sanghar Sanghar, Sindh	<b>Civil Hospital, Quetta</b> 0092-81 9202018 Quetta, Balochistan
<b>Civil Hospital Sukkar</b> 0092-71-9310132	<b>Creek City Hospital</b> 0092-21 5347825

Civil Hospital Sukkar, Sukkur, Dera Bugti, Sukkar, Sindh	0092-21 5341862 Creek City Hospital, Bunglow #89, Street "P", Off Khayaban-e-Mahafiz, Ph-VII, D.H.A., Karachi, Sindh
Civil Hospital Tando Allahyar 0092-300-3077022 Civil Hospital Tando Allahyar, Tando Allahyar, Sindh	Creek City Medical Complex (Hospital) 0092-21- 35216396 contact@ccmc.pk www.ccmc.pk/concept.php Creek City Hospital Complex, Pakistan Defence Officers Housing, Authority, 2/B East Street, Phase I, DHA, Karachi
Cumber Specialists Hospital 0092-21 2202669 Cumber Specialists Hospital, CK 2/2, Moosa Street, Kharadar #2, Karachi, Sindh	Cumber Specialists Hospital 0092-21 2202669 Cumber Specialists Hospital, CK 2/2, Moosa Street, Kharadar #2, Karachi, Sindh
Dehli Medical Centre (Hospital) 0092--21-6953212 Dehli Medical Centre, Markaz-E-Khidmat-E-Khalq, Dehli House, Educational & Medical Trust, Nagan Chowrangi, Karachi, Sindh	District Head Quarter Hospital Hyderabad 0092-222-671698 District Head Quarter Hospital Hyderabad, Banglow No. B-81, Gulshan-e-Sehar, Nearby pass Qasim Abad, Hyderabad, Sindh
DHQ Hospital Abbottabad 0092-992-9310198, 9310199 Link Road, Abbottabad KHYBER PAKHTUNKHWA	District Head Quarter Hospital Jamshoro 0092-22-3877020 District Head Quarter Hospital Jamshoro, Banglow No. 1, Wapda Colony, Near SDO Office, HWSO, Jamshoro
District Head Qaurter Hospital Jacobabad 0092-722-654372 District Head Qaurter Hospital Jacobabad, Opposite Grid Station, Stadium Road, Jacobabad, Sindh	District Head Quarter Hospital Kamber 0092-744-211190 District Head Quarter Hospital Kamber, Near Shell Petrol Pump, Bypass Bango Dero Road, Kamber, Sindh
District Head Quarter Hospital Badin 0092-279-861926 District Head Quarter Hospital Badin, Badin Army Cantt, Haider Town, Badin, Sindh	District Head Quarter Hospital Karachi East 0092-21-99238954 District Head Quarter Hospital Karachi East, C-35, Block A, Kazimabad, Model Colony, Near Jinnah Air Port, Karachi East, Sindh
District Head Quarter Hospital Dadu 0092-254-711012 District Headquarter Hospital Dadu, H. No. 36/A, Housing Society, Near Bano Stop, Dadu, Sindh	District Head Quarter Hospital Karachi South 0092-21-34556162 District Head Quarter Hospital Karachi South, Z-175, Block 2, PECHS, Tariq Raod, Karachi South, Sindh
District Head Quarter Hospital Ghotki 0092-7236-81106 District Head Quarter Hospital Ghotki, Banglow No. 23, Dorri Road, Opposite Marvi Floor Mills, Bypass, Ghotki, Sindh	District Head Quarter Hospital Karachi West 0092-21-36649344 District Head Quarter Hospital Karachi West, D-64, Block B, North Nazim Abad, Karachi west, Sindh
District Head Quarter Hospital Kashmore 0092-722-570258 District Head Quarter Hospital Kashmore/Kandhkot, Gulshaer Mohallah Opposite Government High School, Kashmore, Sindh	District Head Quarter Hospital Sanghar 0092-235-541451 District Head Quarter Hospital Sanghar, Opposite Civil Hospital, Sanghar, Sindh
District Head Quarter Hospital Khairpur 0092-243-9280160 District Head Quarter Hospital Khairpur, A-4-81/1, Latif Colony, Station Road, Khairpur, Sindh	District Head Quarter Hospital Shikarpur 0092-726-521387 District Head Quarter Hospital Shikarpur, Near Plaza Cenima, Shikarpur, Sindh
District Head Quarter Hospital Larkana 0092-74-9410233 District Head Quarter Hospital Larkana, Banglow No. A-32, Sachal Colony, Wagan Road, Larkana, Sindh	District Head Quarter Hospital Sukkar 0092-71-9310120 District Head Quarter Hospital Sukkar, H. No. C-114, Parsi Colony, Opposite District Accounts Officer Sukhar Sukkar, Sindh
District Head Quarter Hospital Matiari 0092-222-760015 District Head Quarter Hospital Matiari, First Floor, Syed Rukhuddin Shah Complex, Main Matiari, Bypass Road, Matiari, Sindh	Head Quarter Hospital Tando Allahyar 0092-22-3892108 District Head Quarter Hospital Tando Allahyar, Banglow No. 14, Shahbaz Colony, Near Nasar Pur Van Stop, Tando Allahyar, Sindh
District Head Quarter Hospital Mirpurkhas 0092-233-9290137 District Head Quarter Hospital Mirpurkhas, B-9, Sattelite Town, Block 4, Unit No. 3, Mirpurkhas, Sindh	District Head Quarter Hospital Tando Muhammad Khan 0092-223-342721 District Head Quarter Hospital Tando Muhammad Khan, H. No. 1, Somra Mohallah, Tando Muhammad Khan, Sindh

District Head Quarter Hospital Naushero Feroz 0092-242-448687 District Head Quarter Hospital Naushero Feroz, Farooq Town, Plot No. 43, National Highway Road, Naushero Feroz, Sindh	District Head Quarter Hospital Tharparkar 0092-23-2262102 District Head Quarter Hospital Tharparkar, Sodha House, Islam Kot Road, Mithi, Tharparkar, Sindh
District Head Quarter Hospital Nawabshah 0092-244-9370217 District Head Quarter Hospital Nawabshah, H. No. 31, Housing Society, Nawabshah, Sindh	District Head Quarter Hospital Thatta 0092-298-550691 District Head Quarter Hospital Thatta, National Highway, Near Main Branch NBP, City Bus Stop No. 1, Thatta, Sindh
District Head Quarter Hospital Umerkot 0092-238-571869 District Head Quarter Hospital Umerkot, Banglow No. 21, Ward No. 311, Near Bilal Masjid, Somra Mohallah, Umerkot, Sindh	Kunri Christian Hospital 0092-722-571837 Kunri Christian Hospital, Kunri69160, Taluka, Kunri, Umer Kot, Sindh
District Headquarter Hospital, Haripur 0092-992-380791, 503167 0092-992-381691 info@aimca.edu.pk www.aimca.edu.pk/teaching_hospital.php Abbottabad International Medical College P.O. Abbottabad Public School , Mansehra Road Abbottabad, KHYBER PAKHTUNKHWA	Kutiana Memon Hospital 0092-21 2315376-7 0092-21 2315148 Kutiana Memon Hospital, Aga Khan/G allana Road , Kharadar. Karachi, Sindh
Dow University Hospital 0092-21 99215690 Dow University Hospital, Baba-E-Urdu Road, Karachi 74200- Sindh	Lady Aitchison Hospital Lahore 0092-42-9211145-54 kemcol@Brain.net.pk www.kemu.edu.pk King Edward Medical University, Nelagumbad, Anarkali, Lahore, Punjab
Dr. Alidina's Kharadar Maternity Home (Hospital) 0092-21 2204627 Dr. Alidina's Kharadar Maternity Home, Paria Street,Kharadar, Karachi, Sindh	Lady Reading Hospital 0092-91-9211430- 49 0092-91-9211401 info@lrh.gov.pk www.lrh.gov.pk Lady Reading Hospital , khyber Bazar, Peshawar Khyber Pakhtunkhwa
Dr. Atique Orthopedic & Medical Centre (Hospital) 0092-21-4404535 0092-21-4505355 dr.atiqueanwar@gmail.com Dr. Atique Orthopedic & Medical Centre, A-18/423, Darakhshan Society, Kalaboard, Malir, Karachi, Sindh	Lady Willingdon Hospital Lahore 0092-42-9211145-54 kemcol@brain.net.pk www.kemu.edu.pk/lady-willingdon-hospital.html King Edward Medical University Nelagumbad, Anarkali . Lahore, Punjab
Dr. Ziauddin Hospital 0092-21- 35862937-9 0092-21- 35862940 zhc@ziauddinhospital.com www.ziauddinhospital.com/ziauddin-trust.htm Dr. Ziauddin Hospital, 4/B, Shahrah-e-Ghalib, Block 6, Clifton, Karachi, Sindh	Lahore General Hospital, Lahore 0092-42-5810891-2 Lahore General Hospital, Lahore Ferozpur Road Chungi Amarsiddhu, Lahore, Punjab
Faiz-E-Aam Hospital 0092-21-4558351 0092-21-4522406 Faiz-E-Aam Hospital, 2-Teachers C.H.Society, Shaheed-E-Millat Road, Karachi, Sindh	Layton Rahmatulla Benevolent Trust Eye Hospital 0092-21 35396600-5 0092-21- 35396606 lrbt@cyber.net.pk www.lrbt.org.pk/lrbt-a-beacon-of-hope Layton Rahmatulla Benevolent Trust Eye Hospital, 37-C, Sunset Lane No.4, Phase – II Extension, 24th Commercial Street, D.H.A, Karachi, Sindh
Fatemi Surgical Hospital 0092-21-278322 Fatemi Surgical Hospital, Cantonment Market, Lucky Star, Saddar, Karachi, Sindh	Leprosy Patients Welfare Trust (Hospital) 0092-21-32436210 0092-21-32420485 lpwt@super.net.pk www.leprosyipwt.org.pk/About.htm Leprosy Patients Welfare Trust, Room No.13, 3rd Floor, Waqar Center, Muhammad Feroze Street, Jodia Bazar, NearKhorri Garden Masjid, P.O.Box No. 6818, Karachi,

	<b>Sindh</b>
Fatima Bai Hospital 0092-21-4124249 Fatima Bai Hospital, Plot #805, JR-32, Laypat Rai Rd. Jamshed Quarters, Karachi, Sindh	Liaquat National Hospital & Medical College 0092-21 3493 9612 0092- 21 3414 0014 admin@lnh.edu.pk www.lnh.edu.pk/ Liaquat National Hospital & Medical College, National Stadium Road, Karachi, Sindh
Fatmia Foundation (Hospital) 0092-21-2225284 0092-21-2256752 Fatmid Foundation (Hospital), 393-Britto Road, Garden East, Karachi 74800, Sindh	Lions Eye Hospital 0092-21-36990096 0092-21-36990096 info@lionseyehospital.org www.lionseyehospital.org/about.html Lions Eye Hospital, ST-21, Sector 5-B/3, Main Road, North Karachi Township, Karachi, Sindh
Fon General Hospital & Karachi Urology Center 0092-21-4989192 Fon General Hospital & Karachi Urology Center, C-130 Blk-9 G'Iqbal City, Karachi, Karachi, Sindh	Mamji Hospital Orthopaedic & General 0092-21-36804706 Mamji Hospital Orthopaedic & General C-19, Block-17, F.B. Area, Near Water Pump, Karachi, Sindh
Gondal Memon Association (Hospital) 0092-21-4857662 Gondal Memon Association, JM-172, Jeker Street, adj. Qudsi Masjid, Jamshed Rd, Karachi, Sindh	Marie Adelaide Leprosy Center (Hospital) 0092--21 35682706, 0092-21- 35683106 secretariat@malc.org.pk www.malc.org.pk/index.html Marie Adelaide Leprosy Centre, Mariam Manzil, A.M. 21, Off Shahrah-e-Liaquat, P.O. Box No. 8666, Saddar, Karachi, Sindh
GOVERNMENT CIVIL HOSPITAL HQ: Gujranwala 0092-55-9200109 Civil Lines, Gujranwala, Punjab	Mayo Hospital, Lahore 0092-42-99213666, Hospital Road, Lahore, Punjab
Gulab Devi Hospital, Lahore 0092-42-9230247-50 0092-42-9230817 gulabdevi@hotmail.com www.gulabdevi.org Gulab Devi Chest Hospital Ferozpur Road, Lahore, Punjab	Mid East Hospital Quetta 0092-81-2821103-5 Al Gilani Road, Quetta, Balochistan
Gulshan General Hospital 0092-21-4992404 Gulshan General Hospital, C-51, Block No. 4-A, Gulshan-E-Iqbal, Abul Hasan saphani Road, Karachi, Sindh	Muhammad Hospital 0092--21-6800396 Muhammad Hospital, C-53, Block-17, F.B. Area, Karachi Sindh
Habib Medical Centre (Hospital) 0092-21-6341893 Habib Medical Centre, Bs-3 Blk-4 FB Area, Karachi Sindh	Murshid Hospital and Health Care Center (Hospital) 0092-346-8215214 0092-21 32811307 info@murshid.org www.murshid.org Murshid Hospital and Health Care Center, Hub River Road, Mujahidabad, Karachi, Sindh
Haji Rang Elahi Eye & General Hospital 0092-21-34967891 Haji Rang Elahi Eye & General Hospital, ST-4B, Block-4, Gulshan-e-Iqbal, Allama Shabbir A. Usm. Karachi, Sindh	Nadeem Medical Centre (Hospital) 0092-21-4984300 Nadeem Medical Centre, St-D-18, Block No.6, Gulshan-E-Iqbal, Karachi, Sindh
Hashmani Hospital 0092-21-32781339 0092-21-32787044 info@hashmanis.com.pk www.hashmanis.com.pk Hashmani Hospital, JM-75, Off M A Jinnah Road Karachi, Sindh	National Institute Of Cardiovascular Diseases (Hospital) 0092-21-9201215 0092-21-9201216 nicvdedo@khi.comsats.net.pk www.nicvd.edu.pk/AboutUs.htm National Institute Of Cardiovascular Diseases (Hospital), Rafiqui (H.J.) Shaheed Road, Karachi-75510, Sindh
Hayatabad Medical Complex 0092-91-9217188 0092-91-9217189	National Institute of Children Health (Hospital) 0092-21-99201193 0092-2199205318



Hayat Abad, Peshawar, KHYBER PAKHTUNKHWA	nfo@nich.edu.pk www.nich.edu.pk/Default.aspx National Institute of Children Health (Hospital), Rafiqui S.J Shaheed Road, Karachi, Sindh
Health Care Hospital 0092-21-5312320 0092-21-5801832 info@healthcarehospital.com.pk www.healthcarehospital.com.pk/aboutus.htm Health Care Hospital, Plot # 140, 17th East Street, Main Korangi Road, DHA, Phase-I, Karachi, Sindh	National Medical Centre (Hospital) 0092-21 35380000-3 0092-21 35805022 info@nmc.net.pk www.nmc.net.pk/ National Medical Centre, A-5/A, National Highway, Phase 1, Defence, Housing Authority, Near Kala Pul, Karachi, Sindh
Hill Park General Hospital 0092-21-4538563 Hill Park General Hospital, S.N.C.C. 3/4, Block #3 Main Shaheed-e-Millat Road, Karachi, Sindh	Nisthar Hospital Multan 0092-61 9200238, 0092-61 9200227 nishtarmed@gmail.com www.nmch.edu.pk Nisthar Road, Multan, Punjab
Holy Family Hospital, Rawalpindi 0092-51-4411377 0092- 51 9290519 Holy Family Hospital Asghar Mall, Satellite Town Saidpur Road. Rawalpindi, Punjab	NUCLEAR ONCOLOGY & RADIOTHERAPY INSTITUTE & HOSPITAL 0092--51-9260611-15, 51-9261313 0092--51-9260616 nori@isb.paknet.com.pk www.paec.gov.pk Hanna Road, Sector G-8/3, Islamabad
HOPE Rehabilitation Center for disabled, Lahore 0092-42 35177791 0092- 42 35177793 info@hope.org.pk, www.hope.org.pk HOPE Rehabilitation Center for disabled 866-B, Faisal Town. Lahore, Punjab	Ojah Institute of Chest Diseases (Hospital) 0092-21-99261472-9 shahina.qayyum@duhs.edu.pk www.duhscme.com/TB/index.php?page=aboutus Ojah Institute of Chest Diseases, Dow University of Health Sciences, Gulzar-e-Hijri, Suparco Road, KDA Scheme -33, Karachi, Sindh
Ibn-e-Seena Hospital 0092-21-34992706 Ibn-e-Seena Hospital ST-22 Block-6 Gulshan-e- Iqbal, University Road, Karachi, Sindh	Orthopaedic & Medical Institute (Hospital) 0092-21 32258075-79 0092-21 32251814 info@omihospital.com www.omihospital.com/Introduction.html Orthopaedic & Medical Institute, 89/1 Depot Lines, Karachi, Sindh
Imam Zainul Abidin Hospital 0092-21-6608991 0092-21-6622680 Imam Zainul Abidin Hospital, C-42 & 43, Rizvia Society, Nzd. Karachi, Sindh	P.E.C.H.S Trauma & General Hospital 0092-21 34310870-71-72 0092-21 34311341 info@pechstrauma.com www.pechstrauma.com/aboutus.html P.E.C.H.S Trauma & General Hospital, 1/4, 258/1, Block 6, P.E.C.H.S, Karachi, Sindh
Indus Hospital 0092-21- 35112709-17 0092-21- 35112718 crd@indushospital.org.pk www.indushospital.org.pk/index.php Indus Hospital, Korangi Crossing, Karachi, Sindh	Pakistan Red Crescent Society (Hospital) 0092-21-5836275 Pakistan Red Crescent Society, Hilal-E-Ahmer House, Clifton, Karachi, Sindh
Institute of Orthopedics & Surgery (Hospital) 0092-21 34315407-11 0092-21- 34315415 info@iospak.com www.iospak.com/ Institute of Orthopedics & Surgery, 187-C, Block 2, P.E.C.H.S., Shahra-e-Quaideen, Karachi, Sindh	Patel Hospital 0092- 21 34968660-1 0092- 21 34985899 info@patel-hospital.org.pk www.patel-hospital.org.pk/index.html Patel Hospital ,ST-18, Block-4, Gulshan-e-Iqbal, Karachi, Sindh
Jinnah Hospital, Lahore 0092-42-9231400-23 0092-429231427	Progressive Surgicals Hospital 0092-21-2785931 0092-21-2789980

<p>info@aimc.edu.pk www.aimc.edu.pk Jinnah Hospital, Lahore Allama Shabbir Ahmed Usmani Road, Lahore, Punjab</p>	<p>Progressive Surgicals Hospital, Shop No. 04-05, Cantonment Market, Block II, Lucky Star, Saddar, Karachi, Sindh</p>
<p>Jinnah Medical College Hospital 0092-21- 5071854-6-8 0092-21 5073161 jmc@jmc.edu.pk www.jmc.edu.pk/jmch/index.htm Jinnah Medical College Hospital, S. R-6, 7/A, Korangi Industrial Area, Karachi, Sindh</p>	<p>Psychiatric hospital Lahore 0092-42 37415762 info@lph.com.pk Psychiatric hospital Scheme Street, Near Wagon Stop Bastami Road, Sodiwal, Lahore, Punjab</p>
<p>JINNAH MEMORIAL HOSPITAL Gujranwala 0092-55-3253467 Gujranwala, Punjab</p>	<p>Qamarul Islam Hospital &amp; Diagnostic Centre 0092-21-5379168 Qamarul Islam Hospital &amp; Diagnostic Centre Punjab Colony, Khayaban-e-Jami Defence, Housing Authority, Karachi, Sindh.</p>
<p>Jinnah Postgraduate Medical Centre (Hospital) 0092-21 9201300 info@jpmc.com.pk Jinnah Postgraduate Medical Centre, Rafiqui (H.J.) Shaheed Road, Karachi, Sindh</p>	<p>Railway Cairns Hospital Lahore 0092-42 9201720-21 Garhi Shahu, Lahore, Punjab</p>
<p>Kamal Hospital 0092-21-5655341 Kamal Hospital, 226/A, El Lines, Dawood Pota Rd., Saddar, Karachi, Sindh</p>	<p>Railway Hospital, Quetta 0092-81 9211077 Railway Hospital, Quetta, Balochistan</p>
<p>Karachi Adventist Hospital 0092-21- 2258021- 0092-21- 2227010 kah@karachiadventisthospital.org www.karachiadventisthospital.org Karachi Adventist Hospital, 91, Depot Lines, M.A Jinnah Road, P.O.Box., Karachi, Sindh</p>	<p>Rajput General Hospital 0092-21-4979403 Rajput General Hospital, ZC-2, Block 4, Gulshan-E-Iqbal, Abul Hasan Isaphani Road, Karachi, Sindh</p>
<p>Karachi E.N.T. &amp; Eye Hospital 0092-21-2720866 Karachi E.N.T. &amp; Eye Hospital, Rimpa Plaza, M.A.Jinnah Road, Karachi, Sindh</p>	<p>Rawalpindi General Hospital Rawalpindi 0092-51 9290301-7 Murree Road, Rawalpindi, Punjab</p>
<p>Karachi Institute of Heart Diseases (Hospital) 0092-213-9246097 0092-213-9246061 Karachi Institute of Heart Diseases, ST-15, Block-16, Federal B. Area, Karachi, Sindh</p>	<p>Remidial Centre (Hospital) 0092- 21-36633834 - 5 - 6 0092-21-36638189 info@remedialcentre.com www.remedialcentre.com/a.html Remidial Centre (Hospital), D-9, Block-I, North Nazimabad, Karachi, Sindh</p>
<p>Karachi National Hospital 0092-21-32251587 0092-21-32230215 info@karachinational.com www.karachinational.com/aboutus.html Karachi National Hospital (Pvt.) Ltd. 239, J. M. Amil Colony, M. A. Jinnah Road, Opposite Mazar-e-Quaid, Karachi, Sindh</p>	<p>Rural Health Center Chachro (Hospital) 0092-2381-73014 Rural Health Center Chachro, Taluka Chachro, Tharparkar, Sindh</p>
<p>Kharadar General Hospital 0092-21-32510113 – 16 0092-21-32511984 info@kharadarhospital.org www.kharadarhospital.org Kharadar General Hospital, Aga Khan Road, Kharadar, Karachi, Sindh</p>	<p>Rural Health Center Islamkot (Hospital) 0092-2342-63119 Rural Health Center Islamkot, Taluka Mithi, Tharparkar, Sindh</p>
<p>Khyber Teaching Hospital 0092-91-9216362 0092-91-9216364 CHIEFKTH@PSH.PAKNET.COM.PK www.khyber.4t.com/ University Town Peshawar, Khyber Pakhtunkhwa</p>	<p>Sahib-uz-Zaman Hospital Quetta 0092-81 2662104 Alamdard Road, Quetta, Balochistan</p>

<p><b>Kidney Center Hospital</b> 0092-21-35661000 0092-21- 35661040/50 mail@kidneycentre.com www.kidneycentre.com/ Kidney Center Hospital, 197/9, Rafiqui Shaheed Road, Karachi, Sindh</p>	<p><b>Sahib-uz-Zaman Hospital Quetta</b> 0092-81 2855751 Alamdard Road, Quetta, Balochistan</p>
<p><b>Kidney Foundation Hospital</b> 0092-21-4532336 0092-21-4380842 Kidney Foundation Hospital, 5-Amber Towers, Sharae Faisal 22-A, Block-6, P.E.C.H.S., Karachi, Sindh</p>	<p><b>Saifee Hospital</b> 0092-21-36789400 0092-21-36628206 info@saifeehospital.com.pk www.saifeehospital.com.pk/ Saifee Hospital, ST-1, Block-F, North Nazimabad, P.O. Box no 74700 Karachi, Sindh</p>
<p><b>Kiran Patients Welfare Society Hospital</b> 0092- 21 5044037 0092- 21 5044306 ali.kpws@hotmail.com www.kpws.org/BreastCancer/Index.htm Kiran Patients Welfare Society (KPWS) Karachi Institute of Radiotherapy And Nuclear Medicine (KIRAN Hospital), Near Safura Goth, Scheme 33. Karachi, Sindh</p>	<p><b>Saleem Medical Complex Quetta</b> 0092-81 2827104 Saleem Medical Complex Double Road, Quetta, Balochistan</p>
<p><b>Sardar Bahadur Khan TB Sanatorium, Quetta</b> 0092-81 2855751 Quetta, Balochistan</p>	<p><b>Samdani Hospital</b> 0092-21 34814946 Samdani Hospital, A-560,Block No.5,Gulshan-e-Iqbal, Karachi, Sindh</p>
<p><b>Sarfraz Rafiqui Shaheed Hospital</b> 0092-21-475500721 info@rafiquihospital.com.pk www.rafiquihospital.com.pk Sarfraz Rafiqui Shaheed Hospital Shorot Cantts Karachi,</p>	<p><b>Shaukat Omar Memorial Hospital (Fauji Foundation) Karachi</b> 0092-21.99248701 Shaukat Omar Memorial Hospital (Fauji Foundation) , Shah Faisal Colony, Shahr-e-Faisal, Karachi, Sindh</p>
<p><b>Services Hospital Lahore</b> 0092-429202089 0092-42-9203426 Services Hospital LahoreGhaus-ul-Azam (Jail) Road. Lahore</p>	<p><b>Sheikh Zayed Hospital Lahore</b> 0092-42-35865731 University Road, Block D, New Muslim Town, Lahore, Punjab</p>
<p><b>The Children's Hospital, Lahore</b> 0092-42-923 0901-10 The Children's Hospital Lahore Ferozepur Road. Lahore, Punjab</p>	<p><b>Sina Health, Education &amp; Welfare Trust (Hospital)</b> 0092-21 3582 1076 info@sina.pk Sina Health, Education &amp; Welfare Trust, F-7/1, Block 8, KDA Scheme 5,Kehkashan, Clifton, Karachi, Sindh</p>
<p><b>The Kidney Centre Post Graduate Training Institute</b> 0092-21 35661000 (10 Lines) 0092-21 35661040/50 mail@kidneycentre.com www.kidneycentre.com 197/9, Rafiqui Shaheed Road, Karachi, Sindh</p>	<p><b>Sindh Institute of Urology and Transplantation (Hospital)</b> 0092-21- 99215752 0092-21- 99215469 info@siut.org, resource@siut.org www.siut.org/about-siut/our-history Sindh Institute of Urology and Transplantation (Hospital), Civil Hospital. Karachi, Sindh</p>
<p><b>The Medical General Hospital</b> 0092-21-6980149 The Medical General Hospital, ST. 16, Sec. 11-B, N/Kar, Karachi, Sindh</p>	<p><b>Sindh Medical Centre (Hospital)</b> 0092-74-4040330 0092-74-4055866 Sindh Medical Centre, VIP Road. Larkana, Sindh</p>
<p><b>Usman Memorial Hospital</b> 0092-213-6316328 Usman Memorial Hospital, ST/12,Block-1,F.B.Area,Karachi</p>	<p><b>Skin &amp; Social Hygiene Centre (Hospital)</b> 0092-213-2723952 Skin &amp; Social Hygiene Centre, Behind Regal Cinema, Saddar, Karachi, Sindh</p>
<p><b>Zainab Punjwani Memorial Hospital</b> 0092-21 32236251 zpmh@hotmail.com www.panjwani.org/ Zainab Punjwani Memorial Hospital, Mohammad ali Habib Road, Numaish, Karachi, Sindh</p>	<p><b>Sobhraj Maternity Home (Hospital)</b> 0092-21 32636080 Sobhraj Maternity Home (Hospital), Urdu Bazar, Karachi, Sindh</p>

<b>Zubair Medical Center (Hospital)</b> 0092-726-521004 Zubair Medical Center, Hathidar Road, Opp Fire brigade Hazaridar Shikarpur, Sindh	<b>Zubeda Khaliq Memorial Hospital</b> 0092-581 546 8165 0092- 581 546 8165 khansikandar@yahoo.com www.zkmfreehospital.org/index.html Zubeda Khaliq Memorial Trust, Sermik, Skardu, Gilgit
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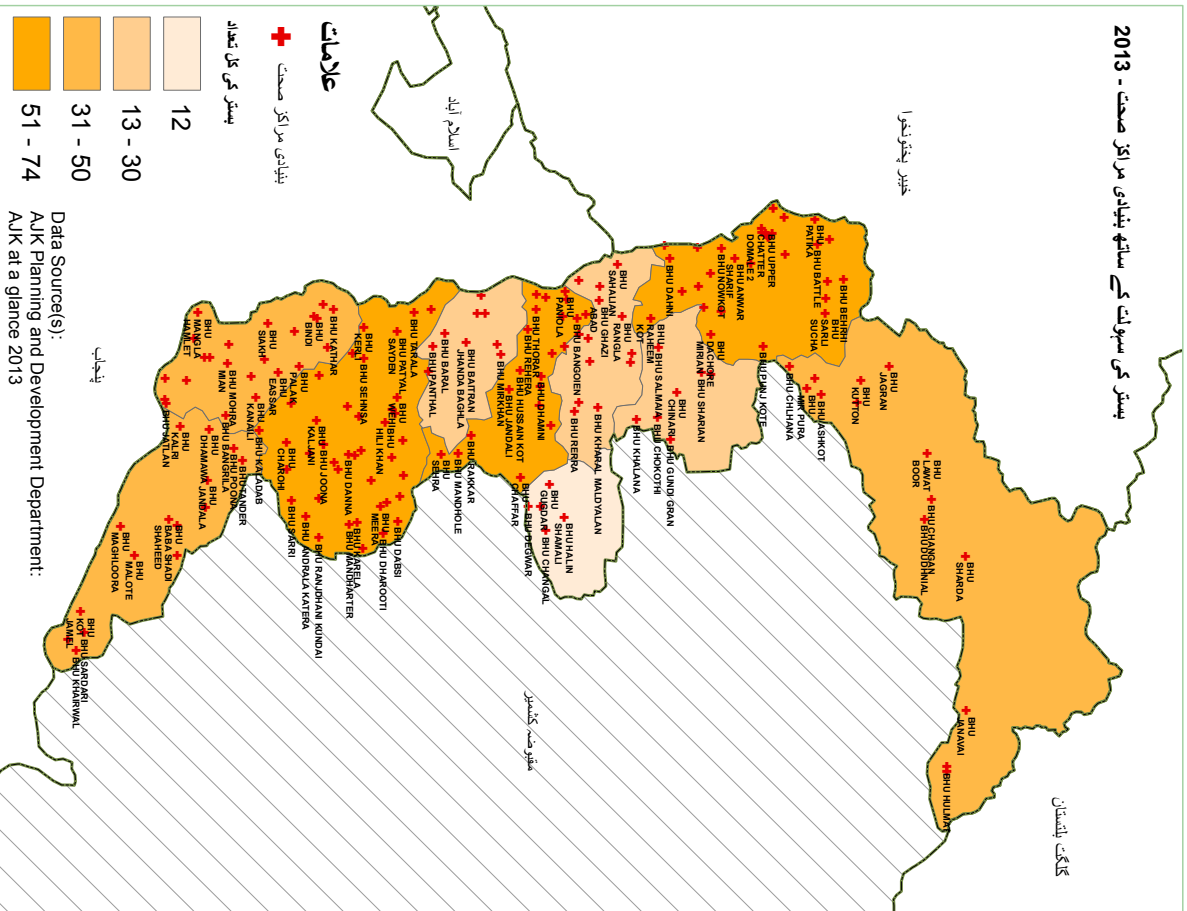
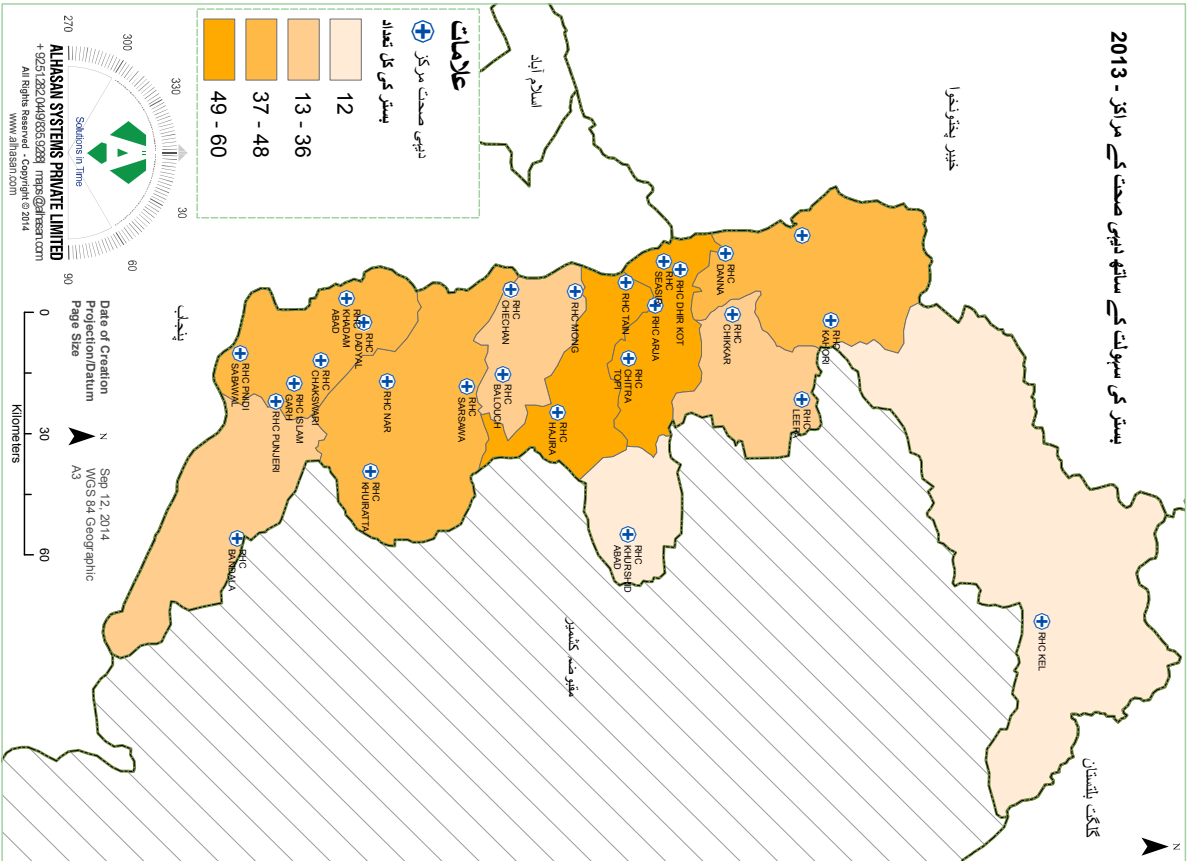
## HUMANITARIAN ORGANIZATIONS

<b>Aga Khan Health Service</b> 0092-213-5361196-97 0092-213-35308140 akhsp@akhsp.org www.akdn.org/AKHS D-114, Block 5, Clifton, Karachi, Sindh	<b>Association for Health, Education &amp; Agriculture Development Sindh</b> 0092-235-541767 ahead_sgr@yahoo.com www.aheadsanghar.page.tl Banglow No.105/082, Block No. 2, Sanghar, Sindh
<b>Customs Health Care Society</b> 0092-42 - 3784 7008 asifjah@welfareclinic.com.pk , yumna@welfareclinic.com.pk www.welfareclinic.com.pk 449-Jahanzeb Block, Allama Iqbal Town, Lahore, Punjab	<b>Gender and Reproductive Health Organization</b> 0092-81-2872129 0092-81-2842982 genderbltn@gmail.com www.grho.org.pk/contactus.html Head Office: House# 171/28-B, Near IT university Jinnah Town, Quetta, Balochistan
<b>Education Awareness &amp; Community Health</b> 0092-41-5504488 0092-41-2404488 each@nexlinx.net.pk www.each.org.pk Main Bazar Masoodabad, Near Sultan Chowk, samanabad, Faisalabad, Punjab	<b>Health Education &amp; Literacy Trust</b> 0092-42 3 6663144 0092-42-5895453 heal@wol.net.pk , healtrust_pk@yahoo.com www.healtrust.org 53 - K, Gulberg 3 / 736-Z Phase III DHA / 157-E, Upper portion, New Super town, Ghazni Lane, Near Defence More. Lahore Cantt, Punjab
<b>Education, Health, Social Awareness &amp; Rehabilitation Foundation (EHSAR Foundation)</b> 0092-91 585 3030 0092-91 570 3070 ehsarfoundation@gmail.com www.ehsar.org EHSAR Foundation 43 - B, S. Jamal ud Din Afghani Road, University town, Peshawar, Khyber Pakhtunkhwa	<b>Health Education And Development Society, Pakistan</b> 0092-346 2926572 hedsbaltistan@gmail.com www.hedsbaltistan.org House # 32 Askole , Skardu, Gilgit Baltistan
<b>Family Health International</b> 0092-51-285-5993 0092-51-285-4528 info@fhipk.org Family Health International H#9 9th Avenue, F-8/1. Islamabad	<b>Health Oriented Preventive Education</b> 0092-21-34520464 agboat@hope-ngo.com www.hope-ngo.com 5, Amir Khusro Road, Mehvush, Overseas Cooperative Housing Society, Karachi, Sindh
<b>Frontier Primary Health Care</b> 0092-937-863837 0092-937-861403 fphcpak@gmail.com www.frontierphc.com Frontier Primary Health Care Nisatta Road, Bijli Ghar, G.P.O. Box – 52, Mardan, Khyber Pakhtunkhwa	<b>HealthNet TPO</b> 0092-3038432419/ qadeered.hntpo@gmail.com www.healthnettpo.org House No. 461, Street 58, Sector I-8/3, Islamabad
<b>International Centre for Migration, Health and Development</b> (41 22) 783 10 80 (41 22) 783 10 87 secretariat@icmhd.ch www.icmhd.ch Geneva (Main Office):11, Route du Nant d'Avril CH – 1214 Geneva Switzerland	<b>Healthy Environment Creative Society</b> 0092-242-526043 hecs.org@gmail.com www.hecs.webstarts.com HECS Office, 3rd Floor State Life Building, near warid Franchise, Main Road, Moro, Naushahro Feroze, Sindh
<b>Motto to Empower the Health, Education &amp; Rights Balochistan</b> 0092-83-8510220 0092-83-8510220 meher_jfd@hotmail.com	<b>Integrated Health Services</b> 0092-51-111 362 867 info@ihspakistan.com www.ihspakistan.com Islamabad



<p><a href="http://www.meher.org.pk">www.meher.org.pk</a> MEHER office, Dera Allah Yar, Jaffarabad, Balochistan</p>	
<p>Motto to Empower the Health, Education and Rights 0092 333 7881255 <a href="mailto:saif@meher.org.pk">saif@meher.org.pk</a> <a href="http://www.meher.org.pk">www.meher.org.pk</a> MEHER office Main Civil Hospital Road, Near Zakat Office, Dera Allah Yar, District Jaffarabad, Balochistan</p>	<p>People's Primary Healthcare Initiative Balochistan 0092-81-2822660-4 0092-81-2827635 <a href="mailto:pphibln@yahoo.com">pphibln@yahoo.com</a> <a href="http://www.pphibalochistan.org.pk">www.pphibalochistan.org.pk</a> House No:38-A Chaman Housing Scheme, Airport Road Quetta, Balochistan</p>
<p>Pakistan National Forum on Women's Health 0092-21-32231534 0092-2132231534 <a href="mailto:shershahsyed@hotmail.com">shershahsyed@hotmail.com</a> <a href="http://www.pnfw.org.pk">www.pnfw.org.pk</a> PMA House, Aga Khan III Road, Karachi, Sindh</p>	<p>Society for Education, Health Awareness &amp; Technology 0092-21-2827788 <a href="mailto:nfo@sehat.org.pk">nfo@sehat.org.pk</a> <a href="http://www.sehat.org.pk">www.sehat.org.pk</a> Society for Education, Health Awareness &amp; Technology House 8, Street 39, G-6/2, Islamabad</p>
<p>Participatory Efforts for Health Environment 0092-22-2650987 0092-22-2650987 <a href="mailto:rafiqjunejo@pehesindh.org">rafiqjunejo@pehesindh.org</a> <a href="http://www.pehesindh.org">www.pehesindh.org</a> Bangalow no. B-02, Prince Town Phase 2, Qasimabad Hyderabad, Sindh</p>	<p>Society for Health &amp; Education Development 0092-21-32044126 0092-21-34661222 <a href="mailto:contact@shed.com.pk">contact@shed.com.pk</a> <a href="http://www.shed-pak.org">www.shed-pak.org</a> House No. B-139 Block 1 Gulistan e Johar, Karachi, Sindh</p>
<p>Potohar Mental Health Association 0092-345 8540063 <a href="mailto:potoharmentalhealthassociation@gmail.com">potoharmentalhealthassociation@gmail.com</a> HO.No.521 Street # 66, G-11/, Islamabad</p>	<p>UM Health Care Trust 0092-51-210 6304 0092-51-926 6626 <a href="mailto:info@umtrust.org">info@umtrust.org</a> <a href="http://www.umtrust.org">www.umtrust.org</a> H#510, Street 9, Sector F-10/2, Islamabad</p>
<p>Sindh Health &amp; Education Development Society 0092-22-2633163 0092-22-2633163 <a href="mailto:sheds.org@gmail.com">sheds.org@gmail.com</a> 3rd Floor Baitul Mall Building ,Doctors Colony ,Near Liaquat University OPD, Hyderabad, Sindh</p>	<p>Water, Health, Education, Environmental League Quetta 0092-81-2445212 0092-81-2445212 <a href="mailto:razayt@yahoo.com">razayt@yahoo.com</a> House No: 8-40/1479-2, Street no: 3, Ismail Colony, Sirki Road, Quetta, Balochistan</p>
<p>Women Welfare for Health &amp; Education Services Pakistan 0092-321-9221984 <a href="mailto:zafri999@yahoo.com">zafri999@yahoo.com</a> <a href="http://www.whaes.web.com">www.whaes.web.com</a> Office No. 05, Jamia Masjid, Ruqqia Square, Block 14, Water Pump, F/B Area karachi. Sindh</p>	<p>World Health Organization 0092-051-9255184-5 0092-51-9255042 <a href="mailto:wr@pak.emro.who.int">wr@pak.emro.who.int</a> <a href="http://www.who.int">www.who.int</a> Premises of National Institute of Health, Park Road, Chak Shahzad, Islamabad</p>

## بستر کی سہولیات کے ساتھ دیہی صحت مرکز اور بنیادی مراکز صحت - آزاد جموں و کشمیر



Data Source(s):  
AJK Planning and Development Department:  
AJK at a glance 2013



06 ستمبر 2014

گئی ہے۔ ڈینگی پر پوینشن پروگرام کے منیجر ڈاکٹر نکیل ملک کا کہنا ہے کہ کراچی سمیت صوبے بھر میں ڈینگی بخار سے بچانے کے لئے اقدامات کرنے کے حوالے سے تمام اسپتالوں کی انتظامیہ کو ہدایات جاری کر دی گئی ہیں۔ کراچی میں نیگیل یا کاشکار ہو کر ایک خاتون بھی ہلاک ہو گئی ہے۔ محکمہ صحت سندھ کے ذرائع کے مطابق آدم جی نگر کی رہائشی 32 سالہ حنا شفاق نیگیل یا کی شکایت کے ساتھ گزشتہ کئی روز سے اسٹڈیم روڈ پر واقع ایک نجی اسپتال میں زیر علاج تھی جو منگل کو دوران علاج جاں بحق ہو گئیں۔ ذرائع کے مطابق رواں سال اب تک نیگیل یا سے ہلاک ہوئیوں کی تعداد 10 ہو گئی ہے۔ طبی ماہرین نے کہا ہے کہ نہایت وقت ناک میں پانی نہ جانے دیں جبکہ پانی میں کلورین کی مقدار بھی مکمل رکھیں تاکہ اس مرض سے محفوظ رہ سکیں۔

## لاعلاج مرض ایڈز کے خاتمے کیلئے مشترکہ

جدوجہد کرنا ہوگی

روزنامہ جنگ

01 ستمبر 2014

محراب پور (نامہ نگار) محراب پور کے ممتاز ناگ راج کی ایڈز کے باعث وفات کے بعد سول سوسائٹی کی تنظیموں، شہری اتحاد، شہری ایکشن کمیٹی اور مقامی میڈیکل سینٹر کی جانب سے عوام میں اس موذی مرض سے آگہی، میڈیا پر، ایڈز کے مرض کو اجاگر کرنے، اسکیننگ کے ذریعے مزید دو خواجہ سراؤں میں ایڈز وائرس کی علامات منظر عام پر آنے کے بعد محکمہ صحت نوشہرہ و فیروز کی جانب سے تحصیل اسپتال میں کرایا جانے والا سیمینار فوٹو سیشن اور کاغذی کارروائی ثابت ہوا۔ اس اہم مسئلے کو اجاگر کرنے والی سول سوسائٹی کی تنظیموں کو نظر انداز کر کے پروگرام کانٹرول فار ماسوٹیکل کمپنی کے حوالے کر دیا گیا، اس پروگرام میں ڈپٹی کمشنر نوشہرہ و فیروز مرزا ناصر الدین بغیر تقریر کئے چلے گئے جبکہ محکمہ صحت سے وابستہ دیگر شریک مقررین نے بھی ایڈز کنٹرول، آگہی کیلئے موثر قدم نہیں اٹھایا۔ پروگرام سے خطاب کرتے ہوئے تحصیل اسپتال کے میڈیکل سپرنٹنڈنٹ ڈاکٹر شفیع طور نے کہا کہ ہم سب کو ملکر اس لاعلاج موذی مرض ایڈز کو ختم کرنے کے لئے مشترکہ جدوجہد کرنی ہوگی۔ پیپائٹس اور ایڈز پر کام کرنے والے مقامی میڈیکل سینٹر کے انچارج ڈاکٹر اسد اسحاق چیمہ نے کہا کہ جیسی بے راہروی سے ایڈز پھیلنے کا خطرہ ہوتا ہے۔ ڈاکٹر ایک سرچ کا استعمال صرف ایک مریض پر کریں لیکن ہمارے سرکاری ونجی کلینک میں ایسا نہیں ہوتا۔ انہوں نے کہا کہ جسم فروشی کے اڈے بھی ایڈز پھیلنے کا باعث ہیں۔ انہوں نے کہا کہ ہماری نشاندہی پر اب تک محکمہ صحت نے موثر اقدامات نہیں کئے گئے یہاں تک کہ اسکیننگ تک نہیں کرائی گئی ہے۔ اس موقع پر صحافی، سماجی رہنما اخلاق جو کھیو نے کہا کہ جسم فروشی کے اڈوں، انتقال خون مراکز، غیر قانونی لیبارٹریوں سے ایڈز پھیلنے کا اندیشہ ہے۔ انہوں نے کہا کہ پیپلز میڈیکل کالج اسپتال نواب شاہ کے مالی کولیر لیبارٹری تک میں سپلائی کردہ خون میں ایڈز وائرس کی اسکیننگ نہیں ہوتی۔



وجہ سے یہی وائرس دوسرے آبادی میں بھی منتقل ہو رہی ہے۔ انہوں نے کہا کہ اس حقیقت کا اندازہ اسی بات سے لگایا جاسکتا ہے کہ صوبے میں پائے جانے والے 11 (گیارہ) پولیو کیسز میں سے 10 کراچی اور ایک ساکٹر ضلعی میں نقل مکانی کر کے آنے والی خاندانوں میں ہی سے پائے گئے ہیں۔ انہوں نے کہا کہ سندھ حکومت کی جانب سے قلیل ذرائع سے دستبرداروں کے خلاف جاری ٹارگیٹڈ آپریشن کے باوجود حکومت پولیو ٹیموں کو فول پروف سکیورٹی مہیا کرے گی، بشرطیکہ وہ ایک دن پہلے انتظامیہ کو اپنے پروگرام کے بارے میں آگاہی دیں۔

**حیدرآباد (جیورورپورٹ)** میڈیکل سپرنٹنڈنٹ لیاقت یونیورسٹی اسپتال حیدرآباد جانشورو ڈاکٹر رفیق الحسن کھوکھر نے کہا ہے کہ اسپتال کی بہتر کارکردگی کاغذوں کی حد تک نہ ہو بلکہ عملاً مریضوں کو اچھے معالج اور دیکھ بھال سے ہوگی کوئی بھی مریض مالی مشکلات کی وجہ سے اسپتال سے علاج کرائے بغیر واپس نہ جائے۔ وہ اسپتال کے ایڈیشنل میڈیکل سپرنٹنڈنٹس و آراہم اوز کے ایک اجلاس سے خطاب کر رہے تھے انہوں نے کہا کہ اسپتال میں مختلف جدید مشینیں مختلف آپریشنز اور لیبارٹریز ٹیسٹس کیلئے موجود ہیں جن کے ذریعے سرجنری اور فریشنز کو صحیح رپورٹس اور سہولتیں مہیا کر کے بڑے بڑے آپریشن اور جدید طریقوں سے مریضوں کا علاج کر سکتے ہیں۔ ہم تمام مریضوں کا علاج ملنے والی گورنمنٹ کی خصوصی گرانٹ کے علاوہ غریب و نادار بے سہارالوگوں کا زکوٰۃ فنڈ سے بھی علاج کریں گے۔ کوئی بھی مریض مالی مشکلات کی وجہ سے اسپتال سے علاج کرائے بغیر واپس نہ جائے۔ مریضوں کا بہتر علاج و معالجہ، اسپتال کے سیورج اور صفائی سترائی، ڈاکٹروں، پیرامیڈیکل اور نرسنگ اسٹاف کی خصوصی توجہ علاج و معالجہ سے ہر آنے والے مریضوں کو محسوس ہونا چاہیے کہ ہم کسی اچھے اسپتال میں اپنے ہی لوگوں کے درمیان موجود ہیں۔ ڈاکٹر رفیق الحسن کھوکھر نے اس موقع پر کہا کہ یہ بات درست ہے کہ اندرون سندھ سمیت شہری علاقوں سے تعلق رکھنے والا مریض جو کہ علاج کے سلسلہ میں ہر اسپتال سے مایوس ہو چکا ہوتا ہے وہ ہمارے ہی اسپتال میں آتا ہے۔ ہمیں ان کا علاج اچھے اخلاق اور تمام تر صلاحیتوں اور سابقہ تجربات کو بروئے کار لاتے کرنا ہے انہوں نے شعبہ گائنی اور زچگی کے مریضوں کے روز بروز اضافے پر گفتگو کرتے ہوئے کہا کہ لیبر روم اور گائنی وارڈز میں بستروں کا اضافہ کیا جائے اور خراب بیڈ کی جگہ نئے بیڈ سے تبدیل کیے جائیں۔

**حیدرآباد (جیورورپورٹ)** نفسیاتی بیماریوں کے ماہر ڈاکٹر زکابنا نے کہا کہ سندھ میں ڈپریشن کے مریضوں کی تعداد میں اضافہ ہوتا جا رہا ہے، ڈپریشن قابل علاج ذہنی بیماری ہے جس سے نفسیاتی احتیاطی تدابیر کی آگاہی سے محفوظ رہا جاسکتا ہے۔ ان خیالات کا اظہار ڈاکٹر زکابنا نے حیدرآباد میں سرکاو س جی انسٹیٹیوٹ آف مینٹل ہیلتھ میں ایک سیمینار سے خطاب کرتے ہوئے کیا۔ اس موقع پر ڈاکٹر ایثور کمار، ڈاکٹر احمد رضا، ڈاکٹر شیر احمد شیخ اور دیگر مہتممین خطاب کرتے ہوئے کہا کہ سماجی معاشی اور گھریلو لڑائی جھگڑے کی وجہ سے سندھ میں نفسیاتی بیماری میں مبتلا افراد کی تعداد میں اضافہ ہوتا جا رہا ہے، ڈپریشن کی بڑی وجہ شہریوں میں نفسیاتی امراض کے بارے میں آگاہی نہ ہونا ہے، مذکورہ مریضوں کی جانب سے علاج نہ کرائے جانے کی وجہ سے خودکشی کے رجحان میں اضافہ ہوتا جا رہا ہے جو کہ معاشرے کے لئے انتہائی افسوسناک اور لمحہ فکریہ بات ہے۔

**کراچی (اسٹاف رپورٹر)** صوبہ سندھ میں ممکنہ سیلابی صورتحال کے نتیجے میں خصوصاً وبائی امراض سے نمٹنے کے لئے تمام سرکاری ہسپتالوں میں ایمر جنسی نافذ کر دی گئی ہے۔ یہ بات صوبائی وزیر صحت ڈاکٹر صغیر احمد نے اپنے دفتر میں محکمہ صحت کے اعلیٰ افسران کے ایک اجلاس کی صدارت کرتے ہوئے کہی۔ انہوں نے کہا کہ صوبہ پنجاب اس وقت قدرتی آفت کی لپیٹ میں ہے اور اب اس کے اثرات صوبہ سندھ کی جانب بڑھ رہے ہیں جس کے نتیجے میں وبائی امراض کے پھیلنے کے شدید خطرات موجود ہیں ایسی کسی بھی ممکنہ صورتحال سے نمٹنے کے لئے ہسپتالوں میں ایمر جنسی نافذ کی گئی ہے۔ انہوں نے ہدایت کی کہ محکمہ صحت کا تمام عملہ اس صورتحال سے نمٹنے کے لئے اپنی تیاریاں مکمل رکھے۔ انہوں نے کہا کہ سندھ کے 8 اضلاع جن کے متاثر ہونے کے زیادہ خدشات ہیں ان میں گھوٹکی، سکھر، خیرپور، نوشہرہ فیروز، کشمور، لاڑکانہ، جبکہ آباد اور شکارپور کے اضلاع شامل ہیں۔ ان اضلاع میں موبائل میڈیکل ٹیمیں بھی تشکیل دی گئی ہیں جبکہ ان اضلاع میں ڈاکٹر زوہیر امیڈیکل اسٹاف کی کمی کو پورا کرنے کے لئے بھی احکامات جاری کر دیئے گئے ہیں۔ ڈی جی ہیلتھ کی سربراہی میں مانیٹرنگ سیل قائم کر دیا گیا ہے جبکہ ڈی جی ہیلتھ حفیظ میمن کو فوکل پرسن مقرر کیا گیا ہے۔

**حیدرآباد (جیورورپورٹ)** ملک میں ایک ہی دن پولیو سے متاثرہ مزید 5 کیسز کا سامنا ہمارے اداروں کی نااہلی کی بڑی مثال ہے۔ یہ بات سوہنی دھرتی یوتھ کونسل کے کوآرڈینیٹر مختار خان اور نوید احمد لودھی نے اپنے ایک بیان میں کہی۔ انہوں نے کہا کہ ہمارے ملک میں اسی سال پولیو کے 127 سے زائد کیسز کا سامنا آنا حکومتی اداروں اور ہمارے لئے لمحہ فکریہ ہے۔ انہوں نے کہا کہ ہم سے کم ترقی یافتہ ممالک اس مرض سے پاک ہو چکے ہیں مگر ہم ابھی تک تدابیر کر رہے ہیں۔

**کراچی (اسٹاف رپورٹر)** شہر میں ڈینگی اور نیگیلیریا بخار میں مبتلا ہو کر دو مریض انتقال کر گئے۔ صوبائی ڈینگی سرویلنس سیل کے ذرائع کے مطابق ڈینگی سے ہلاک ہونے والے 43 سالہ افضل کو تیز بخار کی شکایت کے ساتھ ناظم آباد کے ایک نجی اسپتال میں داخل کر لیا گیا تھا جو کہ 31 اگست کو دوران علاج ہلاک ہو گیا ہے جس میں ڈینگی کی تصدیق 2 ستمبر 2014 کو ہوئی ہے۔ ذرائع کے مطابق رواں سال کے دوران ڈینگی سے ہلاک ہونے والوں کی تعداد 9 ہو

**کوئی بھی مریض مالی مشکلات کی وجہ سے علاج کرائے بغیر واپس نہ جائے**

روزنامہ جنگ

17 ستمبر 2014

**سندھ میں ڈپریشن کے مریضوں کی تعداد میں اضافہ**

روزنامہ جنگ

15 ستمبر 2014

**سندھ میں وبائی امراض سے نمٹنے کیلئے تمام سرکاری ہسپتالوں میں ایمر جنسی نافذ**

روزنامہ جنگ

12 ستمبر 2014

**پولیو کے 127 سے زائد کیسز کا سامنا آنا لمحہ فکریہ ہے، مختار خان**

روزنامہ جنگ

06 ستمبر 2014

**ڈینگی اور نیگیلیریا بخار سے 2 مزید مریضوں کا انتقال**

روزنامہ جنگ

نوابشاہ (پور پورٹ) ڈپٹی کمشنر عبدالعلیم لاشاری نے کہا ہے کہ پولیو کے خلاف جنگ کسی ایک ادارے کی نہیں ہے بلکہ تمام اداروں کی مشترکہ ذمہ داری ہے کہ فوری اور بہتر اقدامات سے معاشرے کو پولیو سے پاک کرنے کیلئے اپنا بھرپور کردار ادا کریں۔ ان خیالات کا اظہار انھوں نے انسداد پولیو مہم کے انتظامات کے جائزہ اجلاس سے خطاب کرتے ہوئے کیا۔

کراچی (اسٹاف رپورٹر) صوبائی وزیر صحت ڈاکٹر صغیر احمد نے کہا ہے کہ صوبے میں انسداد پولیو مہم میں غفلت برتنے والے افراد کے خلاف کارروائی کی جائے گی جن یوسیز سے زیادہ کمیز سامنے آئے ہیں ان پر ہم نے بڑا سخت نوٹس لیا ہے اور متعلقہ افسران کے خلاف کارروائی کی جائے گی۔ ان خیالات کا اظہار انہوں نے صوبہ کے تمام اضلاع کو جدید آلات سے آراستہ ایبوسلینس دیئے جانے کی تقریب کے بعد صحافیوں سے گفتگو کرتے ہوئے کیا انہوں نے کہا کہ پولیو کی ایبوناٹائزیشن روٹین کے مطابق ہو رہی ہے اب ٹیموں کو تمام علاقوں میں جانے دیا جا رہا ہے اور کام ہو رہا ہے جس کو مزید بہتر بنایا جائے گا۔ انہوں نے کہا کہ کانگو وائرس نیا مسئلہ نہیں ہے ہر سال عید الاضحی کے ایام کے دوران جانور لائے جاتے ہیں اور زیادہ گرمی پڑنے پر کانگو پھیل سکتا ہے ہم نے لائیو اسٹاک اور دیگر شعبہ جات کو لکھ دیا ہے کہ اس سلسلے میں اسکریننگ کریں اور احتیاط کی جائے ہم ایڈز کمیشن پر بھی کام کر رہے ہیں انہوں نے کہا کہ شہید بینظیر بھٹو ڈیولپمنٹ پروگرام ہیلتھ ڈیپارٹمنٹ میں جن عارضی ملازمین کو مشغول کیا گیا ہے اگر ان میں بے قاعدگیاں پائی گئیں تو ان کے خلاف انکوائری کی جائے گی۔ انہوں نے کہا کہ محکمہ صحت کی پالیسی داخلوں کے حوالے سے ہمیشہ یکساں رہی ہے سرکاری کالجز میں داخلوں کے بعد ہی پرائیویٹ کالجز میں داخلے ہوں گے جبکہ سرکاری میڈیکل کالجوں کی فیسوں میں اضافہ نہیں ہوں گے انہوں نے کہا کہ ڈیزاسٹر کیمپ بھی ہو سکتا ہے، سیلاب کے حوالے سے ہم نے تمام ضروریات ادویات، ویکسینیں اور تمام چیزیں اکٹھی کر رکھی ہیں جبکہ سیلاب کی صورت میں پورے سندھ کے لئے ہم نے 15 دن کا تمام سامان اکٹھا کر رکھا ہے۔

کراچی (اسٹاف رپورٹر) نگریا، ڈینگی اور کانگو وائرس جان لیوا بیماریاں ہیں لیکن چند احتیاطی تدابیر اختیار کی جائیں تو ان سے بچاؤ ممکن ہے ان خیالات کا اظہار آغا خان یونیورسٹی اسپتال کے شعبہ مائیکروبیاالوجی کی انچارج ڈاکٹر عافیہ ظفر نے آرٹس کونسل آف پاکستان کی میڈیکل اینڈ سوشل ویلفیئر کمیٹی کے تحت نگریا، ڈینگی اور کانگو وائرس پر منعقدہ سیمینار سے خطاب کے دوران کیا، سیمینار سے کمشنر کراچی شعیب احمد صدیقی، ایڈیشنل سیکریٹری ہیلتھ حکومت سندھ اسلم بیجو، ڈائریکٹر میڈیکل سروسز کے ایم سی ڈاکٹر ظفر اعجاز، ڈینگی پروپیشن اینڈ کنٹرول پروگرام کے صوبائی مینیجر ڈاکٹر شکیل ملک، فوکل پرسن نگریا کنٹرول پروگرام ڈاکٹر عرفان خان، چیئرمین میڈیکل اینڈ سوشل ویلفیئر کمیٹی آرٹس کونسل آف پاکستان ڈاکٹر فیصلہ سجاد نے بھی خطاب کیا جبکہ نظامت کے فرائض ڈاکٹر محبوب نے سرانجام دیئے۔ ڈاکٹر عافیہ نے کہا کہ پوری دنیا میں نگریا نہایت کم ہے لیکن بد قسمتی سے ہمارے ہاں اس کے کافی مریض آتے ہیں اور ان کی جان چلی جاتی ہے۔ اس کا ایسا بیٹھے پانی میں ہوتا ہے یہ گرمی میں پھلتا پھولتا ہے اور ناک کے ذریعے دماغ میں چڑھ جاتا ہے اور دماغ کو کاٹ کر ختم کر دیتا ہے کراچی میں اس کے زیادہ تر کمیز پانی میں کلورین کے کمی کے باعث سامنے آئے ہیں اس سے بچاؤ کے لئے پانی میں کلورین کی مقدار پوری کی جائے۔ انہوں نے کہا کہ کانگو وائرس جانوروں سے منتقل ہوتا ہے بکرا عید نزدیک ہے اس لئے احتیاط ضروری ہے انہوں نے کہا کہ ڈینگی سے متاثرہ شخص کو بہت تیز بخار ہو جاتا ہے اس سے بچاؤ کے لئے کسی جگہ بھی پانی کو کھڑا نہ رہنے دیا جائے اور پورے کپڑوں کو ڈھانپا جائے۔ کمشنر کراچی شعیب احمد صدیقی نے کہا کہ تمام ادارے مل کر کام کریں تو ان بیماریوں سے بچاؤ ممکن ہے کے ایم سی اس سلسلے میں تمام اداروں سے مل کر کام کرنے کے لئے تیار ہے اس حوالے سے جو بھی مثبت تجاویز ہوں گی تو ان پر عمل کیا جائے گا۔ اسلم بیجو نے کہا کہ صوبائی حکومت ان امراض سے نمٹنے کے لئے تمام اداروں سے رابطے میں ہے تاکہ بروقت اقدامات سے ان کے پھیلاؤ پر قابو پایا جاسکے ڈاکٹر ظفر اعجاز نے کہا کہ ہماری کوششوں سے نگریا کے کمیز کم ہو رہے ہیں ہم اس سلسلے میں بڑے پیمانے پر آگاہی پھیلا رہے ہیں۔ شہر میں جتنی مویشی منڈیاں ہیں ان کے لئے ہم نے احکامات جاری کر دیئے ہیں کہ تمام جانوروں کی باقاعدہ اسکریننگ کی جائے اور کانگو وائرس کے شکار جانوروں کو الگ کیا جائے۔

کراچی (اسٹاف رپورٹر) پولیو کے خلاف مہم تیز سے تیز کرنے کیلئے وزیر اعلیٰ سندھ سید قائم علی شاہ نے انٹرنیشنل مانیٹرنگ بورڈ کی سفارشات کے پیش نظر وزیر اعلیٰ ہائوس میں ایمر جنسی آپریشن سینٹر قائم کرنے کے احکامات جاری کرتے ہوئے کہا کہ وہ پر امید ہیں کہ سخت فیصلوں کی وجہ سے 2015 تک سندھ کو پولیو سے پاک بنایا جائیگا۔ ان خیالات کا اظہار انہوں نے منگل کو وزیر اعلیٰ ہائوس میں بل اینڈ ملیٹنڈا گیس فائونڈیشن (بی ایم جی ایف) کے 10 رکنی وفد سے ملاقات کے دوران کیا جو ڈاکٹر اورینلیو انیمین اور ڈاکٹر وقار اجمل کی سربراہی میں وزیر اعلیٰ سندھ سے ملاقات کے لئے آیا تھا۔ اجلاس سے خطاب کرتے ہوئے وزیر اعلیٰ سندھ سید قائم علی شاہ نے کہا کہ ان کی حکومت صوبے سے پولیو کے مکمل خاتمے کو اولین اور خاص ترجیح دے رہی ہے اور اس کیلئے انہوں نے سخت پالیسیاں مرتب کرنے کا حکم دیا ہے۔ انہوں نے کہا کہ بد قسمتی سے ہم ملک کے شمالی علاقہ جات میں انتہا پسندی جیسی صورتحال سے نبرد آزما ہیں جس کی وجہ سے وہاں کی آبادی سندھ صوبے بالخصوص کراچی نقل مکانی کر رہی ہے، جن کے بچوں کو کسی بھی قسم کی ویکسینیشن پہلے کبھی نہیں کی گئی اور اسی آبادی میں موجود مسلح گروپس نہ صرف پولیو وکڑ کر زہر اسال کر رہے ہیں، بلکہ ان کے بچوں کی

معاشرے کو پولیو سے پاک کرنا ہو گا، ڈپٹی کمشنر

روزنامہ جنگ

22 ستمبر 2014

انسداد پولیو مہم میں غفلت برتنے والے افراد کے خلاف کارروائی کی جائے گی

روزنامہ جنگ

19 ستمبر 2014

احتیاطی تدابیر اختیار کی جائیں تو نگریا، ڈینگی اور کانگو وائرس سے بچاؤ ممکن ہے

روزنامہ جنگ

19 ستمبر 2014

پولیو کے خلاف مہم، وزیر اعلیٰ ہائوس میں ایمر جنسی آپریشن سینٹر قائم

روزنامہ جنگ

17 ستمبر 2014

مانیکر و پلان کی تیاری اور متعلقہ افراد تک پہنچانے میں خاص دلچسپی کا مظاہرہ کیا جائے، انسداد پولیو مہم کے دوران ٹیوں کی نگرانی کے عمل میں سفیدگی کا مظاہرہ کیا جائے، اس سلسلے میں پوری معلومات کنٹرول روم کو دی جائے، مہم کے دوران متعلقہ ذمہ دار آفیسر زاور عملہ گاڑیوں، برف، خرچ اور اسٹاف کی فراہمی کے لئے ترجیحی اقدامات کریں۔ ڈسٹرکٹ ہیلتھ آفیسر عبدالحی کھوسو نے اجلاس کو بتایا کہ پولیو سے بچاؤ کے لئے مثبت حکمت عملی تشکیل دی گئی ہے۔ نوشہرہ فیروز، ڈیپٹی کمشنر مرزا ناصر علی کی زیر صدارت اجلاس منعقد ہوا، اجلاس سے خطاب کرتے ہوئے ڈیپٹی کمشنر نے کہا کہ ملک میں پولیو کے بڑھتے ہوئے کیسز کے باعث ضلع میں 29 ستمبر سے 101 اکتوبر تک انسداد پولیو کی قومی مہم چلائی جائے گی انہوں نے اجلاس میں شریک ڈاکٹروں سے خطاب کرتے ہوئے کہا کہ ہم سب کو مل کر اپنی کمزوریوں پر توجہ دینی ہوگی کہ پولیو سے بچاؤ کی اتنی مہم چلانے کے باوجود بھی پولیو کے مریضوں میں کمی کے بجائے اضافہ ہو رہا ہے اس لئے ہمیں اپنی ٹیوں کی سخت نگرانی کرنا ہوگی تب ہی کوئی بہتر نتائج مل سکتے ہیں، ڈیپٹی کمشنر نے کہا کہ پولیو کے خلاف مہم میں زیادہ محنت کرنے کی ضرورت ہے خصوصاً مہم کے پہلے روز زیادہ سے زیادہ کام کرنے کی ضرورت ہے تاکہ اس مہم کے دوران کوئی بھی بچہ پولیو کے قطرے پلانے سے رہ نہ جائے۔

کراچی (اسٹاف رپورٹر) پاکستان پیپلز پارٹی کے ایسوسی ایشن کے صدر پرو فیور ڈاکٹر اقبال میمن نے کہا ہے کہ پاکستان میں ہر سال 4 لاکھ 35 ہزار بچے 5 سال کی عمر تک پہنچنے سے قبل ہی انتقال کر جاتے ہیں جن میں سے 60 فیصد بچے غذائی قلت کا شکار ہوتے ہیں 1 لاکھ بچے نمونہ اور 80 ہزار بچے ڈائیریا کی وجہ سے فوت ہو جاتے ہیں انہوں نے کہا کہ پاکستان میں ہر سال 45 لاکھ بچے پیدا ہوتے ہیں پاکستان میں پیدا ہونے والا ہر چوتھا بچہ جبکہ سندھ میں پیدا ہونے والا ہر تیسرا بچہ غذائی قلت کا شکار ہے ان خیالات کا اظہار انہوں نے منگل کو مقامی ہوٹل میں ماں اور بچے کی صحت کی اہمیت کو اجاگر کرنے کے لیے مشعل پاکستان اور سیو دی چلڈرن کے اشتراک سے صحافیوں کے لیے منعقد کی گئی دوروزہ تربیتی ورکشاپ و سیمینار سے خطاب کے دوران کیا۔ ورکشاپ سے پیپلز پارٹی کے رکن سندھ اسمبلی اور رکن انٹینشنل فیڈنگ بورڈ سید ناصر شاہ، ڈائریکٹر ہیلتھ سروسز ڈاکٹر ظفر اعجاز، صدر کراچی پریس کلب امتیاز فاران، میجر زیدی، مشعل پاکستان کی ایگزیکٹو ڈائریکٹر پوریش چوہدری و دیگر نے بھی خطاب کیا۔ پرو فیور ڈاکٹر اقبال میمن نے کہا کہ قبل از وقت پیدا ہونے والے بچے کا وزن کم ہوتا ہے انہیں انفیکشن زیادہ ہوتا ہے جس کی وجہ سے اموات زیادہ ہوتی ہیں انفیکشن ہو جانے پر بچے کا پچھتاوا مشکل ہوتا ہے اس لئے فوری طور پر ڈاکٹر سے رجوع کیا جائے انہوں نے کہا کہ پاکستان میں پانچ سال سے کم عمر کے 2 کروڑ 70 لاکھ بچے ہیں ڈی این اے ایس کے 2009 کے سروے کے مطابق پاکستان میں ہر بچہ سالانہ 4 سے 6 بار سانس کے انفیکشن میں مبتلا ہوتا ہے ان کا کہنا تھا کہ پاکستان میں روٹین ایونائزیشن مفت فراہم کی جاتی ہیں لیکن ان کی کوریج نہایت کم ہے سندھ میں اسکی کوریج 28 فیصد جبکہ پورے پاکستان میں اس کی کوریج 45 فیصد ہے۔ پیپلز پارٹی کے رکن سندھ اسمبلی اور رکن انٹینشنل فیڈنگ بورڈ سید ناصر شاہ نے کہا کہ پوری بریڈ فیڈنگ کمپین کا انحصار میڈیا پر ہے ماؤں کو اس سلسلے میں آگاہی دی جانی چاہیے ڈاکٹر ظفر اعجاز نے کہا کہ ہماری مذہبی تعلیمات بھی یہی کہتی ہیں کہ بچے کو ماں کا دودھ پلایا جائے پوریشن چوہدری نے کہا کہ بچے کے لیے ماں کے دودھ کی اہمیت کو اجاگر کرنے کے لیے قانون سازی کی ضرورت ہے۔

تلہار (نامہ نگار) چھروں کے کاٹنے سے پھیلنے والے مہلک امراض ملیریا اور ٹائیفائیڈ سے بچاؤ کیلئے عالمی اور ملکی اداروں کی جانب سے کیمیکل لگی چھڑک دانیوں ہر سال محکمہ صحت کو دیہاتوں میں تقسیم کرنے کے لئے فراہم کی جاتی ہیں لیکن یہ چھڑک دانیوں تقسیم نہ ہونے کے باعث تلہار اور گردونواح کے علاقوں میں ملیریا اور ٹائیفائیڈ کا مرض وبائی صورت اختیار کر گیا ہے۔ تلہار اور زیریں سندھ کے دیگر علاقوں میں حالیہ بارشوں کے بعد چھڑکوں کی افزائش میں زبردست اضافہ ہو گیا ہے

بدین (نامہ نگار) سندھ حکومت کی جانب سے تھیلیسیسیا سینٹر بدین کو تاحال فنڈز کی فراہمی ممکن نہ ہو سکی صورتحال کے نتیجے میں سینٹر میں زیر علاج پانچ سو مریض بچوں کی زندگیاں داؤ پر لگی ہوئی ہیں جبکہ ملازمین کو بھی تین ماہ سے تنخواہیں نہ مل سکی ہیں جس کے نتیجے میں ملازمین کے خاندان فاقہ کشی کا شکار ہو گئے ہیں، سندھ حکومت نے تھیلیسیسیا سینٹر بدین کو تاحال فنڈز جاری نہ کئے ہیں اور اس سلسلے میں سینٹر میں زیر علاج معصوم بچوں کی فریاد سے بھی اسکے کان پہ جوں تک نہ ریگ سکی ہے سندھ حکومت کی جانب سے ہر سال تھیلیسیسیا سینٹر کے لئے دو کروڑ روپے سالانہ جاری کئے جاتے تھے مگر سال رواں کے بجٹ میں اس مرتبہ یہ فنڈز سرے سے ہی نہ رکھے گئے ہیں سینٹر میں بدین ٹنڈو محمد خان ٹنڈو الہیاد عرکوت تھریار کر سجاد ٹھٹھہ اضلاع کے پانچ سو مریض بچے زیر علاج ہیں جن کا بالکل مفت علاج کیا جاتا ہے انتظامیہ کے مطابق فی بچے کو خون اور ادویات کی فراہمی پہ ماہانہ بیس سے پچیس ہزار روپے اخراجات آتے ہیں تاہم اس سال فنڈز کی عدم فراہمی کے سبب سینٹر میں زیر علاج مریض بچوں کی زندگیاں داؤ پر لگ گئی ہیں اور انکا علاج معالجہ بھی مشکل ہو جا رہا ہے ایسی بھی اطلاعات ہیں کہ فنانس ڈپارٹمنٹ فنڈز کی اجراء کے عیوض بھاری رشوت طلب کر تا تھا جو ادارے کے انتہائی نیک اور شریف النفس انچارج کے انکار پہ فنڈز مختص ہی نہ کئے گئے ڈاکٹروں کے مطابق تھیلیسیسیا خون کی ایک ایسی موڈی اور موروثی بیماری ہے جس میں مبتلا مریض بچے کے خون میں سرخ ذرے کام کرنا چھوڑ دیتے ہیں اور خون میں سرخ ذرات کی تیاری بند ہو جاتی ہے۔

پاکستان میں ایک لاکھ 80 ہزار بچے ڈائیریا اور نمونہ سے انتقال کر جاتے ہیں

روزنامہ جنگ

24 ستمبر 2014

اسپرے نہ ہونے سے بیماریوں میں اضافہ

روزنامہ جنگ

24 ستمبر 2014

تھیلیسیسیا سینٹر بدین کو تاحال فنڈز کی فراہمی ممکن نہیں ہو سکی

روزنامہ جنگ

22 ستمبر 2014

## سرخیاں

روٹین ایونائزیشن، شرح میں کمی کی صورت میں سخت باز پرس کی جائے گی

روزنامہ جنگ

24 ستمبر 2014

## تفصیلات

کراچی (اسٹاف رپورٹر) روٹین ایونائزیشن کی شرح میں کمی کی صورت میں متعلقہ ڈسٹرکٹ کے ڈسٹرکٹ ہیلتھ افسران ذمہ دار ہوں گے اور ان سے سخت باز پرس کی جائے گی۔ یہ بات صوبائی وزیر صحت ڈاکٹر صغیر احمد نے منگل کو روٹین ایونائزیشن کی شرح میں اضافہ و انسداد پولیو کے حوالے سے منعقدہ ایک اعلیٰ سطحی اجلاس کے دوران کہی۔ اس موقع پر رکن قومی اسمبلی ڈاکٹر عذرا بیچوہو، نیگم شہناز وزیر علی بھی موجود تھیں۔ صوبائی وزیر صحت نے سندھ کے تمام ڈسٹرکٹس میں روٹین ایونائزیشن کی موجودہ صورتحال کا انفرادی طور پر جائزہ لیا اور جن ڈسٹرکٹس میں روٹین ایونائزیشن کی صورتحال غیر تسلی بخش ہے ان ڈسٹرکٹس کے ڈی ایچ او سے سخت باز پرس بھی کی گئی۔ انہوں نے کہا کہ جن علاقوں میں پولیو کے قطرے پلانے میں دشواریوں کا سامنا ہے ان علاقوں میں عوامی نمائندگان و دیگر معززین کے ہمراہ عوامی آگاہی کے لئے خصوصی مہم کا آغاز کیا جائے تاکہ آنے والی نسل کو نہ صرف پولیو بلکہ دیگر بیماریوں سے بھی محفوظ بنایا جاسکے۔ انہوں نے کہا کہ کھنڈر و ڈپٹی کمشنرز کو اس سلسلے میں اپنا مزید کردار ادا کرنے کی ضرورت ہے۔ اس موقع پر پولیو کی اور سائنٹ کیمپنی کی چیئر پرسن ڈاکٹر عذرا بیچوہو نے کہا کہ جن ڈسٹرکٹس میں روٹین ایونائزیشن کے حوالے سے کارکردگی میں کمی دیکھنے میں آئی، اس ڈسٹرکٹ کے ڈی ایچ او کی اسی آرمیں اس افسر کی خراب کارکردگی کو درج کیا جائے گا اور اس کے خلاف محکمہ جاتی کارروائی بھی عمل میں لائی جائے گی۔ انہوں نے کہا کہ صوبہ سندھ سے پولیو دیگر بیماریوں کا خاتمہ اولین ترجیحات میں شامل ہے۔ صوبائی وزیر صحت نے اس موقع پر ہدایات جاری کیں کہ جن علاقوں میں ویکسین کو محفوظ بنانے کے لئے کولڈ چینز برقرار رکھنے کے لئے مشکلات کا سامنا ہے وہ فوری طور پر ای پی آئی سے رابطہ کر کے اس کو درست کر لیں۔ لیڈی ہیلتھ ورکرز اور ویکسینیشنرز کو مکمل طور پر فعال کیا جائے اور کو تابی کے مرتکب ہر شخص کے خلاف بلا تفریق محکمہ جاتی کارروائی عمل میں لائی جائے۔ اس موقع پر سیکریٹری صحت اقبال حسین درانی، پروجیکٹ ڈائریکٹر ای پی آئی ڈاکٹر مظہر خیسانی، عالمی ادارہ صحت کے ڈاکٹر صالح تماشا، یونیسیف کے جان مارکوس، روٹری انٹرنیشنل کے عزیز مبین، کمشنر و ڈپٹی کمشنر صاحبان اور سندھ کے تمام اضلاع کے ڈی ایچ او موجود تھے۔

جیکب آباد (نامہ نگار) پاکستان کے دیگر شہروں کی طرح جیکب آباد کی سیوریج لائن میں پولیو وائرس کے انکشاف کے بعد عالمی ادارہ صحت ڈیپو ایچ او کی جانب سے جیکب آباد کی سیوریج لائن میں پولیو وائرس کی تصدیق کے لیے شہر کے وسط میں واقع صدر سیوریج ڈسپوزل سے نمونے حاصل کر کے این آئی ایچ اسلام آباد بھیجے گئے تھے، نیشنل انسٹیٹیوٹ آف ہیلتھ نے جیکب آباد کے سیوریج لائن میں پولیو وائرس کے متعلق ٹیسٹ کیے تو دو ٹیسٹ نیگیٹو جبکہ تیسرے ٹیسٹ میں وائرس پازیٹو آیا جس کے بعد این آئی ایچ اسلام آباد میں جیکب آباد کی سیوریج لائن میں پولیو وائرس کی موجودگی کی تصدیق کر دی ہے اس سلسلے میں ڈسٹرکٹ ہیلتھ آفیسر جیکب آباد ڈاکٹر غلام محمد چند سے رابطہ کیا گیا تو انہوں نے رپورٹ کی تصدیق کرتے ہوئے کہا کہ این آئی ایچ نے سیوریج لائن میں پولیو وائرس کی تصدیق کی ہے انہوں نے کہا کہ جیکب آباد میں تمام بچوں کو پولیو کے قطرے دیے گئے ہیں جس کی وجہ سے بچوں کو کوئی خطرہ نہیں ہے انہوں نے عوام سے اپیل کی کہ وہ اپنے بچوں کو پولیو کے قطرے پلا کر عمر بھر کی معذوری اور اذیت سے بچائیں دوسری طرف پولیو کنٹرول روم جیکب آباد کے انچارج ڈاکٹر بشیر سولنگی نے بتایا کہ تین ماہ سے ویکسین کی کمی کی وجہ سے پولیو مہم کا نہ ہونا بھی اس کا ایک سبب ہے جبکہ ظاہر ہونے والا پولیو وائرس پی ون ہے جو بلوچستان سے آیا ہے کیونکہ بلوچستان سے بھی لوگوں کی واپسی ہوئی ہے، واضح رہے کہ 25 جون 2014 کو میڈیا کی جانب سے جیکب آباد کی سیوریج لائن میں پولیو وائرس کی موجودگی کے انکشاف کے بعد ڈیپو ایچ او نے جیکب آباد کی سیوریج لائن سے ٹیسٹ کے لیے نمونے حاصل کیے تھے۔

کراچی، سکھر، نوشہرہ و فیروز (اسٹاف رپورٹر/ میو رپورٹ) ضلع وسطی میں 6 ماہ کے بعد دوبارہ تین روزہ قومی پولیو مہم بھرپور طریقے سے 29 ستمبر سے شروع ہوگی۔ 12 یونین کو نسلز کو ہائی رسک قرار دیا گیا ہے۔ اس دوران ضلع بھر کے 5 سال سے کم عمر 3 لاکھ 7 ہزار 842 بچوں کو پولیو سے بچاؤ کے قطرے اور وٹامن اے کی خوراک دی جائے گی۔ یہ بات ڈپٹی کمشنر ضلع وسطی ڈاکٹر سید سیف الرحمان نے پیر کو اپنے دفتر میں ضلعی پولیو مانیٹرنگ کمیٹی کے اجلاس کے دوران گفت گو اور بعد میں صحافیوں سے گفت گو کرتے ہوئے بتائی۔ اجلاس میں عالمی ادارہ صحت، یونیسیف، ہیلتھ افسران اور مانیٹرنگ کے ذمہ داران کے علاوہ ریٹائرڈ اور پولیس حکام نے بھی شرکت کی۔ ڈپٹی کمشنر وسطی نے بتایا کہ مارچ 2014 کے بعد سے یہ پہلا موقع ہے کہ ضلع میں پولیو مہم بھرپور طریقے سے شروع کی جارہی ہے۔ سکھر اسسٹنٹ کمشنر 1 سکھر شہزاد فضل عباسی نے کہا ہے کہ ضلع سکھر میں 29 ستمبر سے 2 اکتوبر تک جاری رہنے والی انسداد پولیو مہم کے دوران نیک نیتی، ایمانداری، سچائی کا عملی مظاہرہ کیا جائے اور دوران مہم ہر کارکن اپنی ڈیوٹی کو قومی فریضہ سمجھتے ہوئے انجام دے۔ پولیو مہم کے دوران نگرانی کے عمل کو بھی موثر و فعال بنایا جائے، گزشتہ مہم کے دوران جن مسائل کا سامنا کرنا پڑا ہے ان کے حل کے لئے بہتر حکمت عملی سے کام لیا جائے۔ وہ 29 ستمبر سے 2 اکتوبر تک شروع ہونے والی انسداد پولیو مہم کے سلسلے میں اپنے دفتر میں منعقدہ جائزہ اجلاس کی صدارت کر رہے تھے۔ شہزاد فضل عباسی نے کہا کہ روٹین ایونائزیشن کی کارکردگی رپورٹ مکمل کر کے کنٹرول روم کو فراہم کی جائے،

جیکب آباد کی سیوریج لائن میں پولیو وائرس

پی ون کی تصدیق

روزنامہ جنگ

24 ستمبر 2014

سندھ بھر میں انسداد پولیو مہم 29 ستمبر سے

شروع ہوگی، سختی کے ساتھ اہداف

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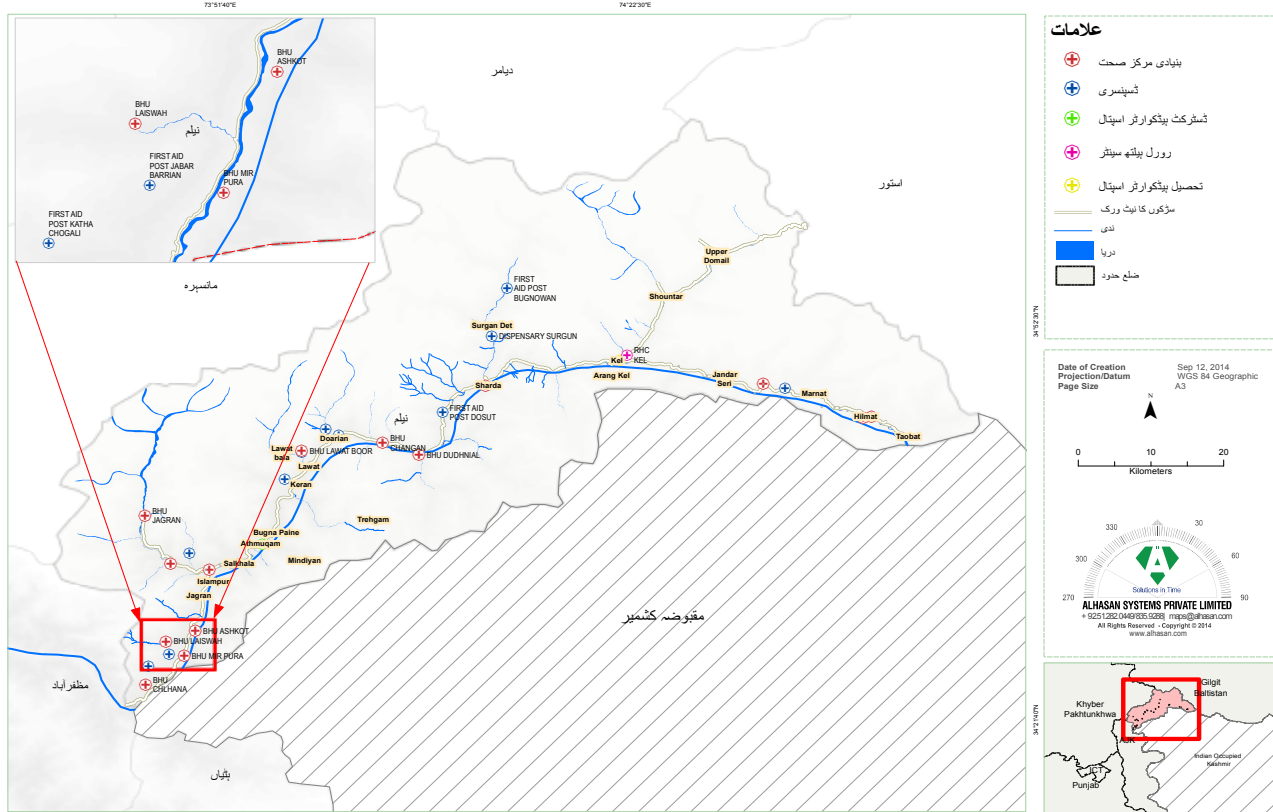
# بلیٹن میں شامل سرخیاں

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- دیہی صحت مرکز اور بنیادی مرکز صحت میں بستروں کی سہولیات- آزاد جمعوں کشمیر

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