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April, 2014 - Volume: 2, Issue: 4

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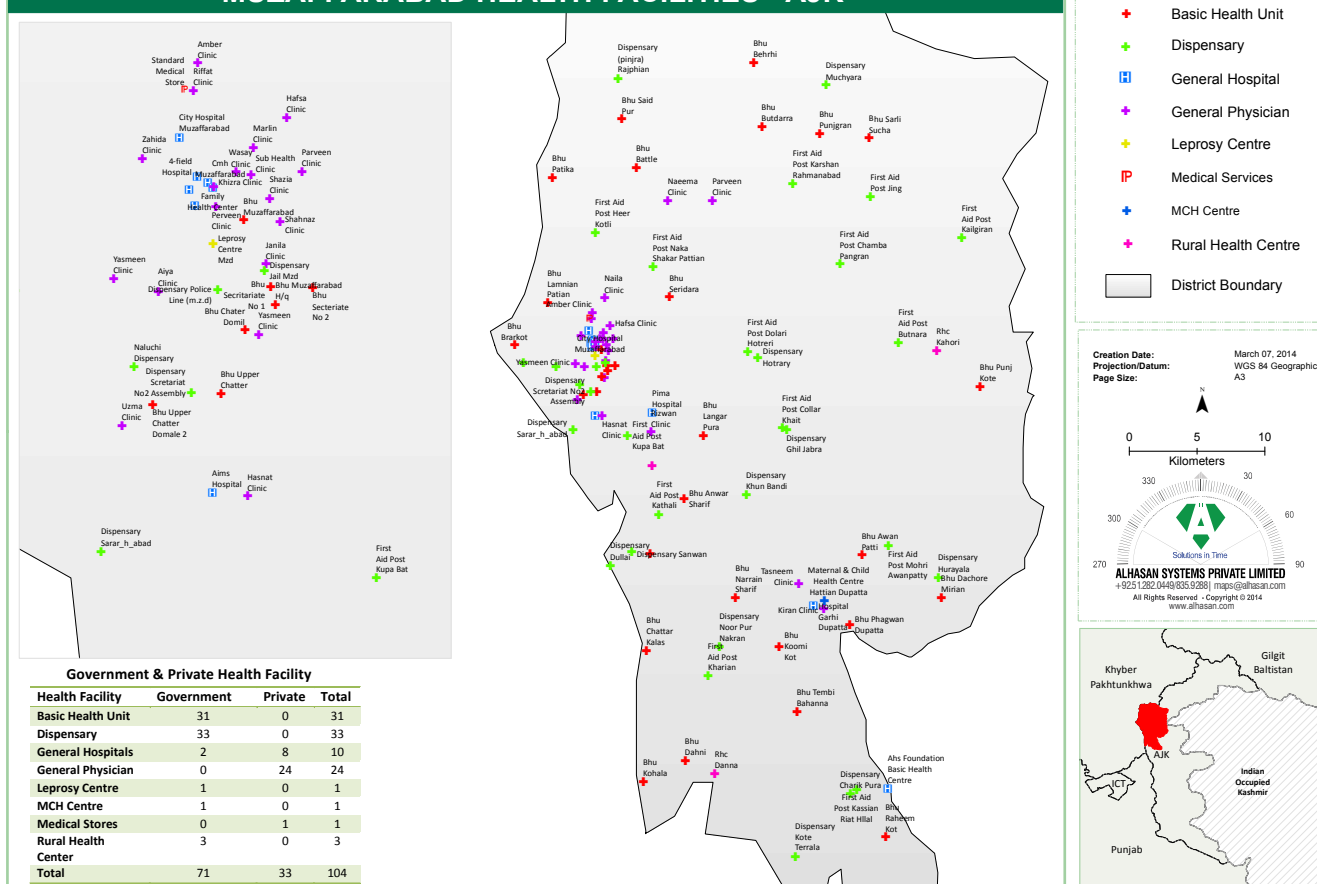
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MUZAFFARABAD HEALTH FACILITIES - AJK



ISSN 2312-1483

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NEWS HEADLINES

Health hazards: Three dengue fever cases reported

Express Tribune, March 29, 2014

Anti-Dengue Campaign: 500 volunteers to be hired in Rawalpindi

The Nation March 27, 2014

Rawalpindi: Two tyre shops sealed after mosquito larva was discovered in them

The Nation, 27 March 2014

Anti-polio campaign continues in Sindh

The News 26 March 2014

Combating polio in Pindi: 'Sehat Ka Insaf' programme replicated

Express Tribune, 25 March, 2014

Diarrhea remains major cause of childhood morbidity, mortality

The News, 21 March 2014

DETAILS

KARACHI: Three more dengue fever cases were reported on Thursday, according to health officials. "In the last few years, three to four cases were reported every week but, in the last few months, three cases are being reported every day possibly due to a change in weather pattern," said a health official.

RAWALPINDI: To overcome the shortage of staff, the Rawalpindi health department has decided to take the services of 500 volunteers in the city to ensure door-to-door anti-dengue campaign. The Rawalpindi administration is facing shortage of health workers and has decided to recruit more volunteers to help from their services who would work under the supervisions of experts. Upon the directives of the Punjab government, the city administration has started taking measures by employing the services of volunteers. These volunteers would carry out door to door anti-dengue campaign and would also spread awareness among the masses regarding taking precautionary measures in protection against the dengue. The volunteers will be working under the supervision of district health officer.

RAWALPINDI: Department of Environment district Rawalpindi has sealed two tyre shops during anti dengue campaign. District Officer Environment Mian Nawaz has told that during anti-dengue campaign raids have been conducted on 27 different places including 19 tire shops and 8 junk yards. He said, two tyre shops of Haji Sajad and Dawar have been sealed upon finding larva and for not take any precautionary measures against dengue.

KARACHI: The anti-polio drive continues for the second day in the province and it is expected that 2.5 million children between the ages of 1-5 will be administered polio drops in the metropolis. The Sindh Health Department estimates that polio drops will be administered in 81 union councils and strict security arrangements are in place. On Tuesday the anti-polio drive was conducted in 79 union councils while security concerns prevented the campaign from being carried out in 59 union councils.

RAWALPINDI: The Khyber-Pakhtunkhwa government's "Sehat ka Insaf" programme for polio immunisation has been replicated in eight sensitive union councils (UCs) in Rawalpindi district. Though district health officials denied having replicated the programme to avoid politicisation, credible sources told The Express Tribune that the polio drops were administered to children aged five and below in the eight UCs under police guard on Sundays. The drive will continue next Sunday as well, the sources said. Under the 'Sehat ka Insaf' strategy, children are vaccinated against polio in risky and highly sensitive areas in K-P on Sundays under strict security. A ban is generally imposed on bike riding, display of weapons and gathering of more than four people for a specific time. "Due to rampant attacks and killings of health workers in K-P, the idea to administer polio drops on Sundays was first floated by the PTI chief Imran Khan and adopted by the K-P government. The same strategy was also exercised 20 years ago in other countries where the drive would run for two or three days a week," said an official wishing not to be named. The official said the drive will be carried out next Sunday as well. The drive continues from 9am till 3pm. District Health Officer Dr Khalid Randhawa rejected the impression that the K-P government's strategy has been copied to run the campaign in the sensitive UCs. "We have also started the routine national immunisation campaign in other parts of the district. He said, however, that the police personnel were deployed in the sensitive areas to provide security to the polio teams.

PESHAWAR: Diarrhea remains a leading cause of childhood morbidity and mortality in developing countries and unfortunately despite simple treatment guidelines 53,300 children die of diarrhea each year in the country. Despite decades of concerted efforts and special programs diarrhea is one of the major causes of morbidity and mortality in Pakistan. Health experts claim that there have been considerable improvements with the advent of oral rehydration salts (ORS) because diarrhea causes a rapid loss of body fluids it leaves children continually at risk of dehydration. If left untreated dehydration caused by severe diarrhea is a major cause of morbidity among young children. This condition can be easily treated with oral rehydration therapy (ORT) a simple solution prepared by mixing water with a commercially prepared packet of oral rehydration salts or by making a homemade mixture of sugar salt and water. The prevalence of diarrhea was reported to be 15 percent in 1990-91 and 22 percent in 2006-07 although diarrhea prevalence varies seasonally. The prevalence of diarrhea is highest among children age 6-11 months (35 percent) a span during which solid foods are first introduced into the child's diet. This period is believed to be associated with increased exposure to illness as a result of weaning and the immature immune systems of children in this age group. Diarrhea prevalence is higher among households using a non improved source of drinking water than among households using an improved source. According to Pakistan Demographic & Health Survey 2012 13 (PDHS) Khyber Pakhtunkhwa has the highest prevalence of diarrhea (28 percent) followed by Sindh (23 percent) and Punjab (22 percent) the lowest proportion is in Balochistan (12 percent). Health Experts suggest that ORT besides including zinc which is not a substitute for ORT but when taken in addition to it can reduce the severity and duration of diarrhea. The government's standard diarrhea case management strategy includes ORT counseling on continued feeding (preferably breast feeding) and zinc tablets provided through health service outlets. ORT services have been established in all hospitals primary health care centers, lady health worker programs and non government health centers throughout the country. Health facilities and community health volunteers are the primary health providers with responsibility for treating diarrhea with ORS and zinc supplementation.

Call to address malnutrition

The Nation, March 20, 2014

LAHORE: Federal Minister for National Food Security and Research Sikandar Hayat Khan Bosan has called for adopting a multi-sector approach to address malnutrition and food safety issues. The minister said this while addressing the inaugural session of a two-day international conference and expo on "Recent Developments in Human Nutrition" organised by the University of Veterinary and Animal Sciences (UVAS) in collaboration with the Nutritionists Association of Pakistan (NAP) at a local hotel on Wednesday. University of Health Sciences Vice-Chancellor MAJ Gen (r) Prof Muhammad Aslam, GC University VC Prof Dr Khaliqur Rehman, European Union Ambassador Lars Gunner Wigemark, NAP President Dr Mussadiq Asif and others were also present.

Bosan said that the government was making nutrition-sensitive interventions in health and various other sectors like food, agriculture water and sanitation to address malnutrition and its adverse effects. He said the Ministry of National Food Security and Research has forwarded a bill to the cabinet for approval to establish a Federal Food Safety, Animal and Plant Health Regulatory Authority. He said the 18th Amendment had empowered provinces to make policies and plans to address malnutrition and food safety issues. Bosan said that his ministry would ensure implementation of such recommendations of the conference which could help prevent hunger, address malnutrition and food security issues. He also accepted a suggestion put up during the conference to establish a Nutrition & Dietetic Council. Later, talking to media, Bosan said that the government was committed and doing everything to minimise the damage caused by the Tharparkar drought. He said that there is no food security issue in the country as Pakistan had sufficient stocks of food. "But there can be involved other factors in Tharparkar drought issue. We are adopting an integrated and coordinated mechanism with provincial governments to safeguard health of masses ensuring that no such situation emerges again," he added.

UVAS VC Dr Talat Naseer Pasha said that the focus of the conference was to bring together researchers, scientists, scholars, experts and practitioners to get insight into recent scientific advancements in human nutrition, share experiences, problems and find out solutions. He said that malnutrition is not only effecting health but also the human development index and economy. "Addressing malnutrition is not a standalone subject and needs a multi-sector approach," he added.

DA to polio workers to be raised by 100pc

The Nation, March 20, 2014

KARACHI: Sindh Chief Minister Syed Qaim Ali Shah has sanctioned Rs 95 million for encouragement of polio workers by which their daily allowance (DA) would be raised by 100 percent. This amount was sanctioned by the chief minister at a meeting with the delegation of Polio Oversight Committee (POC) led by its chairperson Dr. Azhra Pachhuho which called on him here on Wednesday. The chief minister directed the Provincial Health Management to prepare PC-I for upgrading and strengthening the child and mother health care facilities, provision of nutrition supplements to the children and mothers, training for the skill development of community midwives at all districts, especially arid zones so that it could be implemented for the betterment of poor people.

LAHORE: The Punjab Assembly passed a bill on Thursday, making 48,000 lady health workers permanent employees, Express News reported.

According to the bill – named Punjab Reproductive, Maternal, Neonatal and Child Health Authority Bill 2014 – around 1,947 supervisory staff will also be regularised. The Lady Health Workers programme was suspended after the 18th Amendment as health issues were transferred from the federal government to the provinces. Due to the absence of proper provincial legislation, the issue of lady health workers was left hanging in midair. The Punjab Reproductive, Maternal, Neonatal and Child Health Authority will now be responsible for the lady health workers who will be issued confirmation letters as soon as the governor signs the bill.

Punjab Assembly passes bill regularising 48,000 lady health workers

Express Tribune, 20 March, 2014

PESHAWAR: The government of Khyber-Pakhtunkhwa (K-P) will increase the number of health workers and vaccinators under the recently approved integrated PC-1 worth Rs22.89 billion, stated a press release issued by the health department on Tuesday.

The decision was taken during the third Technical Advisory Group (TAG) meeting chaired by K-P Health Services Director General Dr Syed Abdul Waheed Shah at the health department on Monday. The group also assured that the 'K-P Protection of Breastfeeding and Young Child Nutrition Bill 2014' – which was still pending with the law department for vetting – will be passed shortly. The DG directed to form a sub-committee of TAG, which will meet with the Secretary Law Department to hear the concerns of the department and take appropriate measures to address objections, if any, so that the bill could be enacted immediately.

During the meeting, Lady Health Worker (LHW) Programme Provincial Coordinator Dr Shabina Raza presented details of the PC-1, which aims to integrate Health Service Delivery with special focus on Reproductive, Maternal, Newborn and Child Health, LHWs, Expanded Program on Immunization (EPI) and Nutrition Services. She said with the implementation of the scheme, around 80% of the population will have access to primary healthcare services and, in the next four years, the province's entire population will be immunised. "We will recruit additional 3,600 LHWs, 111 lady health supervisors, 272 community midwives, 500 vaccinators and 294 technical officers at district and provincial levels," added Shabina.

EPI Deputy Director Dr Janbaz Afridi shared the overall situation of immunisation in the province. "Measles coverage is almost insignificant and polio immunisation is our weakest area," he said, quoting the Pakistan Demographic and Health Survey of 2012-13. However, he went on to say that improvements have been seen after the recent campaigns. According to the 2013 survey,

Welcome initiative: KP to invest in immunisation, maternal and child health

Express Tribune, 19 March, 2014

Govt committed to eradicate polio by 2015: Saira

Associated Press of Pakistan, 19 March, 2014

Of goodwill and healthcare: Japan extends Rs1.38bn aid to Child Health Institute

Express Tribune 19 March, 2014

Sindh govt determined to defeat adverse situation in Tharparkar

Pak Observer 18 March, 2014

complete immunisation in K-P reached 54% which was 47% in the 2006-2007 report. "The provincial government is committed to strengthening routine vaccination and eradicating polio." He added the Sehat ka Insaf campaign aims to do just that. Nutrition and Reproductive Health Deputy Director Dr Qaisar Ali acknowledged the support of development partners, including Save the Children, for highlighting the issue of malnutrition and making it a priority on the agenda of politicians and lawmakers. Save the Children Project Manager Dr Aisha Fatima said the programme was providing reproductive health services in five health facilities of Haripur district. "Last year, 24,644 women and children benefited from Save the Children project." Sharing his views, Save the Children Advocacy and Campaign Specialist Dr Irshad Danish welcomed the approval of integrated PC-1 by the provincial government. "Its implementation will help improve mother and child healthcare in the province and put K-P on track towards achieving the Millennium Development Goals," he added.

ISLAMABAD: Minister of State for Health Regularization and Coordination Saira Afzal Tarrar has said that the government was committed to eradicate the menace of polio disease in the country by the year 2015. Talking to Pakistan Television, she said consultations had been held with the World Health Organization (WHO) to eliminate polio, measles and dengue virus, which had assured full cooperation. She pointed out that the polio disease was only detected in those countries where law and order situation was not better. The minister said an awareness campaign should be held at district level to provide information to the people about the polio. Organizations, religious scholars and Ulema should help the government in this regard, she added. To a question about the genuineness of polio vaccine, Saira Afzal said the vaccine being used in the campaign, was checked in laboratories and was beneficial for children of upto five years age.

KARACHI: Despite its limited resources, the Sindh Government Child Health Institute near Nagan Chowrangli has been managing to cater to the medical needs of more than 1,000 patients, and now it aims to serve more people after the Japan international Cooperation Agency (Jica) has granted aid worth Rs1.38 billion. Japanese ambassador Hiroshi Inomata inaugurated the construction of the new project for the improvement of the institute on Tuesday. Speaking at the ceremony, Jica chief representative Mitsuyoshi Kawasaki said, "This grant will enable the government of Sindh to expand the institute's facilities to 250 beds. It will also help procure 500 items of medical equipment. This project aims to provide advanced pediatric care and establish a strong patient referral system in Karachi."

Earlier, this hospital had only 40 beds and poor equipment, but after this project it will have 250 beds and good quality equipment, which will improve its services as currently around 60 doctors are serving approximately 1,200 patients daily, said Dr Kamran Memon, a medical officer at the institute, while talking to The Express Tribune. Nurse Aarfa Ameer said the institute had nothing when it was established and only with time, people from different parts of city started visiting the hospital as it provides all medical services for just Rs5.

According to a report by a British-based organisation, Pakistan has the highest rate of first-day deaths and stillbirths at 40.7 per 1,000 births. "Child mortality is one of the great shames of the modern world. Every day, 18,000 children under five die, and most of them from preventable diseases," the report said. "I sincerely hope this improved hospital will contribute to the community and serve as a drive for significant improvement in child healthcare in Sindh," said Kawasaki, referring to the report.

According to Inomata, "Investment in child health is an investment in the country's future. We have to ensure that all the children receive proper medical treatment." Providing good quality healthcare services is one of the reasons behind Japan's assistance to Pakistan, he added. "Upon the request of the government of Sindh, Japan decided to provide a grant aid to expand the facilities at the institute."

Minister for Law and Parliamentary Affairs Dr Sikandar Mandhro expressed deep gratitude to Japan's commitment to child healthcare in Karachi and said, "Japan has been generously contributing in the child healthcare of Pakistan, which shows the spirit of serving humanity." While addressing the staff, he said, "We should value the aid and take responsibility of the institute keeping in mind that our future is in our hands." Adding to his remarks, Sindh health secretary Iqbal Durrani said, "We have to make it a well-equipped and accessible hospital for the people."

KARACHI: Sindh Minister for information, archives and local government Sharjeel Innam Memon said Sindh government had so far distributed 120, 000 wheat bags of 100-kg each worth Rs 420 million among the drought-affected as well as sick populous of Tharparkar. The relief works were being carried out on war footing basis and it was also ensured that those people that lived in far flung areas of Tharparkar and could not reach Mithi or Deplo were being provided wheat and other goods of immediate relief at their doorsteps. He said that besides immediate relief programmes for the people of Tharparkar, Sindh government was preparing long term policies for addressing the problems of people of Tharparkar, which benefits would start coming soon. The Minister said that Sindh government being custodian of people of the province especially the people of Tharparkar would leave no stone unturned in the upliftment of Tharparkar and agri and livestock would be developed on modern lines and access to major markets would be ensured soon. Memon said that Sindh government had on special directives of Pakistan people's Prty Co-Chairman Asif Ali Zardari and Chairman Bilawal Bhutto Zardari already stationed various teams of professional and doctors including consultant gynaecologists and paediatricians and the casualties had saliently dropped due to extended measures taken by Sindh government. Medical teams were not only stationed at civil hospitals in Mithi and Deplo but had reached far flung areas of Tharparkar and the people there were being provided with medical assistance, covered

Govt protecting children against polio: President

Pak Observer 18 March, 2014

Conference: 'Misuse of antibiotics adding to major health issues'

Express Tribune 16 March, 2014

Helping hand: Red Crescent gives ration to victims

The Express Tribune 16 March, 2014

under recently launched vaccine programmes for the prevention of gastro-intestinal tract upset, malnutrition and Polio, Hepatitis B and C. The Minister said that there was no shortage of trained doctors and paramedics or medical supplies at any of the hospitals in Tharparkar while the basic health units had also been operational with accelerated actions. The Minister said that Sindh government had diligently overcome the devastating challenges that had emerged after heavy floods in Sindh and millions of people were provided with due relief and rehabilitation

ISLAMABAD: President Mamnoon Hussain has reiterated unwavering commitment of the present government to protect the children from polio and eventually eradicating the crippling disease from all parts of the country and said that the Government has declared polio eradication a health emergency. The President said this while chairing a briefing on polio eradication campaigns and the latest situation in the efforts for stamping out the disease. The meeting was attended among others by Engineer Shaukat Ullah Khan, Governor Khyber Pakhtunkhwa, Ms. Ayesha Raza Farooq, Prime Minister's Focal Person on Polio Eradication, Mr. Imtiaz Inayat Elahi, Secretary, National Health Services Regulations & Coordination, Mr. Arbab Muhammad Arif, Additional Chief Secretary FATA and Dr. Altaf Bosan, National Technical Focal Person, PM's Polio Monitoring & Coordination Cell. Ms. Ayesha Raza Farooq, PM's Focal Person on Polio Eradication, briefed the meeting on latest polio situation, the Polio campaigns and the various steps being taken by the government for eradicating the polio from Pakistan. The meeting was informed that in each of the National polio campaign, around 34 million children are being vaccinated. Mr. Arbab Muhammad Arif, Additional Chief Secretary FATA apprised the meeting about the various strategies and innovative approaches being employed by the FATA Secretariat for polio eradication in all the seven agencies and six FRs of FATA. The meeting was apprised that a new transit strategy has been introduced to cover children moving out of and into FATA through special Polio teams and transit points have been established to vaccinate these children.

ISLAMABAD: Health experts have said that misuse of antibiotics was adding to major health issues in the country. They were speaking at the launch of the nationwide "Antibiotic Stewardship Initiative in Pakistan (ASIP)" campaign on Saturday to create awareness about misuse and overuse of antibiotics and their adverse effects. The ASIP was launched at the concluding ceremony of a two-day annual conference on infectious diseases held under the theme "new challenges and frontiers in infectious diseases", organised by the Medical Microbiology and Infectious Disease Society of Pakistan (MMIDSP) at a local hotel. The conference was attended by over 350 doctors, pharmacists and medical students from across the country. Consultant pediatrician at Shifa International Hospital and MMIDSP President Dr Ejaz Khan told The Express Tribune that misuse of antibiotics was rampant in the country and causing a major health crisis. He said the drive has been launched to create awareness among the masses about the dangers of antibiotic abuse and train people at both institutional and community level. He said the ASIP aims to ensure that patients get the right antibiotics at the right time they are needed. "It will specifically focus on hospitals within Pakistan and communities where upper respiratory tract infections and diarrhoea are prevalent. These are the places antibiotics are misused most," Khan said. Antibiotic-resistant organisms were a major challenge for the management of patients and institutions and there were no new antibiotics to treat multidrug resistant organisms, he said. Talking about the spread of infectious diseases, he said it was unfortunate that in Pakistan people were dying of wholly preventable diseases. He urged the need for an immediate and comprehensive plan to control the rapid spread of infectious diseases by gathering an accurate data on the number of patients suffering from different diseases. A senior physician said the trend of prescribing antibiotics to patients suffering from mild headaches or flu was a common phenomenon, which was worrisome and alarming. "Patients are ignoring the harmful effects of antibiotics and they think the doctor has really helped them by prescribing such medicine," he said. Besides this, the trend of self-medication was also on the rise and just to increase their sales, pharmacists do not bother to even ask customers for prescriptions, he said. The doctor said there was a need to focus on providing a hygienic environment to patients and their attendants at public hospitals. Bed sheets need to be washed regularly, surgical equipment should properly be sterilised, and washroom cleanliness should be properly maintained, he said. "There are many patients who get hospital-acquired infections and usually fail to survive," he said. Earlier, Drug Regulatory Authority of Pakistan (DRAP) Director AQ Javed Iqbal said public health has always been a challenge in Pakistan. "We have to clearly understand our endemic infectious diseases and formulate our own health needs. No factor in disease control is more important than awareness." Indus Hospital Karachi Infectious Diseases Consultant Dr Naseem Salahuddin said a task force will be formed with representation from different government and private organisations to make recommendations for policymakers to tackle the challenge of misuse of antibiotic

KARACHI: The Pakistan Red Crescent Society (PRCS) provided half a month's ration and three month's medical care to 5,000 families hit by the drought. PRCS Chairman Dr Saeed Elahi and Secretary General Dr Mahboob Sardar distributed the rations among the affectees during their visit to Tharparkar. The food package for each family included flour, rice, split chickpea pulse, pink lentil, ghee, sugar, tea, salt and mineral water. The food package also includes 82,000 nutrition packs for the affectees to help alleviate malnutrition among the children and women. Dr Elahi said that PRCS will help the people suffering because of the drought and will continue supporting the people of Thar in the future too. He said that the PRCS would stay in the area till the rehabilitation of the victims is complete, and would also set up clean water supplies and health units in Thar.

World Kidney Day observed: over 25 million Pakistanis suffering from kidney diseases

Business Recorder, 14 March, 2014

In the face of surge in the incidence of chronic kidney disease in the country mainly on account of late diagnosis, high volume of stone disease and rising trend of diabetes and high blood pressure in people, World Kidney Day-2014 was celebrated on Thursday like other parts of the globe with a resolve to continue efforts for creation of healthy lifestyle by raising awareness against the diseases. To mark the day, walks, seminars, medical camps and other scientific activities were held in which experts highlighted that blood pressure and diabetes need to be controlled optimally to keep kidneys healthy and the best way to prevent their failure is early diagnosis of underlying disease and aggressive treatment. Diet, nutrition and lifestyle should be healthy throughout the life even if diabetes or blood pressure is under control, they said, adding: "Toxic drugs and fake medicines had their own considerable share in kidney damage and the disease was diagnosed through history, examinations by qualified doctors and certain tests." They said that many people knew nothing about the kidney disease until it was too late. Because of lack of awareness diagnosis gets delayed, as unlike many diseases, kidney disease often had no symptoms until it was very advanced.

World Kidney Day is a global health awareness campaign focusing on the importance of kidneys, reducing the frequency and impact of kidney diseases and its associated health problems world-wide. The day is celebrated through joint initiative of International Society of Nephrology and International Federation of Kidney Foundations. Sharif Medical City Hospital and Sharif Medical & Dental College also marked the day. A free medical screening camp was established where over 700 patients were consulted by specialist doctors of nephrology and urology. Patients were consulted and examined free of cost. Free medicines were distributed and all laboratory and radiological tests were conducted free of cost.

Professor Tahir Shafi, Nephrologist, Professor Mahmood Ali Malik Physician and Dr Rafique Zaki Urology and Renal Transplant Surgeon addressed the participants. They explained that the main reasons of kidney failure are hypertension and diabetes mellitus. People can stop injury to kidneys by adopting healthy life style and controlling their blood pressure and blood sugar, they said.

Professor Junaid Sarfraz Khan, pro Vice-Chancellor University of Health Sciences appreciated the efforts of doctors, nurses and medical students for celebrating this day. Students of Sharif Medical & Dental College distributed pamphlets in local community centers, schools and private clinics and disseminated free information among the public in surrounding urban and rural colonies. Experts said clues that can make people aware of kidney problems, are generalised weakness, increasing paleness, aches and pain, vomiting, falling appetite, body swelling, breathing difficulties and blood in urine. They further said kidney diseases also made risks for heart diseases and stroke higher. A completely failed kidney no longer filters wastes properly to keep the body healthy, they added. As per estimates, over 25 million Pakistanis are suffering from kidney diseases that are increasing dramatically and the cost of treating chronic diseases represents a leading threat to healthcare resources world-wide.

Pakistan ranks 8th in kidney diseases with 20,000 deaths every year

Pakistan Today 14 March, 2014

ISLAMABAD: Capital Development Authority (CDA) Health Services Director Dr Hasan Orooj on Thursday said that 20,000 Pakistanis die of kidney failure every year. Addressing a seminar held on World Kidney Day, organised by Shifa International Hospital (SIH), Dr Orooj said that more than 43,000 persons die every year of organ failure in Pakistan with 20,000 of renal failure and around 23,000 people die of other organs' failure, including heart, liver, lungs and pancreas, he added. He said Chronic Kidney Disease (CKD) is rapidly growing in Pakistan due to late diagnosis, high volume of kidney stone disease and increasing number of patients with diabetes and high blood pressure. He said that health equity was crucial to achieve health care goals and ensure that every citizen gets health care services without discrimination in the country. Shifa International Hospital (SIH) Consultant Nephrologist and Head of Nephrology Department Dr Farhat Abbas consuming junk and low quality food, self-medication and excessive use of medicine, low water intake, obesity, diabetes, hypertension and renal stones were a few causes of the kidney disease. He added the disease can also be inherited and stressed to know all the possible causes of kidney diseases, living a simple and active life and adopting preventive measures to avoid complications. He said that the best way to prevent kidney failure is early diagnosis of underlying disease and aggressive treatment. Dr Farhat said that around 600 million persons worldwide have some form of kidney damage. CKD is predicted to increase by 17 percent over the next decade, is now recognised as global public health issue, he added. SIH Consultant Urologist and Director Kidney Transplant Dr Saeed Akhter said that the treatment of kidney failure is either hemodialysis or kidney transplant, whereas dialysis offers an excellent short time cure. "Transplant is the option which gives the best chance of a good long term quality of life," he underlined. Highlighting the importance of cadaveric transplant, he urged to donate kidneys and other body organs after death as a deceased body can save nine lives.

Consultant Nephrologist Khawaja Sayeed Ahmed said Pakistan is at number eight in the world in kidney diseases. He said toxic drugs and fake medicines have their own considerable share in kidney damage. "It's a myth that people cannot live longer after dialysis or kidney transplant, he added. You must opt for better treatment as early as possible," he stressed. Consultant Nutritionist Dr Rezzan Khan said that to avoid kidney disease diet, nutrition and lifestyle should be healthy throughout the life even if diabetes or blood pressure is under control. She said that healthy kidneys remove waste products from the bloodstream while in chronic kidney disease waste products can build up in the blood. "Some of these waste products come from the food we eat. We may need to limit some foods to avoid complications," she added.

No polio virus in

QUETTA: No polio virus has been reported from any part of Balochistan in the last fifteen

Balochistan since 2012

Dawn, March 13, 2014

Pakistan has 8,000 registered, 100,000 unregistered AIDS patients

The Nation March 13, 2014

25 Umerkot villages declared calamity hit

Pakistan Observer, March 11, 2014

months, said a provincial official. Secretary Health Balochistan, Abdul Saboor Kakar told Dawn.com that despite looming security threats, the health department along with World Health Organization was able to vaccinate children in all parts of the province. "Since December 2012, no polio case has been reported in the province," Kakar said. "The year 2012 was considered to be the worst year for Pakistan in general and Balochistan in particular when 73 polio cases were reported here," he added. "We even eradicated polio reservoirs from Quetta," Kakar said. He mentioned there were polio virus traces in the sewerage system and water in Quetta. However the government was able to eradicate that as well. Regarding security threats, Kakar informed that in all 32 districts of Balochistan, security committees comprising officers of police and district administration were formed to ensure uninterrupted polio campaign. "Thousands of personnel escort polio teams in Balochistan," Kakar explained. He said 2.2 million children below five years were provided anti-polio vaccination across Balochistan during a three day campaign which concluded on Wednesday.

Quetta, Pishin and Killa Abdullah were declared as the most sensitive districts during the anti-polio campaign. Kakar said Killa Abdullah, which borders neighboring Afghanistan, was prone to polio virus. In 2012, a total of three cases were reported from the district. However since then, he said, no polio case has been reported from Killa Abdullah. Armed militants have targeted anti-polio teams five times in Quetta and other troubled parts of Balochistan during the last three years. At least two people were killed in those attacks. Balochistan is Pakistan's least developed province and is wracked by an insurgency.

ISLAMABAD: Pakistan has 8,000 registered AIDS patients, with at least 100,000 unregistered patients, increasing at an alarming pace.

The Programme Manager of National AIDS program, Syed Javed has verified these figures, attributing the spread of AIDS to unsafe and adulterated blood transfusion and use of contaminated syringes by drug addicts, instead of the much propagated infected sexual intercourse. There were 4308 registered AIDS patients in 2011, out of which 849 were women, 3280 men and 179 children. This increased to 5430 patients during 2012-2013, with 1660 women patients and 4147 male victims and 227 children. The manager AIDS Programme Syed Javed informed that 18 HIV-AIDS help centers were functioning in Karachi, Balochistan, Peshawar and Lahore. Syed Javed appeals to parliamentarians, commissioners and the educational system to curb this rising menace

HYDERABAD: Relief Commissioner Sindh, Lala Fazal Rehman said here Monday that the Sindh Government has declared 25 villages of Taluka and district Umerkot as calamity affected areas. According to details Di more, Shakhro, Mokhal Bah, Dhooher, Laplo, Horingo, Kaplore, Lal Bah, Kacholi, Souheri, Umerkot Thar, Verw Thar, Khalral Thar, Bahrahi Thar, Khaoro Thar, Diyat Bah, Junhero Thar, Sadhori Thar, Sabhri Thar, Tar Samo, Senhoi Thar, Nabi Sir Thar, Rajhar Thar, Rajari Thar, and Chhori Thar have been declared as calamity hit areas. Peshawar: The Khyber Pakhtunkhwa Government's caravan of trucks carrying relief goods and food packages has reached drought-hit Thar Parkar Sindh province that would be distributed among the affected people.

According to Spokesman of Provincial Disaster Management Authority (PDMA) here on Monday, the caravan of the trucks loaded with relief goods, dry fruits, milks, coking oil, pulses, flour bags sugar, and food packages, baby milks besides other essential items have reached to drought hit Thar that would be distributed among the affected people under the supervision of Deputy Commissioner Thar, senior officials of National Disaster Management Authority and Sindh Govt. The relief goods include, 60 tons rice, 10,000 flour bags each 20 kilogram, 60 tons packets of pulses, 30 tons sugar packets, 10ton tea, 2000 tons dry milk packets, 5000 coking oil, 10 tons dates packets, one ton salts packets, 15000 packets of biscuits, 5000 packets of high energy biscuits and milks packets for children and infants of Thar district. The spokesman said the relief goods sent on the directives of Chief Minister KP Pervaz Khattak, was accompanied by an eight member team of PDMA with a direction to stay there for the assistance of their needy brothers. He said another caravan of trucks with relief goods would also reached Thar from Badin to Thar on Tuesday. The Khyber Pakhtunkhwa government has announced a food package of 100 million rupees for the affectees of Thar. The Chief Minister Khyber Pakhtunkhwa, Pervaz Khattak has directed Provincial Disaster Management Authority (PDMA) to purchase food items including rice, flour, pulses, sugar, tea, cooking oil, dates, salt, water, baby milk and medicines from the local market on emergent basis and arrange its transportation to the victims of Thar. The Chief Minister has expressed grief over the situation in Thar and assured the residents that KP government will not leave its brethren of Thar alone in this hour of need.

Islamabad: State Minister for Health, Saira Afzal Tarad on Monday said that federal government is extending all necessary support to help the people particularly children living in Tharparkar area. She said that transportation of medicine, food, water and other facilities are being ensured in Tharparkar area. Talking to Pakistan Television channel, she said that some areas of Sindh are direly in need of special attention. She said that weak health of the women of these areas are major reason due to which the children are fighting with multiple disease. She said that federal government is helping the provincial government to resolve the problems being faced by the children and women of the remote and far flung areas of Sindh. Replying to a question Minister said that there is need to evolve short and long term strategy to address the issues confronted the masses living in Sindh areas. Sindh Food Minister Jam Mahtab said that relief items including food and water are being dispatched in the less developed areas of Sindh including Tharparkar and Mithi so that the people could avail the basic facilities without further delay. He, however said that there are some transportation problems for sending the relief items in difficult area.

No vaccination drive in Waziristan due to Taliban ban

Dawn, 11 March, 2014

PESHAWAR: A three-day anti-polio drive started on Monday across the Federally Administered Tribal Area (Fata) except North and South Waziristan Agencies and parts of adjoining FR Bannu due to a Taliban ban. The drive targets about 713,051 children below five years of age. Meanwhile, in Mohmand Agency, the campaign will begin on Tuesday, while it was deferred till March 17 in Khyber Agency due to an ongoing army action against militants there. Secretary social sector Fata Capt (retd) Sardar Mohammad Abbas inaugurated the campaign by administering oral polio vaccine to children at the Fata Secretariat here. According to a press release, the vaccinators will not visit the areas where militants had banned drops due to threats. A total of 2,324 mobile, 245 fixed and 72 transit teams comprising volunteers and vaccinators would administer drops to targeted children in the tribal areas under strict security arrangements, said the press release.

Speaking on the occasion, Mr Abbas called upon the people to take active part in anti-polio campaign to ensure that all the targeted children got immunised to protect them from the crippling ailment. Director health services Fata Dr Pervez Kamal and WHO's Dr Sarfaraz Khan Afridi also spoke on the occasion. Fata recorded 24 polio cases of the nationwide 27 cases in 2014. Of them, 21 are from North Waziristan and one from South Waziristan while three children are from whole of Khyber Pakhtunkhwa. In 2013, Fata accounted for 67 polio cases of the total 93 recorded in Pakistan. North Waziristan again recorded the highest number of 36 cases followed by Khyber with 20 and South Waziristan one, as children couldn't be vaccinated due to a ban slapped by Taliban in June 2012. Meanwhile, in Mohmand Agency, a total of 89,713 children will be vaccinated in the anti-polio drive to be started on Tuesday (today), said EPI coordinator Dr Shabir Ahmad.

KHAR: The anti-polio drive was launched in Bajaur Agency amid tight security to ensure safety of health workers. Political Agent Syed Abdul Jabbar Shah asked the health department to speed up its activities and also involve tribal elders and religious leaders to make the anti-polio drive a success. Field supervisor medical officer, Bajaur Dr Inayat Rahman told reporters that 636 teams would take part in the three day effort to vaccinate in 227,000 children in the agency. He said the local administration had taken extraordinary security arrangements for the protection of polio teams. Meanwhile, Khyber Pakhtunkhwa Governor Shaukatullah Khan directed the relevant authorities to ensure involvement of communities in vaccination campaign to eradicate polio from Fata. He visited the Fata Polio Control Room on Monday where he said government was committed to eliminating polio from the region. In this connection, every effort was being made to ensure child vaccination to save them from the crippling virus, he added, according to a press release issued here. Mr Shaukatullah said relevant authorities should remain in constant contact with agency headquarters hospitals to ensure smooth supplies of quality vaccines. He was also informed that there was no issue of refusals in Fata except few areas of Khyber and Waziristan Agencies. He was informed that Fata Secretariat was approaching the relevant quarters to remove constraints in specific areas.

Swine flu on the prowl as another patient dies

DAWN, 11 March, 2014.

MULTAN: Another Swine Flu patient died in Nishtar Hospital here, taking the death toll to four. The deceased was identified as Ikram, 36, resident of Shorkot. Hospital sources said that the condition of two other patients was precarious and they were put on life support. Earlier, three patients namely Mahmood ul Hassan Humaira and Rubina had died of Swine Flu in Nishtar Hospital. Although four patients have so far died of Swine Flu attack, the Advisor Health Punjab Salman Rafiq insists that there is no Swine Flu in Pakistan and all the patients admitted to hospitals are suffering from ordinary influenza. Keeping in view intensity of virus attack, the government has taken a number of steps including declaration of emergency at Nishtar Hospital. Similarly, an Influenza counter has also been set up at emergency Ward while a High Dependence Unit (HDU) and isolation area were established in Ward No-27 besides installation of ventilators at the HDU. The Advisor Health has assured Nishtar administration that more ventilators will be sent to the hospital, but still he claims that it is attack of ordinary influenza.

Rs. 114M GRANT APPROVED: The provincial government has approved a grant worth Rs114 million for installation of shelters in graveyards and construction of their boundary walls in Multan division. Sources said that the grant is a second chunk released under a programme to protect the cemeteries from land grabbers. Earlier, another grant of Rs. 114 million has been spend on construction of boundary wall of graveyards in Multan division. All the cemeteries will be made gated entities and the new grant will be spent before June 30th.

FINAL: The final of President Trophy Grade-1 Cricket Match will be played between UBL and Sui Northern teams at Multan Cricket Stadium and a number of national and international starts including captain of national team Misbahul Haq will be in action. The five-day final will begin from March 12 and continue till 16 and the entry into the stadium will be free. The district administration has decided to make the match a historic event as special arrangements will be made for the match. Sources said that walk through gates will be installed at the entry points of the stadium besides special security, cleanliness, parking and other arrangements.

Famine-like situation in Thar after severe drought

Pak Tribune, 07 March, 2014.

KARACHI / MITHI: Most areas of Sindh's Tharparkar district are facing a famine-like situation and at least 32 malnourished children are reported to have died. About 175,000 families are reported to have been affected and some of them have been forced to leave their homes and move to barrage areas.

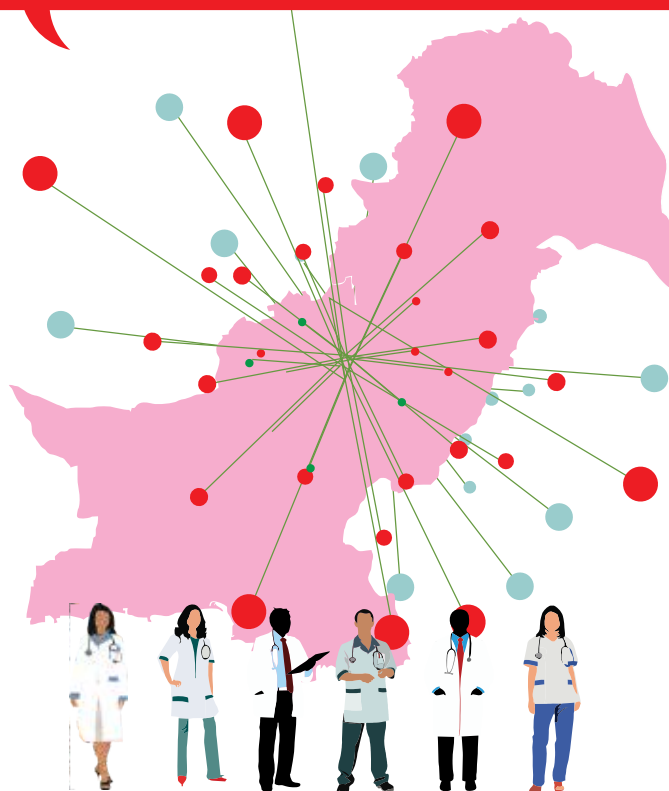
According to a report received on Thursday, PPP patron-in-chief Bilawal Bhutto-Zardari has expressed concern over the situation and ordered the Sindh government to immediately launch a relief operation. He has set up a special committee to monitor the situation. The

PPP leader called his adviser on minority affairs, Surendar Valasai, who is from Thar, and said he would take up the issue with Chief Minister Qaim Ali Shah to ensure that relief and rehabilitation measures were undertaken across the affected area. He said elected representatives, leaders and workers of the PPP would fully cooperate with the Sindh government in ameliorating the situation. Only nine of 166 dehs in Tharparkar district are located in the command area of a barrage. The rest are in the desert where people mostly depend on rain for growing food and fodder crops. The area received no rain, except a little drizzle in the beginning of the current season. Almost all reservoirs have dried up and Thar is facing a famine-like situation. Tharparkar is hit by drought every two or three years, causing severe shortage of food, resulting in malnutrition, diseases and death. Children and pregnant women are affected the most. There is no proper healthcare facility in the Mithi Civil Hospital where the 32 children have died because of malnutrition. A large number of sheep, camels, cows and goats have died in the arid, rain-dependent district. Scores of peafowl have perished in various villages, but the wildlife department is yet to take any significant step to improve the situation. Reports received from Diplo, Chhachhro, Islamkot, Dahli and Nagarparkar suggest that many poor Thari families were moving to barrage areas, along with their livestock. Relatives of the patients admitted to the hospital in Mithi complained that its administration was not providing medicines and they were forced to buy expensive drugs. "We cannot feed our children, how can we purchase medicines?"

District Health Officer Dr Abdul Jalil Bhurgri told Dawn that 36 children were reported to have died in the Civil Hospital. Twenty-three of them were under five years of age and underweight. The main cause of death was malnutrition.

MPA Dr Mahesh Kumar Malani visited the hospital on Wednesday, along with Tharparkar Deputy Commissioner Makhdoom Aqil-uz-Zaman. Civil Surgeon Dr Jawaharlal told them that shortage of medicines, doctors, paramedics and sanitary workers had added to people's misery. Mr Malani assured the hospital administration that the problems would be solved soon. Although the Sindh government has declared Tharparkar a calamity-hit district, it is yet to take any concrete measure to avert further losses. Its announcement to provide 60,000 wheat bags to the drought-hit people of Thar is yet to materialise. The district administration is reported to have told the relief commissioner that 60,000 wheat bags would not meet the requirement of about 175,000 drought-hit families.

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HUMANITARIAN INTERVENTION'S IN HEALTH SECTOR

7 million premature deaths annually linked to air pollution

WHO

25th March 2014

In new estimates released today, WHO reports that in 2012 around 7 million people died - one in eight of total global deaths – as a result of air pollution exposure. This finding more than doubles previous estimates and confirms that air pollution is now the world's largest single environmental health risk. Reducing air pollution could save millions of lives.

New estimates

In particular, the new data reveal a stronger link between both indoor and outdoor air pollution exposure and cardiovascular diseases, such as strokes and ischaemic heart disease, as well as between air pollution and cancer. This is in addition to air pollution's role in the development of respiratory diseases, including acute respiratory infections and chronic obstructive pulmonary diseases.

The new estimates are not only based on more knowledge about the diseases caused by air pollution, but also upon better assessment of human exposure to air pollutants through the use of improved measurements and technology. This has enabled scientists to make a more detailed analysis of health risks from a wider demographic spread that now includes rural as well as urban areas.

Regionally, low- and middle-income countries in the WHO South-East Asia and Western Pacific Regions had the largest air pollution-related burden in 2012, with a total of 3.3 million deaths linked to indoor air pollution and 2.6 million deaths related to outdoor air pollution.

"Cleaning up the air we breathe prevents noncommunicable diseases as well as reduces disease risks among women and vulnerable groups, including children and the elderly," says Dr Flavia Bustreo, WHO Assistant Director-General Family, Women and Children's Health. "Poor women and children pay a heavy price from indoor air pollution since they spend more time at home breathing in smoke and soot from leaky coal and wood cook stoves."

Included in the assessment is a breakdown of deaths attributed to specific diseases, underlining that the vast majority of air pollution deaths are due to cardiovascular diseases as follows:

Outdoor air pollution-caused deaths – breakdown by disease:

- 40% – ischaemic heart disease;
- 40% – stroke;
- 11% – chronic obstructive pulmonary disease (COPD);
- 6% - lung cancer; and
- 3% – acute lower respiratory infections in children.

Indoor air pollution-caused deaths – breakdown by disease:

- 34% - stroke;
- 26% - ischaemic heart disease;
- 22% - COPD;
- 12% - acute lower respiratory infections in children; and
- 6% - lung cancer.

The new estimates are based on the latest WHO mortality data from 2012 as well as evidence of health risks from air pollution exposures. Estimates of people's exposure to outdoor air pollution in different parts of the world were formulated through a new global data mapping. This incorporated satellite data, ground-level monitoring measurements and data on pollution emissions from key sources, as well as modelling of how pollution drifts in the air.

Risks factors are greater than expected

"The risks from air pollution are now far greater than previously thought or understood, particularly for heart disease and strokes," says Dr Maria Neira, Director of WHO's Department for Public Health, Environmental and Social Determinants of Health. "Few risks have a greater impact on global health today than air pollution; the evidence signals the need for concerted action to clean up the air we all breathe."

After analysing the risk factors and taking into account revisions in methodology, WHO estimates indoor air pollution was linked to 4.3 million deaths in 2012 in households cooking over coal, wood and biomass stoves. The new estimate is explained by better information about pollution exposures among the estimated 2.9 billion people living in homes using wood, coal or dung as their primary cooking fuel, as well as evidence about air pollution's role in the development of cardiovascular and respiratory diseases, and cancers.

In the case of outdoor air pollution, WHO estimates there were 3.7 million deaths in 2012 from urban and rural sources worldwide.

Many people are exposed to both indoor and outdoor air pollution. Due to this overlap, mortality attributed to the two sources cannot simply be added together, hence the total estimate of around 7 million deaths in 2012.

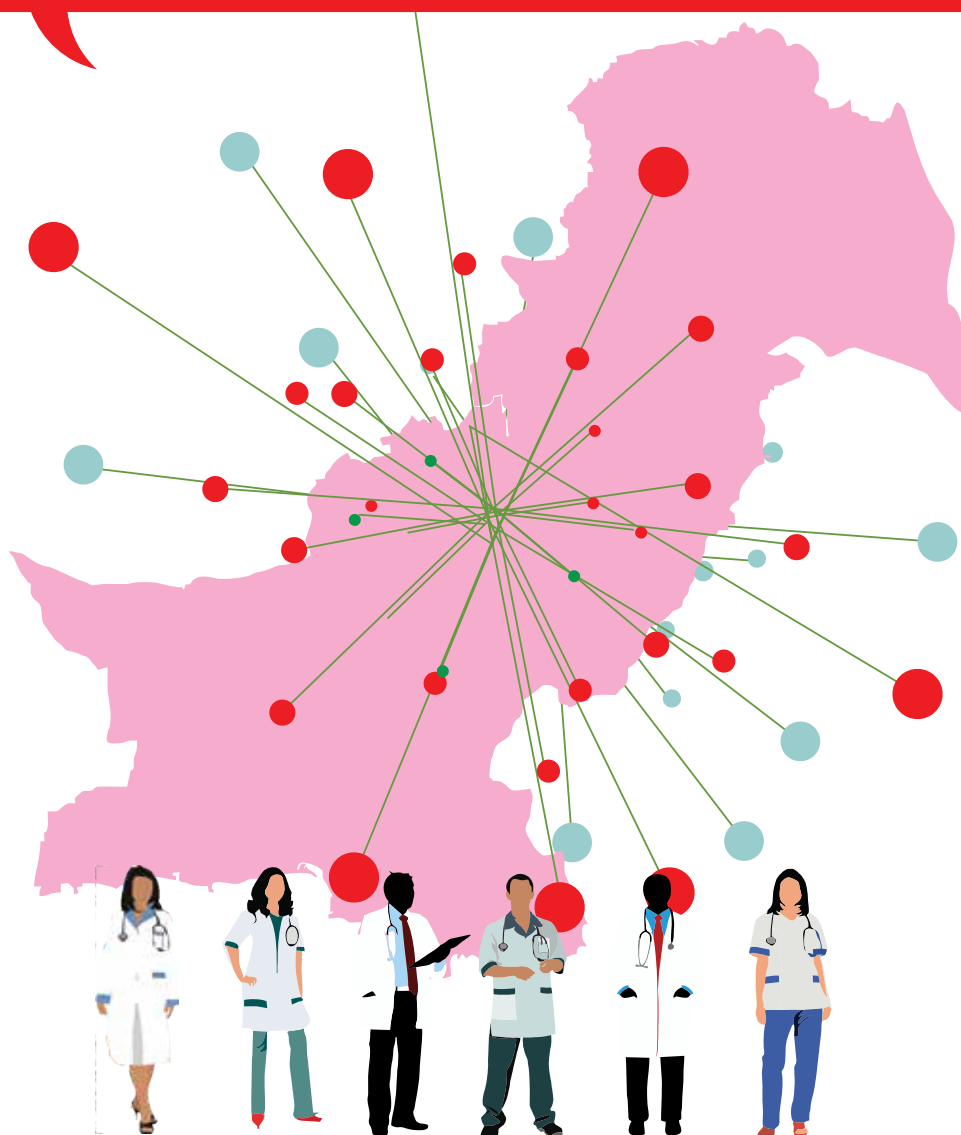
"Excessive air pollution is often a by-product of unsustainable policies in sectors such as transport, energy, waste management and industry. In most cases, healthier strategies will also be more economical in the long term due to health-care cost savings as well as climate gains," says Dr Carlos Dora, WHO Coordinator for Public Health, Environmental and Social Determinants of

Health. "WHO and health sectors have a unique role in translating scientific evidence on air pollution into policies that can deliver impact and improvements that will save lives."

The release of today's data is a significant step in advancing a WHO roadmap for preventing diseases related to air pollution. This involves the development of a WHO-hosted global platform on air quality and health to generate better data on air pollution-related diseases and strengthened support to countries and cities through guidance, information and evidence about health gains from key interventions.

Later this year, WHO will release indoor air quality guidelines on household fuel combustion, as well as country data on outdoor and indoor air pollution exposures and related mortality, plus an update of air quality measurements in 1600 cities from all regions of the world.

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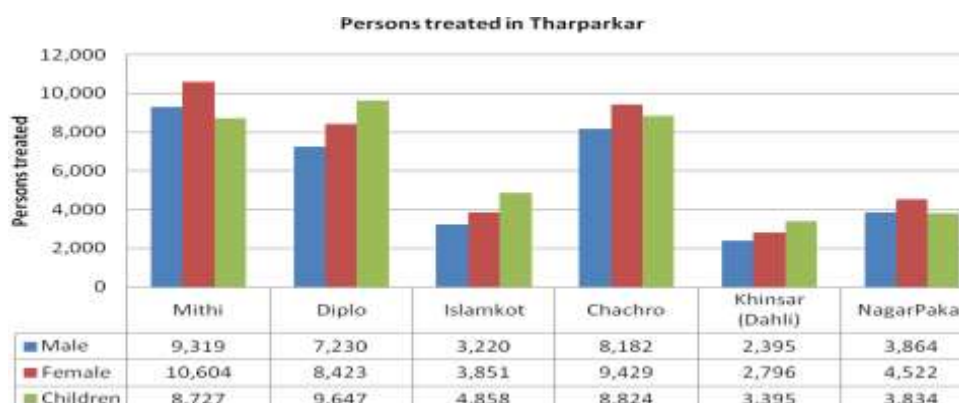
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THARPARKAR DROUGHT SITUATION

Government, NGO & INGO Health Intervention in Tharparkar

Medical Services Provided by NDMA, PDMA and Armed Forces

The Graph below illustrates taluka wise number of persons treated with medical services provided by the NDMA, the PDMA and the Armed forces in district Tharparkar



The Table below illustrates number of People treated by NDMA, PDMA and Government in the drought affected districts of Sindh as per 31-March 2014.

District	Taluka	No. of Persons Treated			
Umerkot		Male	Female	Children	Total
	25 Dehs only	9,449	10,220	4,941	24,610
Khairpur	Nara	1,635	1,157	1,163	3,955
Sanghar	Sanghar	2,538	2,822	1,577	6,937
	Khipro	1,746	1,910	501	4,157

Note: Figures include both Govt. & Armed Forces treated persons.

VETERINARY: 2,056 Animal deaths have been reported. Major cause of animal death is sheep pox that resulted in the death of 2,042 sheep and goats. Besides, 14 large animals also died due to foot and mouth (FMD) and metabolic diseases. For the treatment of livestock, 17 mobile vaccination teams have been employed. So far 2.811 million animals in Tharparkar and 0.42 million in Umerkot and Khairpur have been treated /vaccinated.

Source: Tharparkar Drought Situation Report/ NDMA /updated on 31-3-2014

Updates from District Health Officer Tharparkar 31-3-2013

Name of Health Facilities	Total Admissions				No. of cases attended OPD			No. of cases referred		
	Under 5 years	Malnourished under 5 years out of Admission	Above 5 years	Total	Under 5 years	Above 5 years	Total	Under 5 years	Above 5 years	Total
CH MITHI	12	2	49	61	156	732	888	0	4	4
THQ Diplo	1	0	8	9	58	335	393	0	0	0
THQ Nagerparkar	5	1	2	7	50	174	224	0	0	1
THQ Chachro	12	2	19	31	64	323	389	0	2	2

RHC Islamkot	2	0	3	5	147	198	345	0	0	0
Mobile Camps	0	0	0	0	978	795	1773	0	0	0
TOTAL	32	5	81	113	2557	2557	4012	0	6	7

Note :The Table below is Continuation of the above Table

Total No. of malnourished cases under 5 years Attended OPD	No. of children admitted in Nutrition stabilizing center.	Total No of Deaths			No of camps		No. of Patients treated		Stock position of vaccines	
		Under 5 years	Above 5 years	Total	Fixed	Mobile	Fixed	Mobile	ASV	ARV
9	2	1	0	1	1	0	888	0	132	64
6	0	0	0	0	1	0	393	0	64	0
0	0	0	0	0	1	0	224	0	71	4
4	0	0	0	0	1	0	389	0	62	49
12	0	0	0	0	1	0	345	0	100	7
145	0	0	0	0	0	12	0	1773	0	0
176	2	1	0	1	5	12	2239	1795	429	124

Source: Daily Health Report/District Health Officer, District Tharparka/distributed on 31-3-2014

Updates from District Health Officer Umerkot 31-3-2013

Name of Health Facilities	Total Admissions			No. of cases attended OPD			No. of cases referred		
	Under 5 years	Above 5 years	Total	Under 5 years	Above 5 years	Total	Under 5 years	Above 5 years	Total
DHQ Hospital Umerkot	10	24	34	82	728	810	0	0	0
THQ Hospital Kunri	1	30	31	48	265	313	0	0	0
THQ Hospital Samaro	1	16	17	84	315	399	0	0	0
THQ Hospital Pithoro	43	44	87	106	404	510	0	0	0
RHC Nabisar Road	1	19	20	35	151	186	0	0	0
RHC Dhoronaro	0	2	2	24	156	180	0	0	0
RHC Hyder Farm	0	0	0	29	69	98	0	0	0
RHC Chhore	0	0	0	14	49	63	0	0	0
RHC Fakir Mohd.Amin mangrio	0	0	0	13	32	45	0	0	0
RHC Khokhrapar	0	1	1	7	59	66	0	0	0
Total	56	136	192	442	2,228	2,670	0	0	0

The Table below is a continuation of the table above and lists out the Health Situation in District Umerkot

Name of HF	Total No of malnourished cases under 5 years	Total No. of malnourished cases attended OPD	No. of children admitted in Nutrition stabilizing center (NSC)	Stock position of vaccines	
				ASV	ARV
DHQ Hospital Umerkot	51	53	2	56	27
THQ Hospital Kunri	4	4	0	11	1
THQ Hospital Samaro	4	4	0	12	25
THQ Hospital Pithoro	26	28	0	26	41
RHC Nabisar Road	7	9	0	21	14

RHC Dhoronaro	8	10	0	2	3
RHC Hyder Farm	0	0	0	0	0
RHC Chhore	0	0	0	0	0
RHC Fakir Mohd.Amin mangrio	4	0	0	0	0
RHC Khokhrapar	0	0	0	15	0
Total	104	108	2	143	111

Source: Daily Health Report/ by District Health Officer, District Umerkot/ distributed on 31-3-2014

PRCS - Updates

PRCS has successfully completed its first round of distribution by assisting 2500 drought affected families in the district Tharparkar. The distribution of next 3,000 food packs is in process. The detail breakdown is as follows: -

Date	Activity	Taluka/ Tehsil	Village Name	Food distributed	Total Beneficiary Registered
15 th Mar, 2014	Distribution	Mithi	Tharar	300 HH	300 HH
16 th Mar, 2014	Distribution	Diplo	Dabro	200 HH	200 HH
17 th Mar, 2014	Distribution	Diplo	Sobiyar	200 HH	200 HH
18 th Mar, 2014	Beneficiary Registration	Diplo			400 HH
19 th Mar, 2014	Distribution	Mithi	Mithi	19980 packs of ¼ ltr Milk	400 HH
20 th Mar, 2014	Distribution	Diplo	Karehar (355) and Sobihar(45)	400	200 HH
21 st Mar, 2014	Distribution	Diplo	Veri jhap (436) and Sharef Sheikh (64)	500	300 HH
22 nd Mar, 2014	Distribution	Mithi	Sagror (200) and Battari (200)	400	
25-26 Mar, 2014	Distribution	Diplo	Sadoee, Gipan and Sugar	500	500
Total				2500 HH	2500 HH

Source: PRCS

The food composition for 2000 food packs is as follows

Item	Quantity /Family	Remarks
Wheat Flour	20kg	Food Pack of 75 kg for 7 persons for 2 weeks
Rice	15kg	
Split Chickpea Pulse	6kg	
Pink Lentil	6kg	
Ghee	5kg	
Sugar	7kg	
Tea	1 kg	
Salt	1 kg	
Mineral Water	6 bottles (1.5 ltr each)	
BP-5 Biscuits	5 kg	
Total	75kg	

Source: PRCS

The food composition of 500 Food Packs distributed on 25-26 Mar, 2014 is as follows:

Area	Content
Tehsil: Diplo UC: Dabro Villages: Sadoee, Gipan and Sugar	Total weight of one Food Pack: (39 Kg) Wheat Flour (10 Kgs.), Rice (10 Kgs.), Sugar (5 Kgs.), Ghee (2 Kgs.), Milk Powder (1 Kg.), Tea (500 gms.) & Salt (500 gms.) Pink Lentil (Ex-Turkish) 10 kg

Source: PRCS

Health

PRCS 1x Mobile health unit (MHU) and 1 x Static Units (HR supported by German Red Cross) are working in the affected areas providing health and care services to the drought affected people. The major diseases being reported are ARI, skin diseases and generalized weakness. So far they have treated **5,038 patients**; details are as follows:

Date	LOCATION	TOTAL PATIENTS	DISTRIBUTION PATIENTS BY AGE AND SEX							
			Under 5		6 to 15		16 - 45		ABOVE 45	
			M	F	M	F	M	F	M	F
MHU 1	MHU-UC Malenhore illage Malnhore Khanji	2432	295	274	284	263	221	543	247	305
MHU 2	SHU-UC Mithi (Misri Shah) Mithi, Kiper & Jonejo	2606	92	84	169	85	746	805	273	352
TOTAL		5038	387	358	453	348	967	1348	520	657

Source: PRCS

Polio Cases Recorded in Pakistan till 31-3-2014

Confirmed Polio Cases in Pakistan District/ Area Wise. (2014)		
Province/ Region	District/ Area	Total Cases
Khyber Pakhtunkhwa	2	5
FATA	4	33
Punjab	-	-
Sind	1	1
Balochistan	-	-
Gilgit Baltistan	-	-
Total	7	39

Source: EPI

DISTRICT HEALTH PROFILE MUZAFFARABAD

Who Health Facilities Standards

	WHO Standard per 10,000 Population
Beds	25
Health Facilities	2
Health workforce	23

Source: WHO

Health Indicators of Muzaffarabad

The table above indicates the Health Indicators of Muzaffarabad district as given by Govt of AJK

Indicators	Number
Infant Mortality Rate	58/1000 live births
Under five Mortality Rate	88/1000 live births
Maternal Mortality Rate	201/100000 live births
Total Fertility Rate	4%
Contraceptive prevalence Rate	31%
EPI Coverage	93% (Reported in 2009)
Number of Beds per population	1:1690 (National Criteria 1:1000)
Doctors per population	1:5507 (National Criteria 1:1500)
Dental Surgeon per population	1:56716
Nurse per Population	1:12102

Source: Health Department Govt of AJK http://health.ajk.gov.pk/index.php?option=com_content&view=article&id=63&Itemid=96

Muzaffarabad Public Health Facilities

Facilities	Health Facilities
CMH	1
DHQ Hospitals	-
THQ Hospital	-
Civil Hospital	-
AIMS (Abbas Institute of Medical Sciences)	1
TB General Hospital	-
Institute of Cardiology	-
Dental Hospital	1
RHCs	4
BHUs	36
Dispensaries	14
FAPs	41
MCH Centres	37
TB Leprosy Centres	8
Unani Dispensaries	2
Dental Centres	5
Teaching Institute (Nursing Sch./ Paramedic Inst.)	0
EPI Centres	54
Malaria Sub Centres	44
In Service Training School	1

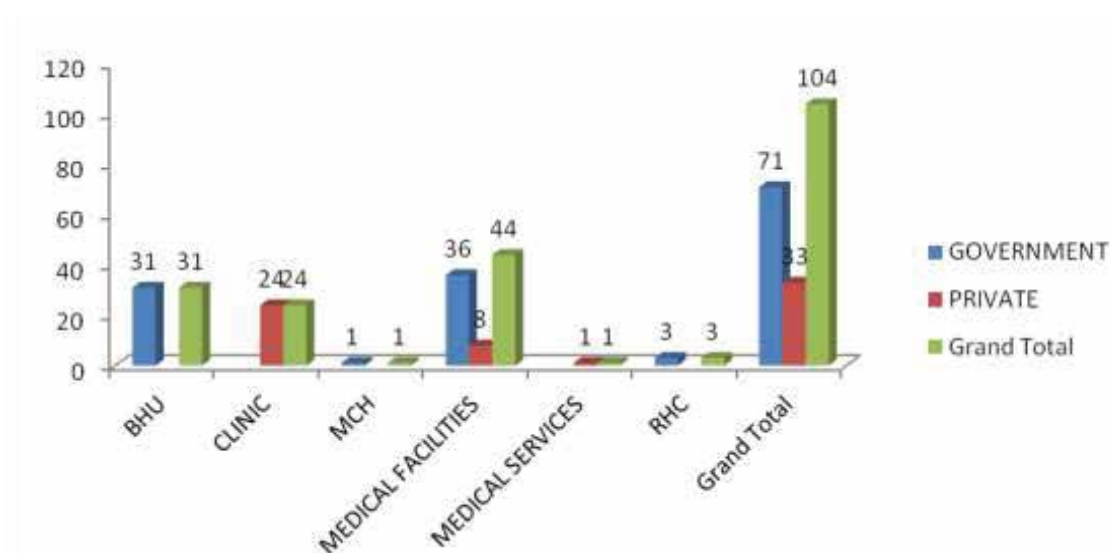
Data Source: Muzaffarabad Health Department

Muzaffarabad Public and Private Health Facilities - According to the data collected by ALHASAN Systems (Pvt) Ltd in the year 2014, The table below illustrates the total number of public and private Health Facilities in Muzaffarabad are 104. However the data given above by Muzaffarabad Health departments illustrates the number of Public Health facilities in Muzaffarabad which are 236. This shows a stark difference in the number given by the government department and by Al-Hassan systems (pvt) Ltd. website of Muzaffarabad Health Department.

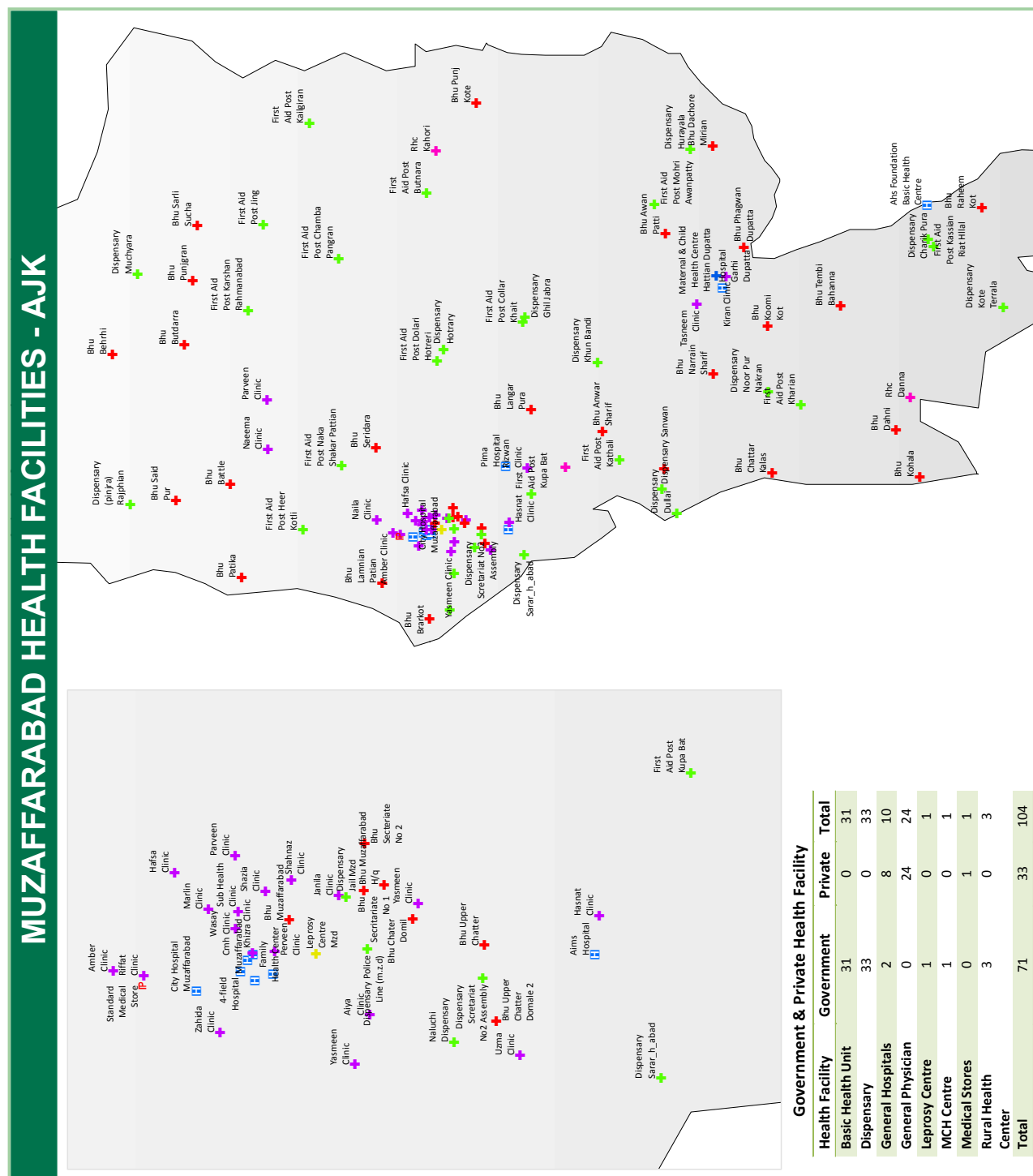
Type	GOVERNMENT	PRIVATE	Grand Total
BHU		31	31
CLINIC		24	24
MCH	1		1
MEDICAL FACILITIES	36	8	44
MEDICAL SERVICES		1	1
RHC	3		3
Grand Total	71	33	104

Source: Al- Hassan

The graph below illustrates the number of Public Health facilities given by Alhassan Systems (pvt) Ltd is only 71 which is very less compared to the official number given by Muzaffarabad Health department .



Source: Alhassan systems (pvt) Ltd



World TB Day: Over One Million Children Contracted TB Last Year

Editorial Published in The Nation
March 24, 2014

As many as 32,000 children worldwide become sick each year with a drug-resistant "superbug" strain of tuberculosis, according to new estimates by U.S. researchers that for the first time quantify rates of this difficult-to-treat form of TB.

Overall, as many as 1 million children become sick with TB each year, about twice the number previously thought, and of these, only a third of the cases are ever diagnosed, the study found.

"A huge proportion (of children) are suffering and dying from TB unnecessarily," said Helen Jenkins of Brigham and Women's Hospital's Division of Global Health Equity, the lead statistician on the study published on Sunday in the *Lancet*. The findings, published as part of a special theme issue of *Lancet* to commemorate World TB Day on March 24, offer the clearest picture yet of the global burden of tuberculosis among its youngest victims, and for the first time estimate the burden of multidrug-resistant tuberculosis or MDR-TB.

"Despite children comprising approximately one quarter of the world's population, there have been no previous estimates of how many suffer from MDR-TB disease," said Dr Ted Cohen, also of the Harvard-affiliated Brigham and Women's Hospital, and a co-author on the paper.

For decades, researchers had largely ignored tuberculosis infections in young children, in part because children are less likely to transmit the disease than adults. TB infections are especially hard to diagnose in children because the infection looks different in children than adults. The disease is caused by bacteria that typically attacks the lungs and is often spread through the air when people who have an active infection cough. Tuberculosis typically attacks the lungs and is spread

through the air when people who have an active infection cough.

"In kids, you are much more likely to have TB disease in other parts of the body, not necessarily in the lungs," Jenkins said. Even when children do have TB in their lungs, there are fewer TB pathogens present, "making kids with TB invisible" to current diagnostic methods, she said. To arrive at their estimates, Jenkins and colleagues scoured publicly available databases and devised a way to correct for chronic underreporting of TB in children.

"What we found was that whereas previous estimates for the total number of TB cases in kids were about half a million, when you account for (underreporting) in your estimates, it's more like 1 million children develop active TB disease every year," she said.

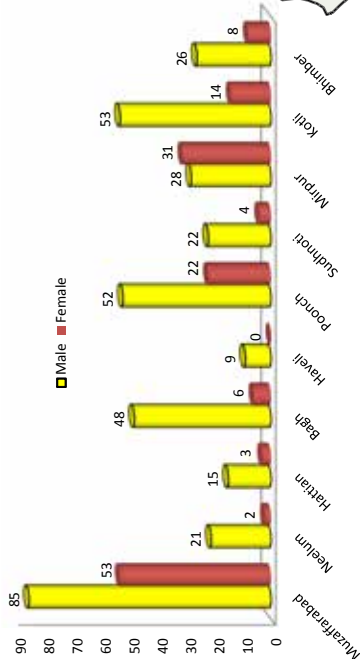
The World Health Organization estimates that 8.6 million people developed TB in 2012 and 1.3 million died from the disease. According to the WHO, half a million people became sick with dangerous superbug strains of tuberculosis in 2012, it estimates that up to 2 million people worldwide may be infected with drug-resistant TB by 2015. Keeping track of TB rates in children is important for two reasons, Jenkins said.

First, children with drug-sensitive forms of TB generally respond very well to treatment. Second, because TB disease develops very quickly in children, often within weeks of exposure, finding an infected child can offer key clues about TB transmission within a community. "That's telling you you've got some kind of system failure going on there," Jenkins said. She said the findings illustrate the need for better methods of collecting data on childhood TB, including better diagnostics and more systematic data collection.

HEALTH PROFESSIONALS WORKFORCE BY DISTRICT - 2012

AZAD JAMMU AND KASHMIR

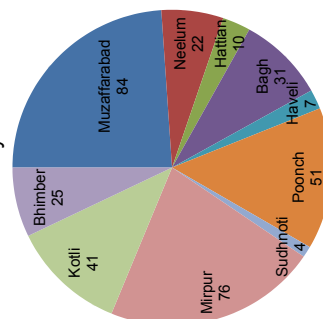
No. of Male Doctors & Female Doctors by District - 2012



No. of Health Care Professionals by District - 2012

District	Doctor	Nurses	LHVs	Midwives
Muzaffarabad	138	84	38	18
Neelum	23	22	11	3
Hattian	18	10	11	3
Bagh	54	31	27	4
Haveli	9	7	11	13
Poonch	74	51	39	12
Sudhnoti	26	4	19	6
Mirpur	59	76	40	18
Kotli	67	41	40	15
Bhimber	34	25	17	8

No. of Nurses by District - 2012



Legend
Type of Health Professionals
(in Numbers)

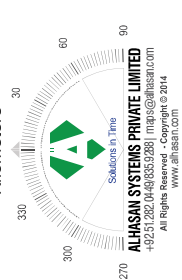


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March 18, 2014
WGS 84 Geographic
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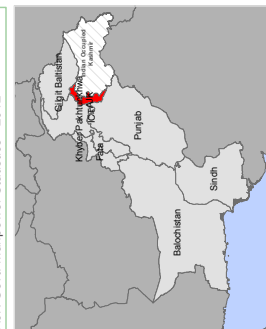


0 15 30 45 60
Kilometers



Data Source(s)
Population
Boundaries
AJK Govt. Manpower Statistics - 2012

Census
Organization: Admin



Pakistani Anti-Malaria Programme Progresses

Published in Central Asia Online
31 March 2014

Officials at the Pakistani Directorate of Malaria Control (DMC) are working to rid the country of the mosquito-borne disease and make the second phase of the WHO's Roll Back Malaria (RBM) programme successful. Pakistani public hospitals in 2011 confirmed 319,592 cases of malaria, the DMC reported, adding that since most of the population goes to private hospitals, the number of cases might be four or five times higher.

Balochistan Province, which suffers from a lack of safe drinking water and accumulation of rain in deep ponds that ultimately turn into mosquito hatcheries, has the most outbreaks, DMC Monitoring and Evaluation Officer Dr. Bashir Ahmed Jamali told Central Asia Online.

Because malaria is more widespread during monsoon season, the federal and provincial governments are providing anti-malaria medicines and advice. "Door-to-door spraying is carried out throughout Pakistan every year, training camps are organised frequently to create awareness ... and medicines are given free of cost to patients," he said.

RBM campaign

The RBM campaign aims to reduce malaria by helping patients obtain an early diagnosis, improving treatment and raising awareness.

It also spreads the message about preventive measures, including the use of insecticide-treated bed nets, targeted insecticide spraying and introduction of biological and environmental vector management approaches.

WHO launched the five-year campaign in Pakistan in 2002, which it then extended until 2012. Efforts during that first phase reduced disease incidence by 50% in the country.

Now the campaign is in its second phase, with a third phase scheduled to start in June 2015. By then, the

government expects to provide 70% of the high-risk population access to malaria prevention treatment.

Under threat from militants, workers learned several valuable lessons to carry into the next phase.

Workers have been using private vehicles, instead of official vehicles, to implement and monitor the programme when they are in dangerous areas, Jamali said, and they have teamed with clerics to engage Khyber Pakhtunkhwa (KP) residents indoors.

Without the support of clerics and local team members, implementation of the second phase of the programme could have been very difficult, he said.

Support from federal government

The government is committed to projects that aim to protect public health, especially in areas where basic health amenities are not available for different reasons, including terrorism, officials said.

"The federal government is supporting and co-ordinating with provinces to combat malaria," State Minister for National Health Services, Regulations and Co-ordination Saira Afzal Tarar told Central Asia Online.

"Under the 18th Amendment [which gave various powers to provinces], provinces enjoy complete autonomy to plan and implement health projects and we are co-ordinating with provinces to launch the next phase of [RBM] from 2015-16," she said.

And the government recognises the importance of tackling public health issues.

"Protecting health and lives from epidemic diseases like malaria in highly risky areas in KP and other parts of the country is really a courageous mission," Zar Ali Khan Musazai, chief of the Tribal Network of NGOs, told Central Asia Online.

TUBERCULOSIS STATISTICS

Symptoms of Tuberculosis

- Overall sensation of feeling unwell
- Cough, possibly with bloody mucus
- Fatigue
- Shortness of breath
- Weight loss
- Slight fever
- Night sweats
- Pain in the chest

Legend
Gender wise Total No. of Tuberculosis Patient in AJK

250

Male

Female

No. of Total Tuberculosis Patient in AJK

223 - 275

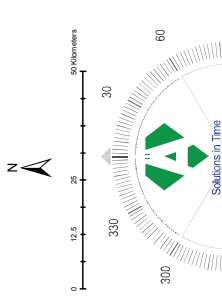
276 - 337

338 - 440

441 - 504

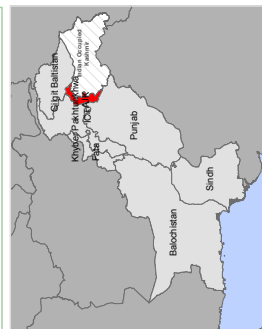
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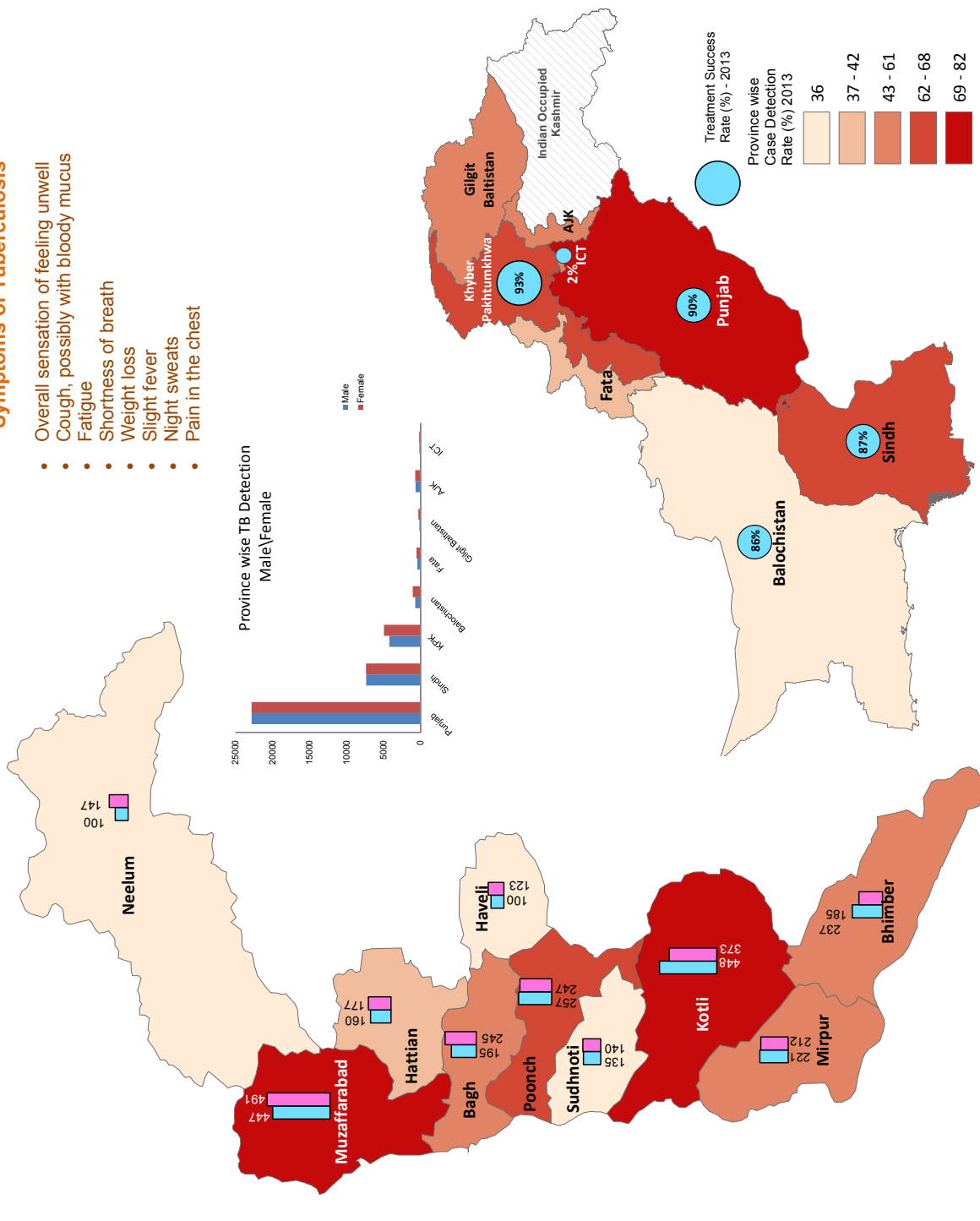
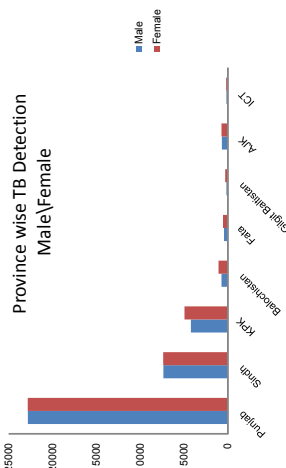


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www.alhasan.com

Data Source(s)
Population Census Organization: Admin Boundaries,
Pakistan Bureau of Statistics: TB Report 2013,
PICM: AJK TB Stats



Province wise TB Detection Male\Female



سرخیاں

محکمہ صحت پنجاب میں تقریروں

اور تبادلوں کا سلسلہ جاری

آج ٹی وی

31 مارچ 2014

سامارو: بنیادی صحت مرکز میں طبی

سہولتوں کی عدم دستیابی سے مریض

پریشان

روزنامہ جنگ

31 مارچ 2014

ماحولیاتی آلودگی انسانی صحت کیلئے انتہائی

خطرناک ہو گئی

روزنامہ جنگ

31 مارچ 2014

پاکستان بچوں کی صحت کے مسائل باعث

تشویش

وائس آف امریکہ

29 مارچ 2014

تفصیلات

لاہور: محکمہ صحت پنجاب میں تقریروں اور تبادلوں کا سلسلہ جاری ہے، سیکریٹری صحت پنجاب کو ان کے عہدے سے ہٹا کر کوآپریٹو سیکریٹری تعینات کر دیا گیا۔ محکمہ صحت پنجاب میں بطور سیکریٹری گزشتہ تین ماہ سے فرائض انجام دینے والے بابر حیات تارڑ کو زمر کا معاملہ مس بینڈل کرنے پر عہدے سے ہٹا دیا گیا اور ان کی جگہ ڈاکٹر اعجاز میٹر کو تعینات کر دیا گیا ہے جو اس سے قبل سیکریٹری زراعت کے عہدے پر فائض تھے دوسری جانب اسپیشل سیکریٹری صحت کا اضافی چارج فراغت اقبال کو دے دیا گیا ہے جو پنجاب ہیلتھ ریفرنسز کے انچارج رہ چکے ہیں۔ محکمہ صحت پنجاب کی جانب سے کنگ ایڈورڈ میڈیکل یونیورسٹی میں دو ماہ سے خالی انچارج پروفیسر آف سرجری کا عہدہ پروفیسر ڈاکٹر ہارون رفیع السلام کو سونپ دیا گیا ہے۔

سامارو (نامہ نگار) تحصیل سامارو کے شہر روڈ سامارو میں 1987ء سے قائم بنیادی صحت مرکز صوبائی محکمہ صحت کی عدم توجہی اور مطلوبہ طبی عملے اور صحت کی دیگر سہولتوں کی عدم فراہمی کی وجہ سے علاقہ مکینوں کے لئے فائدہ مند ثابت نہیں ہو رہا ہے۔ صحت مرکز میں ڈاکٹر، لیڈی ڈاکٹر، مطلوبہ ٹیکنیکی عملے و ٹیکنیکی آلات، لیبارٹری، ایبونیٹس و دیگر بنیادی سہولتوں کے فقدان اور دوپہر کو اسپتال کے بند ہو جانے سے عوام بالخصوص غریب مریضوں کو شدید پریشانیوں کا سامنا ہے اور علاقہ مکین نجی کلینکس سے علاج کروانے پر مجبور ہیں۔ صحت مرکز 2005ء سے پی پی ایچ آئی کے زیر کنٹرول ہے اور تین یونین کونسلز کی عوام کے لئے صرف ایک ڈاکٹر سمیت دیگر عملے میں سات افراد تعینات ہیں۔ صحت مرکز روڈ سامارو کے بجلی کے ٹرانسمارمر دو ماہ قبل چوری ہو جانے کی وجہ سے بجلی کی فراہمی بھی معطل ہے۔ مریضوں کے بیٹھنے کا بھی مناسب بندوبست نہیں ہے۔ صحت مرکز میں بجلی نہ ہونے کی وجہ سے ویکسین وغیرہ براہ میں قائم یونین کونسل کی عمارت میں فریجز میں رکھی جاتی ہیں۔ صحت مرکز کی عمارت کی چھت، عملے کی رہائش کالونی اور باؤنڈری وال کی حالت بھی مخدوش ہو چکی ہے۔ شہریوں نے ”جنگ“ سے بات چیت میں بتایا کہ اسپتال میں بنیادی سہولتوں کے فقدان کی وجہ سے اور اسپتال کے دوپہر میں بند ہو جانے سے مریضوں کو شدید پریشانیوں اور مشکلات کا سامنا ہے اور بروقت طبی امداد نہ ملنے پر اکثر اموات بھی واقع ہو جاتی ہیں۔

میرپور خاص (نامہ نگار) ماحولیاتی آلودگی انسانی صحت کے لئے انتہائی خطرناک شکل اختیار کر گئی ہے جس سے محفوظ رہنے کے لئے عوام میں شعور جاگ کرنے کی ضرورت ہے۔ ان خیالات کا اظہار مقررین نے مقامی انسٹیٹیوٹ میں عالمی یوم ارض کے حوالے سے منعقدہ سیمینار سے خطاب کرتے ہوئے کیا۔ سیمینار سے انجمن ہلال احمر سندھ کے وائس چیئرمین رئیس احمد خان نے خطاب کرتے ہوئے کہا کہ زمین قدر کی عظیم نعمتوں سے مالا مال ہے لہذا اسے تباہ کاری اور آلودگی سے محفوظ رکھنا سب کی ذمہ داری ہے۔ انہوں نے کہا کہ دنیا کو آج جن سنگین مسائل کا سامنا ہے ان میں کرہ ارض پر تیزی سے بڑھتی ہوئی آلودگی بھی شامل ہے۔ پاکستان بھی اس مسئلے سے دوچار ہے۔ انہوں نے کہا کہ زمین کو ماحولیاتی آلودگی اور موسمیاتی تبدیلیوں کے اثرات سے محفوظ رکھنے کے لئے شجرکاری اور سبزے کو فروغ دینے کی ضرورت ہے۔ سیمینار سے ڈاکٹر عبدالعزیز خان، غضنفر علی خان، ربیعہ خالد اور دیگر مقررین نے بھی خطاب کیا۔

ایک عالمی ادارے کی رپورٹ کے مطابق دنیا میں کسی بھی ملک میں اگر دس فیصد بچے بیماریوں کا شکار ہو جائیں تو وہاں ہنگامی اقدامات کی ضرورت ہوتی ہے۔ بد قسمتی سے پاکستان میں یہ تناسب چوالیس فیصد ہے جہاں بچے پیدائش کے فوراً بعد یا پھر پانچ سال کی عمر سے قبل ہی مختلف بیماریوں کا شکار ہو جاتے ہیں جس سے ان کی اکثریت موت کے منہ میں چلی جاتی ہے۔ ان بیماریوں کی بنیادی وجہ غذائی قلت ہے۔ یہ بات امریکی ادارہ برائے بین الاقوامی ترقی یو ایس اے آئی ڈی کے پاکستان میں مشن ڈائریکٹر گریگوری گوٹلیب نے واشنگٹن میں ایک بریفنگ کے دوران کہی۔ گریگوری کا کہنا تھا کہ ”اگر آپ کا بچہ پاکستان میں پیدا ہو تو دنیا کے دیگر ممالک کے مقابلے میں اس بات کے امکانات کم ہوتے ہیں کہ آپ کا بچہ پہلے دن زندہ رہ سکے۔ انھوں نے کہا کہ غذائی قلت کو نومولود بچوں کے لیے ایک بڑا چیلنج ہے جب کہ اس بات کے بھی نو فیصد امکانات ہوتے ہیں کہ نومولود بچہ پانچ سال کی عمر سے قبل ہی موت کے منہ میں ناچلا جائے۔ حال ہی میں سندھ کے صحرائی ضلع تھرپارکر میں درجنوں بچوں کی اموات بھی اس کی ایک مثال ہے۔ پاکستان میں اس وقت بھی پانچ سال سے کم عمر میں سے پندرہ فیصد بچے ایسے ہیں جو شدید بیماریوں میں مبتلا ہیں اور اس صورت حال میں بچوں کی ذہنی نشوونما بھی نہیں ہو سکتی ہے۔ گریگوری پاکستان میں رہتے ہوئے اپنے تجربے کی بنیاد پر اس بات کا بھی خدشہ ظاہر کرتے ہیں کہ ایسا نہیں ہے کہ عوام جمہوری نظام کی بجائے کوئی اور نظام ”پاکستان کو جن معاشی و سماجی مسائل کا سامنا ہے ان سے ملک میں جمہوریت کو خطرات لاحق ہو سکتے ہیں۔ چاہتے ہیں بلکہ موجودہ معاشی صورتحال سے نمٹنا یقیناً ہر جمہوری حکومت کے لیے ایک بڑا چیلنج ہو تا ہے۔ انھوں نے کہا کہ یہ بات باعث اطمینان ہے کہ پاکستان کے جمہوری نظام میں عوام کی نمائندگی ہے اور ہمیں نظر آرہا ہے کہ پاکستان کے عوام کو حالیہ انتخابات پر فخر ہے جو اس بات کی عکاسی کرتی ہے کہ ملک میں جمہوری نظام چل سکتا ہے۔ امریکی ادارہ بین الاقوامی ترقی پاکستان میں تعلیم، صحت اور مواصلاتی نظام سمیت دیگر کئی شعبوں میں معاونت کر رہا ہے۔ تاہم دہشت گردی کے باعث بعض علاقوں میں اس ادارے کے عہدیداروں کو براہ راست ترقی کے کاموں کی گہرائی میں مشکلات کا سامنا کرنا پڑتا ہے

حیدرآباد (ہیورورپورٹ) لیاقت یونیورسٹی ہسپتال حیدرآباد / جامشورو کے میڈیکل سپرنٹنڈنٹ ڈاکٹر خالد حسین شیخ نے کہا ہے کہ حکومت سندھ صحت کے شعبہ میں خصوصی دلچسپی لے رہی ہے اور مریضوں کو صحت سے متعلق بہتر سہولتیں فراہم کرنے کے لئے اقدامات کئے جا رہے ہیں، وہ پراونشل ہیلتھ ڈیولپمنٹ سینٹر جامشورو کے

زیر اہتمام حیدرآباد کے مقامی ہوٹل میں منعقدہ ماں اور نوزائیدہ بچے کی امیر جنسی صحت سے متعلق تحقیقی سیمینار سے بحیثیت مہمان خصوصی خطاب کر رہے تھے۔ سیمینار سے ڈاکٹر ناہید جمالی، ڈاکٹر زاہد مین، ڈاکٹر شاہد انصاری، ڈاکٹر ورسلی مل اور دیگر نے بھی خطاب کیا۔ ڈاکٹر خالد حسین شیخ نے خطاب کرتے ہوئے کہا کہ ہمارے ملک میں صحت سے متعلق فیصلے مرد حضرات کرتے ہیں چاہے وہ حمل کے دوران امیر جنسی سے متعلق ہوں یا بچوں کی بیماریوں سے متعلق۔ انہوں نے بتایا کہ امیر جنسی کے دوران خواتین کو ہسپتال پہنچانے میں کافی خرچ آتا ہے اس کو مد نظر رکھتے ہوئے حکومت سندھ خواتین مریضوں کی سہولت کے لئے جگہ جگہ رورل ہیلتھ سینٹر / جیک ہیلتھ سینٹر قائم کر رہی ہے خواتین کو دوران زچگی اور اس کے بعد پیش آنے والی مشکلات سے آگاہی اور اس کے علاج کے سلسلے میں مراکز قائم کئے گئے ہیں۔ انہوں نے کہا کہ خواتین کی پیچیدہ بیماریوں، بچوں کی پرورش اور دیگر امور صحت سے متعلق آگاہی کے لئے وفاقاً قیاسیمینارز بھی منعقد کئے جاتے ہیں جن میں امراض نسوان کی ماہر ڈاکٹر ز اور بچوں کے امراض کے اسپیشلسٹ ڈاکٹر زماں اور بچوں کی صحت سے متعلق مفید معلومات فراہم کرتے ہیں اور اس کے علاج کے سلسلے میں بھی رہنمائی کرتے ہیں، انہوں نے بتایا کہ سندھ میں ایک عورت کے 6 تک بچے ہوتے ہیں۔ ڈاکٹر خالد حسین شیخ نے کہا کہ سول ہسپتال حیدرآباد میں بھی ایبوی لینس سروسز کی مزید بہتری کے لئے اقدامات کئے جا رہے ہیں 14 ایبوی لینسز جبکہ انتہائی امیر جنسی کی صورت میں مریض کو منتقل کرنے کے لئے وینٹ ایبوی لینس کام کر رہی ہیں جبکہ خراب پڑی ہوئی ایبوی لینسز کی مرمت کے لئے بھی خصوصی توجہ دی جا رہی ہے، انہوں نے کہا کہ نجی ہسپتالوں میں زیر علاج مریضوں کی طبیعت زیادہ خراب ہو جائے یا ان کی زندگی کو شدید خطرہ لاحق ہو تو نجی ہسپتالوں کے ڈاکٹر مریضوں کو سرکاری ہسپتال لے جانے کا مشورہ دیتے ہیں۔

کراچی (اسٹاف رپورٹر) چیف سیکرٹری سندھ نے نظم و ضبط کی خلاف ورزی پر محکمہ صحت کے 7 ڈاکٹر کو برطرف کر دیا۔ ترجمان چیف سیکرٹری کے مطابق صوبائی محکمہ صحت کے 7 ڈاکٹر کو برطرف کر دیا گیا، ڈاکٹر کو نظم و ضبط کی خلاف ورزی پر برطرف کیا گیا ہے۔ ترجمان کا کہنا ہے کہ ایک ڈاکٹر کی مشاہرتی قریب 3 سال 2 اور ڈاکٹر کی ایک سال کے لیے موخر بھی کی گئی ہے جبکہ ایک ڈاکٹر کو وارننگ دی گئی اور ایک ڈاکٹر کی پگلی درجے پر تنزیلی کر دی گئی ہے۔ چیف سیکرٹری سندھ کا کہنا ہے کہ فرائض سے غفلت برتنے پر کوئی سمجھوتہ نہیں کیا جائے گا۔

پشاور (جنگ نیوز) عالمی ادارہ صحت نے ڈھائی برس بعد پشاور کے علاقہ لڑمہ میں گٹر کاپانی پولیو وائرس سے پاک قرار دیا ہے۔ عالمی ادارہ صحت کے مطابق ڈھائی برس بعد پشاور کے علاقہ لڑمہ میں گٹر کے پانی کے حاصل کردہ نمونے پولیو وائرس سے پاک قرار دیئے گئے ہیں جبکہ دو ہفتے قبل پشاور میں شاہین مسلم ٹاؤن میں بھی گٹر کے پانی میں پولیو وائرس نہ پائے جانے کی تصدیق ہوئی تھی۔ عالمی ادارہ صحت کے مطابق کراچی میں گلشن اقبال اور گلڈاپ میں گٹر کے پانی میں پولیو وائرس کی موجودگی کی تصدیق ہوئی ہے۔ ملک کے 16 شہروں سے ہر ماہ گٹر کے پانی کے نمونے حاصل کئے جاتے ہیں۔

تپ دق کے عالمی دن کے حوالے سے خصوصی تحریر

دنیا بھر میں 24 مارچ کو ہر سال تپ دق کا عالمی دن منایا جاتا ہے آج سے 132 سال قبل 24 مارچ 1882 میں رابرٹ کوچ نے تپ دق کا جرثومہ دریافت کیا تھا۔ چالیس، پچاس سال پہلے ٹی بی کا مرض ناقابل علاج سمجھا جاتا تھا اور دنیا بھر میں انسانی اموات کی سب سے بڑی وجہ تپ دق کا مرض تھا۔ ٹی بی ٹی جانوروں کو بھی ہوتی ہے یہ مرض پھیپھڑوں کے علاوہ ہڈیوں اور جسم کے دیگر اعضا میں بھی ہو سکتا ہے تاہم زیادہ مشہور پھیپھڑوں کی ٹی بی ہے۔ تپ دق کا مرض اب مکمل طور پر قابل علاج ہے تاہم اس کا علاج طویل ہونے کی وجہ سے بہت سے مریض علاج جاری نہیں رکھتے اور علامات کے ماند پڑتے ہی علاج چھوڑ دیتے ہیں۔ جس سے مرض کی پیچیدگیاں بڑھ جاتی ہیں اور جان کا خطرہ بھی لاحق ہو جاتا ہے۔ صنعتی ترقی نے جہاں انسانوں کیلئے روزگار کے ذرائع فراہم کئے ہیں وہیں اس ترقی نے انسانی صحت پر بھی مضر اثرات مرتب کئے ہیں۔ دھواں، ماحولیاتی آلودگی، تمباکو نوشی تپ دق کے مرض کا باعث بنتے ہیں۔ تنگ و تاریک، سیکنڈ ہینڈ جگہوں اور ایک کمرے کے گھر میں رہنے والے خاندانوں میں تپ دق کا مرض تیزی سے پھیلتا ہے۔ اس کے جراثیم مریض کے کھانسنے جگہ جگہ تھوکنے اور سانس کے ذریعے منتقل ہوتے ہیں۔ دنیا میں ہر سال 9 ملین لوگ تپ دق سے متاثر ہوتے ہیں لیکن ان میں سے ایک تہائی یعنی 3 ملین افراد علاج کرانے سے قاصر رہے۔ 2014 کے تپ دق کے عالمی دن کا سلوگن یہی ہے کہ ہر مریض تک پہنچنا ہے تاکہ کوئی علاج سے محروم نہ رہے۔ تپ دق دنیا بھر میں ایک بڑا عوامی طبی مسئلہ ہے۔ ورلڈ ہیلتھ آرگنائزیشن کے مطابق دنیا کی ایک تہائی آبادی تپ دق سے متاثر ہے اور پاکستان ان 22 ممالک میں پانچویں نمبر پر ہے۔ جہاں اس کے جراثیم بہت زیادہ ہیں پنجاب میں 2 لاکھ افراد اس مرض سے متاثر ہوتے ہیں۔ اگر تپ دق کا مریض علاج نہ کرائے تو وہ 10-15 افراد کو متاثر کرتا ہے حکومت پنجاب صوبے بھر میں تپ دق کے مرض کی تشخیص و علاج کی مفت سہولتیں فراہم کر رہی ہے اور اس وقت 537 تشخیصی مراکز کام کر رہے ہیں جو ٹیچنگ اسپتالوں کے علاوہ تحصیل ہیڈ کوارٹر، ضلعی ہیڈ کوارٹر ہسپتالوں اور دیہی و بنیادی مراکز صحت میں قائم کئے گئے ہیں پرائیویٹ پبلک پارٹنرشپ کے تحت 900 جہز پریکٹسٹرز اور 119 پرائیویٹ لیبارٹریاں 32 اضلاع میں ٹی بی ڈائس پروجرام کے تحت مریضوں کو خدمات فراہم کر رہی ہیں۔ پرائیویٹ پارٹنرشپ کے تحت بھی مریضوں کو علاج معالجہ کی مفت سہولت فراہم کر رہی ہیں۔ ٹی بی ڈائس پروجرام کے تحت صوبہ میں اب تک 14 لاکھ سے زائد مریضوں کا مکمل مفت علاج کیا جا چکا ہے۔ محکمہ صحت پنجاب نے تپ دق کے ایسے مریضوں کیلئے جو 8 ماہ علاج کا مکمل کورس نہیں کرتے ایسے مریضوں کیلئے 6 ڈرگ ریزسٹنٹ سنٹر قائم کئے گئے ہیں ایک میواہسپتال اور ایک جناح اسپتال لاہور میں بھی کام کر رہا ہے۔ وزیر اعلیٰ پنجاب کا بیرون ”صحت مند پنجاب“ کے حصول

پہنچانے کیلئے کمر بستہ ہے، حاملہ خواتین کے لئے صحت مراکز قائم کر دیئے

روزنامہ جنگ

28 مارچ 2014

نظم و ضبط کی خلاف ورزی پر محکمہ صحت کے 7 ڈاکٹر برطرف

روزنامہ جنگ

27 مارچ 2014

پشاور پولیو سے پاک، کراچی میں وائرس عالمی ادارہ صحت نے تصدیق کر دی

روزنامہ جنگ

24 مارچ 2014

تپ دق کا عالمی دن۔ ہر مریض تک پہنچنا ہے... خواجہ سلمان رفیق۔۔۔۔۔

مشیر صحت وزیر اعلیٰ پنجاب

روزنامہ جنگ

24 مارچ 2014

کیلئے صوبائی حکومت کام کر رہی ہے۔ بیماریوں کے علاج کے ساتھ ساتھ اب زیادہ توجہ بیماریوں کی روک تھام پر دی جا رہی ہے کیونکہ جب تک امراض کو پیدا ہونے سے نہیں روکا جاتا علاج کیلئے بڑے سے بڑا بجٹ پورا نہیں پڑے گا اور نہ ہی اسپتال مریضوں کا بوجھ برداشت کر سکیں گے۔ ضروری ہے کہ بیماریوں کی روک تھام کیلئے عوام میں شعور پیدا کیا جائے تاکہ وہ حفظانِ صحت کے اصولوں کو اپنا کر بیماریوں میں مبتلا ہونے سے بچ سکیں۔ صرف ہاتھ دھو کر کھانا کھانے سے درجنوں بیماریوں سے محفوظ رہا جاسکتا ہے۔ اسی طرح اگر لوگ تمباکو نوشی، پان سپاری اور اس جیسی دیگر اشیاء کا استعمال ترک کر دیں تو تپ دق جیسے موذی مرض سے محفوظ رہ سکتے ہیں محض سرکاری اقدامات سے طبی اور سماجی مسائل حل نہیں ہوتے بلکہ اس کے لئے پورے معاشرے کو متحرک ہونا پڑتا ہے یہ ہم سب کا فرض ہے کہ صحت کا پیغام گھر گھر پہنچائیں، لوگوں کو اپنا ماحول صاف رکھنے کی ترغیب دیں اور حفظانِ صحت کے بنیادی اصولوں پر سختی سے عمل کریں تاکہ تپ دق، ڈیپنگی، میپائٹس اور ان جیسی دیگر بیماریوں سے ہمارے معاشرے کو نجات حاصل ہو۔

کراچی (اسٹاف رپورٹر) صوبائی محکمہ صحت نے تھری پارک میں صحت کی سہولتوں کی فراہمی کا دائرہ بڑھانے کیلئے 50 ڈاکٹروں کی عارضی بنیادوں پر تقریروں کا عمل مکمل کر لیا اور ان ڈاکٹروں کو گذشتہ روز محکمہ صحت کی جانب سے لیٹر بھی جاری کر دیئے گئے ہیں جس میں تحریر کیا گیا ہے کہ ان ڈاکٹروں کو ضلع تھری پارک کیلئے مقرر کیا گیا ہے اور یہ ڈاکٹر اپنی خدمات تھری میں ہی انجام دیں گے بصورت دیگر ان ڈاکٹروں نے اپنا تبادلہ کسی اور ضلع میں کرانے پر کنٹریکٹ ختم کر دیا جائے گا۔

کراچی (اسٹاف رپورٹر) حکومت سندھ نے محکمہ صحت کے انتظامی ڈھانچے میں تبدیلی کا فیصلہ کرتے ہوئے محکمہ میں اسپیشل سیکریٹری کی تعداد 2 کر دی ہے، اب محکمہ میں ایک اسپیشل سیکریٹری ایڈمن اور ایک اسپیشل سیکریٹری پبلک ہیلتھ ہو گا۔ اس حوالے سے حکومت سندھ نے 17 مارچ کو ڈاکٹر سریش کمار کو اسپیشل سیکریٹری پبلک ہیلتھ نامزد کرتے ہوئے نوٹیفکیشن جاری کر دیا ہے۔ سیکریٹری صحت اقبال درانی نے ”جنگ“ سے بات چیت کرتے ہوئے کہا کہ پبلک ہیلتھ کی پوسٹ پر ڈاکٹر کی تعیناتی کے سلسلے میں ایک عرصے سے غور کیا جا رہا تھا۔ حکومت سندھ نے اس مطالبے کو جائز قرار دیتے ہوئے محکمہ صحت کے انتظامی ڈھانچے کو 2 حصوں میں تقسیم کر دیا ہے۔ اب ڈاکٹر منصور عباس محکمہ صحت کے انتظامی امور کے نگران اور ڈاکٹر سریش کمار پبلک ہیلتھ کے سربراہ ہوں گے۔ ڈاکٹر سریش کمار کی تقرری پر پاکستان میڈیکل ایسوسی ایشن سندھ کی صدر ڈاکٹر شمرینہ ہاشمی نے تبصرہ کرتے ہوئے اسے حکومت پاکستان کا اچھا فیصلہ قرار دیا ہے۔ ڈاکٹر شمرینہ ہاشمی کا کہنا ہے کہ پی ایم اے سندھ ایک طویل عرصے سے اس بات کا مطالبہ کر رہی تھی کہ پبلک ہیلتھ کا عہدہ ٹیکنیکل ہے جس پر ایک ڈاکٹر کو ہی تعینات ہونا چاہئے۔ واضح رہے کہ چند روز قبل ہی محکمہ صحت نے محکمہ کے پریزیڈنگ سسٹم کو جو سینئر لائبریرین، سینئر لائبریرین کے ذریعے بھی کیا ہے۔

کراچی (اسٹاف رپورٹر) صوبائی وزیر برائے خوراک جام مہتاب حسین ڈھرنے مضر صحت آٹا کی فروخت کی اطلاع کا سختی سے نوٹس لیتے ہوئے محکمہ خوراک کے افسران کو ہدایات جاری کی ہیں کہ وہ مضر صحت آٹا فروخت کرنے والے فلور ملز اور آٹے کی چکیوں کیخلاف سخت اقدامات اٹھائیں۔ علاوہ ازیں محکمہ خوراک نے مزید تحقیق کے لئے ہر ضلع سے پانچ فلور ملز سے آٹے کے نمونے جمع کر کے لیبارٹری میں بھیجنے کا فیصلہ کیا ہے۔ ضلع ملیر اور کراچی ایسٹ کی فلور ملز انڈس، پریمیسر، الرحمان، مدینہ، یونٹی اور فاروقی سے آٹے کے نمونے لیبارٹری بھیجوا دیئے ہیں

کراچی (اسٹاف رپورٹر) سیکریٹری ایڈمنسٹریشن کیپٹن جی ایم ایف پاکستان نے صحت کی انشورنس مارکیٹ کی ترقی کے لئے تھری پارٹی ایڈمنسٹریشن کے ضابطے جاری کر دیے ہیں۔ یہ ضوابط ٹی پی ایز کے طرز عمل، ان کی رجسٹریشن، اہلیت کی شرائط، سینئر مینجمنٹ کے لیے مناسب معیار اور انشورنس کمپنیوں کی ٹی پی ایز کے ساتھ کیے جانے والے معاہدوں کے لیے اصول و ضوابط کا احاطہ کیے ہوئے ہیں۔ مزید برآں ان ضوابط میں صارفین کے تحفظ کے ساتھ ساتھ انشورنس مارکیٹ کو ترقی دینے کے پہلوؤں کو بھی مد نظر رکھا گیا ہے۔ صارفین کے تحفظ کے لیے ان ضوابط میں کئی دفعات شامل کی گئی ہیں جن میں سے نمایاں طور پر معاوضے کو نقصان کے تناسب سے الگ رکھا گیا ہے۔ پاکستان میں صحت کی انشورنس مارکیٹ دوسرے شعبوں کے معاملے میں ابھی تک بالکل ابتدائی مراحل میں ہے۔ 2012 میں یہ کل انشورنس پریمیسیم کا صرف 2.5 فیصد تھی۔ ایس ای سی پی کی کوششوں کی وجہ سے ان اعداد شمار میں بہتری آرہی ہے۔ نئے ضوابط کے تحت مجاز انشورنس کمپنیاں آمدن طبقے کو سہولت پہنچانے کے لئے صحت کے شعبے میں سستی بیمہ پالیسیاں متعارف کرانے کی پابند ہوں گی۔ تھری پارٹی ایڈمنسٹریشن ایک کم خرچ تصور ہے جو انشورنس صارفین کو سہولت پہنچانے کے لیے دنیا کے بہت سے ممالک میں رائج ہے۔ ٹی پی ایز انشورنس کمپنیوں کے کلیم کو پراسیس کرتے ہیں۔ یہ ایک طرح سے آؤٹ سروسنگ کی شکل ہے جو بیمہ کمپنیوں کے لیے مختلف خدمات سرانجام دیتے ہیں جن سے انشورنس کمپنیوں کی استعداد کار میں اضافہ ہوتا ہے اور کلیم دائر کرنے کا عمل بھی شفاف انداز میں مکمل ہوتا ہے۔

کراچی (اسٹاف رپورٹر) پاکستان میں پولیو کیسوں کی بڑھتی ہوئی تعداد پر عالمی ادارہ صحت نے دوبارہ حکومت پاکستان سے تشویش کا اظہار کیا ہے۔ عالمی ادارہ صحت کی میڈیکل ڈائریکٹر ڈاکٹر مارگریٹ جین کی سربراہی میں اعلیٰ سطح کا وفد بدھ 12 مارچ کو پاکستان پہنچے گا جو صدر مملکت ممنون حسین، وزیراعظم پاکستان میاں نواز شریف سمیت پاکستان پیپلز پارٹی کے چیئرمین بلاول بھٹو اور تحریک انصاف کے سربراہ عمران خان سے بھی ملاقات کرے گا۔ معلوم ہوا ہے عالمی ادارہ صحت کا وفد حکومت پاکستان کو تھری میں پیدا ہونے والی صورتحال سے نمٹنے کیلئے عملی تعاون کا اعلان کرے گا۔ ادھر نیشنل پولیو مانیٹرنگ سیل کے ذرائع کے مطابق پاکستان میں پولیو کیسوں میں

تھری پارک میں صحت کی سہولتیں فراہم کرنے کیلئے 50 ڈاکٹروں کی تقرری

روزنامہ جنگ

21 مارچ 2014

محکمہ صحت کا انتظامی ڈھانچہ تبدیل، اسپیشل سیکریٹری کی تعداد 2 کر دی گئی

روزنامہ جنگ

18 مارچ 2014

مضر صحت آٹا فروخت کرنا والوں کیخلاف سخت کارروائی کی ہدایت

روزنامہ جنگ

17 مارچ 2014

ایس ای سی پی نے صحت انشورنس کی ترقی کیلئے ضابطے جاری کر دیئے

روزنامہ جنگ

14 مارچ 2014

پاکستان میں پولیو کے بڑھتے ہوئے کیسز پر عالمی ادارہ صحت کی تشویش، اعلیٰ سطح کا وفد آج پاکستان پہنچے گا

800 فیصد اضافہ ہوا ہے جس پر عالمی ادارہ صحت نے حکومت پاکستان سے سخت تشویش کا اظہار کرتے ہوئے اس خدشے کا اظہار کیا ہے کہ پاکستان سے پولیو وائرس دیگر ممالک میں منتقل ہو سکتا ہے جس کی وجہ سے ممکنہ وبائی صورتحال کا سامنا کرنا پڑے گا، معلوم ہوا ہے کہ عالمی ادارہ صحت کا وفد عالمی سطح پر پائے جانے والے تحفظات سے بھی حکومت پاکستان کو آگاہ کرے گا۔ ذرائع کے مطابق پاکستان میں پولیو مہم میں تاخیر جبکہ ملک کے بعض حصوں میں پولیو کے قطرے نہ پلائے جانے کی وجہ سے پاکستان میں پولیو کیسز میں 800 فیصد اضافے کا انکشاف ہوا ہے جس پر عالمی ادارہ صحت کو سخت تشویش ہے اسی لئے عالمی ادارہ صحت کی سربراہ مارگریٹ چیسن اپنے ایک روزہ دورے میں اعلیٰ حکام سے ملاقاتیں کریں گی۔

کراچی (سٹاف رپورٹر) غیر سرکاری امداد و شمار کے مطابق گزشتہ 2 ماہ میں تھر میں غذائی قلت کی وجہ سے ہلاک ہونے والے بچوں کی تعداد 200 کے قریب ہے۔ تاہم صوبائی محکمہ صحت کے ترجمان کا کہنا ہے کہ 2 ماہ میں تھر میں ہلاک ہونے والے بچوں کی تعداد 44 سے زیادہ نہیں ہے۔ ان بچوں میں سے بھی زیادہ تر بچے نمونیہ، گھر پر پیدائش کی وجہ سے مختلف انفیکشن ہونے، ڈائریا اور امراض کی وجہ سے ہلاک ہوئے ہیں۔ ان کے مطابق فروری میں 21 بچے ہلاک ہوئے اور جنوری میں تھر میں ہلاک ہونے والے بچوں کی تعداد 18 ہے۔ صحت سے تعلق رکھنے والے ایک ماہر کے مطابق یہ صورتحال صرف ضلع تھر کی نہیں ہے بلکہ سندھ کے دیگر اضلاع میں بھی یہی صورتحال ہے۔ ان کا کہنا ہے کہ تھر میں اس وقت جو حالات ہیں اس کی پیش گوئی عالمی اداروں نے 2011ء میں کر دی تھی۔ یہ ہماری حکومت کا قصور ہے کہ اس نے ان حالات سے نمٹنے کے لیے کوئی مربوط یا ٹھوس منصوبہ بندی کیوں نہیں کی۔ یہ حقیقت ہے کہ تھر اور سندھ کے دیگر اضلاع میں ڈاکٹروں کی شدید قلت ہے۔ تھر کے 5 علاقے میں سرکاری طبی مراکز یعنی ڈی ایچ اوز میں ایک بھی لیڈی ڈاکٹر یا ماہر امراض اطفال نہیں ہے صرف مٹھی کا ڈسٹرکٹ اسپتال ایسا ہے جہاں 3 لیڈی ڈاکٹر ہیں۔ یہی نہیں کراچی میں بھی 17 گریڈ کی 19 سوا سوا میاں خالی ہیں۔ علاوہ ازیں باوثوق ذرائع کے مطابق حکومت نے اپنی سیاسی ساکھ کو بچانے کے لیے صوبائی محکمہ صحت اور دیگر محکموں کے افسران کو بین الاقوامی تنظیموں کے نمائندوں کے ہمراہ تھر کا دورہ کرنے پر پابندی لگا دی ہے۔ محکمہ کے سیکرٹریز نے افسران کو یہ ہدایات فون پر دی ہیں۔ قتل ازیں صوبائی حکومت نے غذائی پروگرام شروع کرنے کا فیصلہ کیا ہے۔ اس سلسلے میں وزیر اعلیٰ سندھ سید قائم علی شاہ نے 9 اضلاع میں شروع کیے جانے والے اس نیوٹریشن پروگرام کے لیے 4 ارب روپے کے فنڈ جاری کرنے کے احکامات بھی جاری کر دیے ہیں۔ اہم بات یہ ہے کہ اس پروگرام کی سربراہ ڈاکٹر در شہوار یونائٹڈ نیشن ورلڈ فوڈ پروگرام سندھ کی بھی سربراہ ہیں۔

ٹنڈو محمد خان (نامہ نگار) عوامی شکایت پر ڈپٹی سیکریٹری ہیلتھ نظیر احمد سومرونے ڈسٹرکٹ اسپتال ٹنڈو محمد خان پر اچانک چھاپا کر اسپتال کا معائنہ کیا اور مریضوں سے معلومات حاصل کیں۔ انہوں نے دیکھا کہ اسپتال میں کوئی بھی سہولت نہیں دی جا رہی، اس موقع پر صحافیوں سے بات چیت کرتے ہوئے کہا کہ میں اسپتال کی انتظامیہ کی کارکردگی سے مطمئن نہیں ہوں اور حکومت کی جانب سے جو سہولتیں غریب مریضوں کے لئے دی جاتی ہیں اس کا صحیح استعمال نہیں کیا جا رہا۔ انہوں نے کہا کہ ملنے والے فنڈز میں بھی بڑے پیمانے پر خوردبرد کیا جا رہا ہے۔ انہوں نے کہا کہ چھاپے کے دوران حاضری کے رجسٹر کو بھی چیک کیا گیا جس میں اسپتال میں 17 ڈاکٹرز تعینات ہیں۔

سکھر+روہڑی (بیورو رپورٹ+نامہ نگار) میرانی حملہ روہڑی میں مضر صحت لسی پینے سے 13 بچوں کی حالت خراب ہو گئی، متعدد بچے قتل کرتے ہوئے بے ہوش ہو گئے، متاثرہ بچوں کو سول اسپتال سکھر میں ہنگامی بنیادوں پر طبی امداد فراہم کی گئی، واقعہ میرانی حملہ روہڑی میں اس وقت پیش آیا جب میرانی سے تعلق رکھنے والے خاندان کے بچوں نے پڑوسی کے گھر سے لسی لے کر پی، جسے پیتے ہی راجہ، سجاد، اقبال، کاشف، بلال حسین، گل جان اور ذوالفقار سمیت 13 بچوں کی حالت غیر ہونے لگی، تمام بچے التلیاں، پیٹ میں شدید درد اور مروڑ کی شکایت کرنے لگے، جبکہ بعض بچے التلیاں کرتے کرتے بے ہوش ہو گئے، علاقے کے لوگوں نے فوری طور پر متاثرہ بچوں کو سول اسپتال سکھر منتقل کیا۔ جہاں ڈاکٹروں نے متاثرہ بچوں کو طبی امداد فراہم کی، ڈاکٹروں کے مطابق مضر صحت لسی پینے والے بچوں کی حالت طبی امداد کی فراہمی کے بعد خطرے سے باہر ہے، متاثرہ بچوں کے اہل خانہ کا کہنا ہے کہ میرانی حملہ میں بچوں نے جس گھر سے لسی لے کر پی تھی، اس گھر ان سے روزانہ علاقے کے لوگ لسی لیتے ہیں۔ لیکن آج تک ایسی کوئی بات نہیں ہوئی ہے یہ ایک اتفاقی حادثہ ہے کہ بچوں نے جو لسی لے کر پی تھی، شاید اس لسی میں کچھ گر گیا تھا جس کی وجہ سے بچوں کی حالت خراب ہوئی ہے۔

روزنامہ جنگ

12 مارچ 2014

تھر میں دو ماہ میں مرنے والے بچوں کی
تعداد 44 سے زائد نہیں، محکمہ صحت

روزنامہ جنگ

8 مارچ 2014

ڈپٹی سیکریٹری صحت کا اسپتال پر چھاپہ

روزنامہ جنگ

06 مارچ 2014

روہڑی، مضر صحت لسی سے 13 بچوں کی

حالت غیر، متعدد بے ہوش

روزنامہ جنگ

03 مارچ 2014

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GOVERNMENT DEPARTMENT

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<p>Executive District Office Health Ghotki, Sindh 0092-703-652499 0092-703-650003</p>	<p>Executive District Office Health Sukkur, Sindh 0092-71-9310121, 9310122 0092-71-9310122</p>
<p>Executive District Office Health Khairpur, Sindh 0092-243-9280151-2 0092-243-9280151</p>	<p>Executive District Office Health Larkana, Sindh 0092-79410711 0092-79410709</p>
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Executive District Office Health Tharparkar, Sindh 0092-232-261253 0092-232-261379	Executive District Office Health Bannu, Khyber Pakhtunkhwa 0092-928-9270132
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Executive District Office Health D.I.Khan, Khyber Pakhtunkhwa 0092- 966-9280199	Executive District Office Health Hangu, Khyber Pakhtunkhwa 0092-925-623034
Executive District Office Health Haripur, Khyber Pakhtunkhwa 0092-995-610997	Executive District Office Health Karak, Khyber Pakhtunkhwa 0092-927-210837
Executive District Office Health Karak, Khyber Pakhtunkhwa 0092-927-210837	Executive District Office Health Kohat, Khyber Pakhtunkhwa 0092-922-9260348
Executive District Office Health Kohat, Khyber Pakhtunkhwa 0092-922-9260348	Executive District Office Health Kohistan, Khyber Pakhtunkhwa 0092-998-407132
Executive District Office Health Lower Dir, Khyber Pakhtunkhwa 0092-945-9250098	Executive District Office Health Malakand(Batkheila), Khyber Pakhtunkhwa 0092-932-410399
Executive District Office Health Mansehra, Khyber Pakhtunkhwa 0092-997-920169	Executive District Office Health Nowshera, Khyber Pakhtunkhwa 0092-923-580759
Executive District Office Health Swat, Khyber Pakhtunkhwa 0092-946-9240739	Executive District Office Health Tank, Khyber Pakhtunkhwa 0092-963-510755
Executive District Office Health Shangla(Alpuri), Khyber Pakhtunkhwa 0092-996-850653	Executive District Office Health Swabi, Khyber Pakhtunkhwa 0092-938-221606
Executive District Office Health Upper Dir, Khyber Pakhtunkhwa 0092-944-880516	

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<p>Advance Radiology Clinic (Hospital) 0092-213-2783536 0092-213-2788200 arc@cyber.net.pk</p>	<p>Aga Khan Maternal and Child Care Centre, Hyderabad 0092-221-614172-4, 0092-22-2660071-2 0092-221-612526, 0092-22-2660070 Aga Khan Maternal and Child Care Centre, Hyderabad,</p>
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www.advancedradiologyclinic.enic.pk Behind Hamdard University Hospital (Taj Medical Complex) Off: M.A.Jinnah Road, Karachi, Sindh	Sindh
Aga Khan Hospital for Women, Karimabad 0092-213-6822963-6 0092-213-6811804 Aga Khan Hospital for Women, St-6/D Blk-7 Sh-E-Pakistan FB Area, Karachi, Sindh	Aiwan-E-Tijarat-O-Sanat Hospital Trust 0092-21 6995874 Aiwan-E-Tijarat-O-Sanat Hospital Trust, ST 1/1, Sec.11C-2, North Karachi, Karachi, Sindh
Akhtar Eye Hospital 0092-21-34811908 0092-21-34813235 info@akhtareye.com.pk www.akhtareye.com.pk/about_aeh.html Akhtar Eye Hospital, FL-1 (4/C), Block 5, Rashid Minhas Road. Gulshan-e-Iqbal, Karachi, Sindh	Akram Hospital, Quetta 0092-81 2869236-5 Quetta, Balochistan
Al- Ibrahim Eye Hospital 0092-21-34560867 0092-21-34560718 Al- Ibrahim Eye Hospital, Old Thana, Gadap Town, Malir. Karachi, Sindh	Al Mustafa Medical Centre (Hospital) 0092-21-4820101 Al Mustafa Medical Centre, ST-1, Block No.13-C, Gulshan-E-Iqbal, University Road, Karachi, Sindh
Al Nabi Hospital 0092-21-4963590 Al Nabi Hospital, B-15/1, Block No.4-A, Gulshan-E-Iqbal, Abdul Hasan Isaphani Road, Karachi, Sindh	Al-Ain Institute of Eye Diseases (Hospital) 0092-21-4556151 Al-Ain Institute of Eye Diseases, 241/3/A, Block-2, P.E.C.H.S. Shahrah-E-Quaideen, Karachi, Sindh
Al-Hamra Medical Centre 0092-21-4388723 0092-21-4543362 Al-Hamra Medical Centre, Tipu Sultan Road, Karachi, Sindh	Al-Mumtaz Medical Complex (Hospital) 0092-21-4510128 Al-Mumtaz Medical Complex, AL-MUMTAZ MEDICAL COMPLEX is in Karachi, Sindh, located in 25/423, Darakhshan Society Kala Board, Malir. Karachi, Sindh
Al-Noor Hospital Quetta 0092-81 2830395 Toghi Road, Quetta, Balochistan	Al-Razi Hospital 0092-21 5888888 Al-Razi Hospital, Mehmoodabad Gate, Karachi, Sindh
Alvi Dental Hospital 0092-21-4524371 0092--214313069 Alvi Dental Hospital, 23 B, Pechs, Smchs, Near Embassy in Hotel, Karachi, Sindh	Ankle Saria Hospital 0092-21-32720371 Ankle Saria Hospital, Garden Road, Near Makki Masjid. Karachi, Sindh
Asghar Hospital Quetta 0092-81 2827017 Alamdard Road, Quetta, Balochistan	Ashfaq Memorial Hospital 0092-21-4822261 Ashfaq Memorial Hospital, Sb-9 Blk-13/C G'Iqbal, U/Sty Road, Karachi, Sindh
Awan Hospital 0092-21 6666828 Awan Hospital, 1-D/6, Orangi Town, Karachi, Sindh	Ayub Teaching Hospital 0092-992-381907-14, 381846 0092-992-382321 main manshera Road, Abbottabad, Khyber Pakhtunkhwa
Aziz Medical Centre (Hospital) 0092-21 6700666 0092-21 6633442 Aziz Medical Centre, B-151, Blk.-W, Allama Iqbal Town, North Nazimabad, Karachi, Sindh	Babar Hospital 0092-21-4932181 Babar Hospital, Office 5 St-12 Habib Chamber BI-14 G'Iqbal Karachi, Sindh
Bait-ul-Sakoon Cancer Hospital 0092-21 3455 3834-6 0092--21 3455 3942 baitulsukoon@hotmail.com www.baitulsukoon.org/history Bait-ul-Sakoon Cancer Hospital, Plot No. S.N.P.A. 17-J, Block -3, K.C.H.S. Union, Karachi, Sindh	Bantva Anis Hospital 0092-21 4926814 Bantva Anis Hospital, Plot #52-53, DMCHS., Block #3, Behind Gulistan Club, Shaheed-E-Millat Road, Karachi, Sindh
Baqai Hospital Karachi 0092-21-36618396 baqaiot@yahoo.com www.baqai.edu.pk/hospitals/baqai_hospital_universit y2/index.aspx Baqai Hospital Karachi, 111-B, 1/8, Nazimabad no 3,	Behbood Association Medical (Hospital) 0092-21-5820663 Behbood Association Medical, Pl. St-9 Bl. I, Opposite Shireen Jinnah Colony Clifton, Karachi, Sindh

Karachi	
Bilal Foundation 0092-51-4456471- 8 0092-51-4456480 info@bilalhospital.com www.bilalhospital.com 38-A, Satellite Town, Sadiqabad Road, Rawalpindi, Punjab	Brain & Medical Institute (Hospital) 0092-21-5370359 Brain & Medical Institute, Pl. St-32/A, Blk-5, Clifton, Karachi Sindh
Burhani Hospital Karachi 0092-21-32214418 0092-21-32623046 info@burhanihospital.org.pk www.burhanihospital.org.pk/ Burhani Hospital Karachi, Tayebjee Road, Gari Khata, Karachi, Sindh	Butt Charitable Hospital 0092--21-2572237 Butt Charitable Hospital, St. 30, Muhammadi Rd. Pl. Miie. B-C/48, Shershah, Karachi, Sindh
CANTONMENT GENERAL HOSPITAL 0092--51-9270914 Hospital Road, Saddar, Rawalpindi cantt, Punjab	Care Health Service (Hospital) 0092-300-2323801 Care Health Service, Suite No. 43, Street No. 5, Main Ghazali Road, Block-B, Manzoor Colony, Karachi, Sindh
Carvan of Life Trust (Hospital) 0092-21 3587 3946 info@caravanoflifetrust.org www.caravanoflifetrust.org/ Carvan of Life Trust (Hospital), Defence Area, Phase V, Karachi, Sindh	CDA HOSPITAL Islamabad 0092-51-9221302 0092--51-9224377 webmaster.ch@cda.gov.pk www.cda.gov.pk/hospital St# 31 ,G-6/2, Islamabad
CHATTHA HOSPITAL Gujranwala 0092-55-3250077 Chatha Colony, Gujranwala 52250, Punjab	Children Cancer Foundation (Hospital) 0092-21-36359939 0092-21-36361895 info@ccfpakistan.org www.ccfpakistan.org Children Cancer Foundation (Hospital) ST-1/C, Block-10, Ayesha Manzil, Federal B Area, Karachi, Sindh
Children's Hospital, Quetta 0092-81 2823709-12 Quetta, Balochistan	Chinot General Hospital 0092-21- 35063443 0092-21- 35067673 cgh@cgh-k.com www.cgh-k.com/files/cgh.asp Chinot General Hospital, ST-1/3, Sector 41-B, Korangi Township, Karachi, Sindh
City General Hospital 0092-21 4510132 Malir, Kalaboard, Karachi, Sindh	Civil Hospital Badin 0092-300-3020856 Badin, Sindh
Civil Hospital Dadu 0092-25-9200092 Dadu, Sindh	Civil Hospital Jacobabad 0092-722-654989 Jacobabad, Sindh
Civil Hospital Kandhkot 0092-314-7320247 Kandhkot, Sindh	Civil Hospital Tando Muhammad Khan 0092-300-3020856 Tando Muhammad Khan, Sindh
Civil Hospital Karachi 0092-21 99215728 saeed.quraishy@chk.gov.pk www.chk.gov.pk Civil Hospital Karachi, Opp:Allawala Market, M.A.Jinnah Road, Karachi, Sindh	Civil Hospital Thatta 0092-301-2559675 Thatta, Sindh
Civil Hospital Khairpur 0092-301-3407598 Civil Hospital, Gajani Centre, Civil Hospital Road, Khairpur	Civil Hospital Umerkot 0092-238-571748 Umerkot, Sindh
Civil Hospital Sanghar 0092-302-3220304 Civil Hospital Sanghar Sanghar, Sindh	Civil Hospital, Quetta 0092-81 9202018 Quetta, Balochistan
Civil Hospital Sukkar 0092-71-9310132	Creek City Hospital 0092-21 5347825

Civil Hospital Sukkar, Sukkur, Dera Bugti, Sukkar, Sindh	0092-21 5341862 Creek City Hospital, Bunglow #89, Street "P", Off Khayaban-e-Mahafiz, Ph-VII, D.H.A., Karachi, Sindh
Civil Hospital Tando Allahyar 0092-300-3077022 Civil Hospital Tando Allahyar, Tando Allahyar, Sindh	Creek City Medical Complex (Hospital) 0092-21- 35216396 contact@ccmc.pk www.ccmc.pk/concept.php Creek City Hospital Complex, Pakistan Defence Officers Housing, Authority, 2/B East Street, Phase I, DHA, Karachi
Cumber Specialists Hospital 0092-21 2202669 Cumber Specialists Hospital, CK 2/2, Moosa Street, Kharadar #2, Karachi, Sindh	Cumber Specialists Hospital 0092-21 2202669 Cumber Specialists Hospital, CK 2/2, Moosa Street, Kharadar #2, Karachi, Sindh
Dehli Medical Centre (Hospital) 0092--21-6953212 Dehli Medical Centre, Markaz-E-Khidmat-E-Khalq, Dehli House, Educational & Medical Trust, Nagan Chowranghi, Karachi, Sindh	District Head Quarter Hospital Hyderabad 0092-222-671698 District Head Quarter Hospital Hyderabad, Banglow No. B-81, Gulshan-e-Sehar, Nearby pass Qasim Abad, Hyderabad, Sindh
DHQ Hospital Abbottabad 0092-992-9310198, 9310199 Link Road, Abbottabad KHYBER PAKHTUNKHWA	District Head Quarter Hospital Jamshoro 0092-22-3877020 District Head Quarter Hospital Jamshoro, Banglow No. 1, Wapda Colony, Near SDO Office, HWSO, Jamshoro
District Head Qaurter Hospital Jacobabad 0092-722-654372 District Head Qaurter Hospital Jacobabad, Opposite Grid Station, Stadium Road, Jacobabad, Sindh	District Head Quarter Hospital Kamber 0092-744-211190 District Head Quarter Hospital Kamber, Near Shell Petrol Pump, Bypass Bango Dero Road, Kamber, Sindh
District Head Quarter Hospital Badin 0092-279-861926 District Head Quarter Hospital Badin, Badin Army Cantt, Haider Town, Badin, Sindh	District Head Quarter Hospital Karachi East 0092-21-99238954 District Head Quarter Hospital Karachi East, C-35, Block A, Kazimabad, Model Colony, Near Jinnah Air Port, Karachi East, Sindh
District Head Quarter Hospital Dadu 0092-254-711012 District Headquarter Hospital Dadu, H. No. 36/A, Housing Society, Near Bano Stop, Dadu, Sindh	District Head Quarter Hospital Karachi South 0092-21-34556162 District Head Quarter Hospital Karachi South, Z-175, Block 2, PECHS, Tariq Raod, Karachi South, Sindh
District Head Quarter Hospital Ghotki 0092-7236-81106 District Head Quarter Hospital Ghotki, Banglow No. 23, Dorri Road, Opposite Marvi Floor Mills, Bypass, Ghotki, Sindh	District Head Quarter Hospital Karachi West 0092-21-36649344 District Head Quarter Hospital Karachi West, D-64, Block B, North Nazim Abad, Karachi west, Sindh
District Head Quarter Hospital Kashmore 0092-722-570258 District Head Quarter Hospital Kashmore/Kandhkot, Gulshaer Mohallah Opposite Government High School, Kashmore, Sindh	District Head Quarter Hospital Sanghar 0092-235-541451 District Head Quarter Hospital Sanghar, Opposite Civil Hospital, Sanghar, Sindh
District Head Quarter Hospital Khairpur 0092-243-9280160 District Head Quarter Hospital Khairpur, A-4-81/1, Latif Colony, Station Road, Khairpur, Sindh	District Head Quarter Hospital Shikarpur 0092-726-521387 District Head Quarter Hospital Shikarpur, Near Plaza Cenima, Shikarpur, Sindh
District Head Quarter Hospital Larkana 0092-74-9410233 District Head Quarter Hospital Larkana, Banglow No. A-32, Sachal Colony, Wagan Road, Larkana, Sindh	District Head Quarter Hospital Sukkar 0092-71-9310120 District Head Quarter Hospital Sukkar, H. No. C-114, Parsi Colony, Opposite District Accounts Officer Sukhar Sukkar, Sindh
District Head Quarter Hospital Matiari 0092-222-760015 District Head Quarter Hospital Matiari, First Floor, Syed Rukhunddin Shah Complex, Main Matiari, Bypass Road, Matiari, Sindh	Head Quarter Hospital Tando Allahyar 0092-22-3892108 District Head Quarter Hospital Tando Allahyar, Banglow No. 14, Shahbaz Colony, Near Nasar Pur Van Stop, Tando Allahyar, Sindh
District Head Quarter Hospital Mirpurkhas 0092-233-9290137 District Head Quarter Hospital Mirpurkhas, B-9, Sattelite Town, Block 4, Unit No. 3, Mirpurkhas, Sindh	District Head Quarter Hospital Tando Muhammad Khan 0092-223-342721 District Head Quarter Hospital Tando Muhammad Khan, H. No. 1, Somra Mohallah, Tando Muhammad Khan, Sindh

District Head Quarter Hospital Naushero Feroz 0092-242-448687 District Head Quarter Hospital Naushero Feroz, Farooq Town, Plot No. 43, National Highway Road, Naushero Feroz, Sindh	District Head Quarter Hospital Tharparkar 0092-23-2262102 District Head Quarter Hospital Tharparkar, Sodha House, Islam Kot Road, Mithi, Tharparkar, Sindh
District Head Quarter Hospital Nawabshah 0092-244-9370217 District Head Quarter Hospital Nawabshah, H. No. 31, Housing Society, Nawabshah, Sindh	District Head Quarter Hospital Thatta 0092-298-550691 District Head Quarter Hospital Thatta, National Highway, Near Main Branch NBP, City Bus Stop No. 1, Thatta, Sindh
District Head Quarter Hospital Umerkot 0092-238-571869 District Head Quarter Hospital Umerkot, Banglow No. 21, Ward No. 311, Near Bilal Masjid, Somra Mohallah, Umerkot, Sindh	Kunri Christian Hospital 0092-722-571837 Kunri Christian Hospital, Kunri69160, Taluka, Kunri, Umer Kot, Sindh
District Headquarter Hospital, Haripur 0092-992-380791, 503167 0092-992-381691 info@aimca.edu.pk www.aimca.edu.pk/teaching_hospital.php Abbottabad International Medical College P.O. Abbottabad Public School, Mansehra Road Abbottabad, KHYBER PAKHTUNKHWA	Kutiana Memon Hospital 0092-21 2315376-7 0092-21 2315148 Kutiana Memon Hospital, Aga Khan/G allana Road , Kharadar. Karachi, Sindh
Dow University Hospital 0092-21 99215690 Dow University Hospital, Baba-E-Urdu Road, Karachi 74200- Sindh	Lady Aitchison Hospital Lahore 0092-42-9211145-54 kemcol@Brain.net.pk www.kemu.edu.pk King Edward Medical University, Nelagumbad, Anarkali, Lahore, Punjab
Dr. Alidina's Kharadar Maternity Home (Hospital) 0092-21 2204627 Dr. Alidina's Kharadar Maternity Home, Paria Street,Kharadar, Karachi, Sindh	Lady Reading Hospital 0092-91-9211430- 49 0092-91-9211401 info@lrh.gov.pk www.lrh.gov.pk Lady Reading Hospital , khyber Bazar, Peshawar Khyber Pakhtunkhwa
Dr. Atique Orthopedic & Medical Centre (Hospital) 0092-21-4404535 0092-21-4505355 dr.atiqueanwar@gmail.com Dr. Atique Orthopedic & Medical Centre, A-18/423, Darakhshan Society, Kalaboard, Malir, Karachi, Sindh	Lady Willingdon Hospital Lahore 0092-42-9211145-54 kemcol@brain.net.pk www.kemu.edu.pk/lady-willingdon-hospital.html King Edward Medical University Nelagumbad, Anarkali . Lahore, Punjab
Dr. Ziauddin Hospital 0092-21- 35862937-9 0092-21- 35862940 zhc@ziauddinhospital.com www.ziauddinhospital.com/ziauddin-trust.htm Dr. Ziauddin Hospital, 4/B, Shahrah-e-Ghalib, Block 6, Clifton, Karachi, Sindh	Lahore General Hospital, Lahore 0092-42-5810891-2 Lahore General Hospital, Lahore Ferozpur Road Chungi Amarsiddhu, Lahore, Punjab
Faiz-E-Aam Hospital 0092-21-4558351 0092-21-4522406 Faiz-E-Aam Hospital, 2-Teachers C.H.Society, Shaheed-E-Millat Road, Karachi, Sindh	Layton Rahmatulla Benevolent Trust Eye Hospital 0092-21 35396600-5 0092-21- 35396606 lrbt@cyber.net.pk www.lrbt.org.pk/lrbt-a-beacon-of-hope Layton Rahmatulla Benevolent Trust Eye Hospital, 37-C, Sunset Lane No.4, Phase – II Extension, 24th Commercial Street, D.H.A, Karachi, Sindh
Fatemi Surgical Hospital 0092-21-278322 Fatemi Surgical Hospital, Cantonment Market, Lucky Star, Saddar, Karachi, Sindh	Leprosy Patients Welfare Trust (Hospital) 0092-21-32436210 0092-21-32420485 lpwt@super.net.pk www.leprosylpwt.org.pk/About.htm Leprosy Patients Welfare Trust, Room No.13, 3rd Floor, Waqar Center, Muhammad Feroze Street, Jodia Bazar, NearKhor Garden Masjid, P.O.Box No. 6818, Karachi,

	Sindh
Fatima Bai Hospital 0092-21-4124249 Fatima Bai Hospital, Plot #805, JR-32, Laypat Rai Rd. Jamshed Quarters, Karachi, Sindh	Liaquat National Hospital & Medical College 0092-21 3493 9612 0092- 21 3414 0014 admin@lnh.edu.pk www.lnh.edu.pk/ Liaquat National Hospital & Medical College, National Stadium Road, Karachi, Sindh
Fatmia Foundation (Hospital) 0092-21-2225284 0092-21-2256752 Fatmid Foundation (Hospital), 393-Britto Road, Garden East, Karachi 74800, Sindh	Lions Eye Hospital 0092-21-36990096 0092-21-36990096 info@lionseyehospital.org www.lionseyehospital.org/about.html Lions Eye Hospital, ST-21, Sector 5-B/3, Main Road, North Karachi Township, Karachi, Sindh
Fon General Hospital & Karachi Urology Center 0092-21-4989192 Fon General Hospital & Karachi Urology Center, C-130 Blk-9 G'Iqbal City, Karachi, Karachi, Sindh	Mamji Hospital Orthopaedic & General 0092-21-36804706 Mamji Hospital Orthopaedic & General C-19,Block-17,F.B.Area,Near Water Pump, Karachi, Sindh
Gondal Memon Association (Hospital) 0092-21-4857662 Gondal Memon Association, JM-172, Jeker Street, adj.Qudsi Masjid, Jamshed Rd, Karachi, Sindh	Marie Adelaide Leprosy Center (Hospital) 0092--21 35682706, 0092-21- 35683106 secretariat@malc.org.pk www.malc.org.pk/index.html Marie Adelaide Leprosy Centre, Mariam Manzil, A.M. 21,Off Shahrah-e-Liaquat,P.O. Box No. 8666,Saddar, Karachi, Sindh
GOVERNMENT CIVIL HOSPITAL HQ: Gujranwala 0092-55-9200109 Civil Lines, Gujranwala, Punjab	Mayo Hospital, Lahore 0092-42-99213666, Hospital Road, Lahore, Punjab
Gulab Devi Hospital, Lahore 0092-42-9230247-50 0092-42-9230817 gulabdevi@hotmail.com www.gulabdevi.org Gulab Devi Chest Hospital Ferozpur Road, Lahore, Punjab	Mid East Hospital Quetta 0092-81-2821103-5 Al Gilani Road, Quetta, Balochistan
Gulshan General Hospital 0092-21-4992404 Gulshan General Hospital, C-51, Block No. 4-A, Gulshan-E-Iqbal, Abul Hasan saphani Road, Karachi, Sindh	Muhammad Hospital 0092--21-6800396 Muhammad Hospital, C-53, Block-17, F.B. Area, Karachi Sindh
Habib Medical Centre (Hospital) 0092-21-6341893 Habib Medical Centre, Bs-3 Blk-4 FB Area, Karachi Sindh	Murshid Hospital and Health Care Center (Hospital) 0092-346-8215214 0092-21 32811307 info@murshid.org www.murshid.org Murshid Hospital and Health Care Center, Hub River Road, Mujahidabad, Karachi, Sindh
Haji Rang Elahi Eye & General Hospital 0092-21-34967891 Haji Rang Elahi Eye & General Hospital, ST-4B,Block-4,Gulshan-e-Iqbal,Allama Shabbir A.Usm. Karachi, Sindh	Nadeem Medical Centre (Hospital) 0092-21-4984300 Nadeem Medical Centre, St-D-18, Block No.6, Gulshan-E-Iqbal, Karachi, Sindh
Hashmani Hospital 0092-21-32781339 0092-21-32787044 info@hashmanis.com.pk www.hashmanis.com.pk Hashmani Hospital, JM-75, Off M A Jinnah Road Karachi, Sindh	National Institute Of Cardiovascular Diseases (Hospital) 0092-21-9201215 0092-21-9201216 nicvdedo@khi.comsats.net.pk www.nicvd.edu.pk/AboutUs.htm National Institute Of Cardiovascular Diseases (Hospital), Rafiqui (H.J.) Shaheed Road, Karachi-75510,Sindh
Hayatabad Medical Complex 0092-91-9217188 0092-91-9217189	National Institute of Children Health (Hospital) 0092-21-99201193 0092-2199205318

Hayat Abad, Peshawar, KHYBER PAKHTUNKHWA	nfo@nich.edu.pk www.nich.edu.pk/Default.aspx National Institute of Children Health (Hospital), Rafiqui S.J Shaheed Road, Karachi, Sindh
Health Care Hospital 0092-21-5312320 0092-21-5801832 info@healthcarehospital.com.pk www.healthcarehospital.com.pk/aboutus.htm Health Care Hospital, Plot # 140, 17th East Street, Main Korangi Road, DHA, Phase-I, Karachi, Sindh	National Medical Centre (Hospital) 0092-21 35380000-3 0092-21 35805022 info@nmc.net.pk www.nmc.net.pk/ National Medical Centre, A-5/A, National Highway, Phase 1, Defence, Housing Authority, Near Kala Pul, Karachi, Sindh
Hill Park General Hospital 0092-21-4538563 Hill Park General Hospital, S.N.C.C. 3/4, Block #3 Main Shaheed-e-Millat Road, Karachi, Sindh	Nishtar Hospital Multan 0092-61 9200238, 0092-61 9200227 nishtarmed@gmail.com www.nmch.edu.pk Nishtar Road, Multan, Punjab
Holy Family Hospital, Rawalpindi 0092-51-4411377 0092- 51 9290519 Holy Family Hospital Asghar Mall, Satellite Town Saidpur Road. Rawalpindi, Punjab	NUCLEAR ONCOLOGY & RADIOTHERAPY INSTITUTE & HOSPITAL 0092--51-9260611-15, 51-9261313 0092--51-9260616 nori@isb.paknet.com.pk www.paec.gov.pk Hanna Road, Sector G-8/3, Islamabad
HOPE Rehabilitation Center for disabled, Lahore 0092-42 35177791 0092- 42 35177793 info@hope.org.pk, www.hope.org.pk HOPE Rehabilitation Center for disabled 866-B, Faisal Town. Lahore, Punjab	Ojah Institute of Chest Diseases (Hospital) 0092-21-99261472-9 shahina.qayyum@duhs.edu.pk www.duhscme.com/TB/index.php?page=aboutus Ojah Institute of Chest Diseases, Dow University of Health Sciences, Gulzar-e-Hijri, Suparco Road, KDA Scheme -33, Karachi, Sindh
Ibn-e-Seena Hospital 0092-21-34992706 Ibn-e-Seena Hospital ST-22 Block-6 Gulshan-e- Iqbal, University Road, Karachi, Sindh	Orthopaedic & Medical Institute (Hospital) 0092-21 32258075-79 0092-21 32251814 info@omihospital.com www.omihospital.com/Introduction.html Orthopaedic & Medical Institute, 89/1 Depot Lines, Karachi, Sindh
Imam Zainul Abidin Hospital 0092-21-6608991 0092-21-6622680 Imam Zainul Abidin Hospital, C-42 & 43, Rizvia Society, Nzd. Karachi, Sindh	P.E.C.H.S Trauma & General Hospital 0092-21 34310870-71-72 0092-21 34311341 info@pechstrauma.com www.pechstrauma.com/aboutus.html P.E.C.H.S Trauma & General Hospital, 1/4, 258/1, Block 6, P.E.C.H.S, Karachi, Sindh
Indus Hospital 0092-21- 35112709-17 0092-21- 35112718 crd@indushospital.org.pk www.indushospital.org.pk/index.php Indus Hospital, Korangi Crossing, Karachi, Sindh	Pakistan Red Crescent Society (Hospital) 0092-21-5836275 Pakistan Red Crescent Society, Hilal-E-Ahmer House, Clifton, Karachi, Sindh
Institute of Orthopedics & Surgery (Hospital) 0092-21 34315407-11 0092-21- 34315415 info@iospak.com www.iospak.com/ Institute of Orthopedics & Surgery, 187-C, Block 2, P.E.C.H.S., Shahra-e-Quaideen, Karachi, Sindh	Patel Hospital 0092- 21 34968660-1 0092- 21 34985899 info@patel-hospital.org.pk www.patel-hospital.org.pk/index.html Patel Hospital ,ST-18, Block-4, Gulshan-e-Iqbal, Karachi, Sindh
Jinnah Hospital, Lahore 0092-42-9231400-23 0092-429231427	Progressive Surgicals Hospital 0092-21-2785931 0092-21-2789980

<p>info@aimc.edu.pk www.aimc.edu.pk Jinnah Hospital, Lahore Allama Shabbir Ahmed Usmani Road, Lahore, Punjab</p>	<p>Progressive Surgicals Hospital, Shop No. 04-05, Cantonment Market, Block II, Lucky Star, Saddar, Karachi, Sindh</p>
<p>Jinnah Medical College Hospital 0092-21- 5071854-6-8 0092-21 5073161 jmch@jmc.edu.pk www.jmc.edu.pk/jmch/index.htm Jinnah Medical College Hospital, S. R-6, 7/A, Korangi Industrial Area, Karachi, Sindh</p>	<p>Psychiatric hospital Lahore 0092-42 37415762 info@lph.com.pk Psychiatric hospital Scheme Street, Near Wagon Stop Bastami Road, Sodiwal, Lahore, Punjab</p>
<p>JINNAH MEMORIAL HOSPITAL Gujranwala 0092-55-3253467 Gujranwala, Punjab</p>	<p>Qamarul Islam Hospital & Diagnostic Centre 0092-21-5379168 Qamarul Islam Hospital & Diagnostic Centre Punjab Colony, Khayaban-e-Jami Defence, Housing Authority, Karachi, Sindh.</p>
<p>Jinnah Postgraduate Medical Centre (Hospital) 0092-21 9201300 info@jpmc.com.pk Jinnah Postgraduate Medical Centre, Rafiqui (H.J.) Shaheed Road, Karachi, Sindh</p>	<p>Railway Cairns Hospital Lahore 0092-42 9201720-21 Garhi Shahu, Lahore, Punjab</p>
<p>Kamal Hospital 0092-21-5655341 Kamal Hospital, 226/A, El Lines, Dawood Pota Rd., Saddar, Karachi, Sindh</p>	<p>Railway Hospital, Quetta 0092-81 9211077 Railway Hospital, Quetta, Balochistan</p>
<p>Karachi Adventist Hospital 0092-21- 2258021- 0092-21- 2227010 kah@karachiadventisthospital.org www.karachiadventisthospital.org Karachi Adventist Hospital, 91, Depot Lines, M.A Jinnah Road, P.O.Box., Karachi, Sindh</p>	<p>Rajput General Hospital 0092-21-4979403 Rajput General Hospital, ZC-2, Block 4, Gulshan-E-Iqbal, Abul Hasan Isaphani Road, Karachi, Sindh</p>
<p>Karachi E.N.T. & Eye Hospital 0092-21-2720866 Karachi E.N.T. & Eye Hospital, Rimpa Plaza, M.A.Jinnah Road, Karachi, Sindh</p>	<p>Rawalpindi General Hospital Rawalpindi 0092-51 9290301-7 Murree Road, Rawalpindi, Punjab</p>
<p>Karachi Institute of Heart Diseases (Hospital) 0092-213-9246097 0092-213-9246061 Karachi Institute of Heart Diseases, ST-15, Block-16, Federal B. Area, Karachi, Sindh</p>	<p>Remidial Centre (Hospital) 0092- 21-36633834 - 5 - 6 0092-21-36638189 info@remedialcentre.com www.remedialcentre.com/a.html Remidial Centre (Hospital), D-9, Block-I, North Nazimabad, Karachi, Sindh</p>
<p>Karachi National Hospital 0092-21-32251587 0092-21-32230215 info@karachinational.com www.karachinational.com/aboutus.html Karachi National Hospital (Pvt.) Ltd. 239, J. M. Amil Colony, M. A. Jinnah Road, Opposite Mazar-e-Quaid, Karachi, Sindh</p>	<p>Rural Health Center Chachro (Hospital) 0092-2381-73014 Rural Health Center Chachro, Taluka Chachro, Tharparkar, Sindh</p>
<p>Kharadar General Hospital 0092-21-32510113 – 16 0092-21-32511984 info@kharadarhospital.org www.kharadarhospital.org Kharadar General Hospital, Aga Khan Road, Kharadar, Karachi, Sindh</p>	<p>Rural Health Center Islamkot (Hospital) 0092-2342-63119 Rural Health Center Islamkot, Taluka Mithi, Tharparkar, Sindh</p>
<p>Khyber Teaching Hospital 0092-91-9216362 0092-91-9216364 CHIEFKTH@PSH.PAKNET.COM.PK www.khyber.4t.com/ University Town Peshawar, Khyber Pakhtunkhwa</p>	<p>Sahib-uz-Zaman Hospital Quetta 0092-81 2662104 Alamdard Road, Quetta, Balochistan</p>

<p>Kidney Center Hospital 0092-21-35661000 0092-21- 35661040/50 mail@kidneycentre.com www.kidneycentre.com/ Kidney Center Hospital, 197/9, Rafiqui Shaheed Road, Karachi, Sindh</p>	<p>Sahib-uz-Zaman Hospital Quetta 0092-81 2855751 Alamdard Road, Quetta, Balochistan</p>
<p>Kidney Foundation Hospital 0092-21-4532336 0092-21-4380842 Kidney Foundation Hospital, 5-Amber Towers, Sharae Faisal 22-A, Block-6, P.E.C.H.S., Karachi, Sindh</p>	<p>Saifee Hospital 0092-21-36789400 0092-21-36628206 info@saifeehospital.com.pk www.saifeehospital.com.pk/ Saifee Hospital, ST-1, Block-F, North Nazimabad, P.O. Box no 74700 Karachi, Sindh</p>
<p>Kiran Patients Welfare Society Hospital 0092- 21 5044037 0092- 21 5044306 ali.kpws@hotmail.com www.kpws.org/BreastCancer/Index.htm Kiran Patients Welfare Society (KPWS) Karachi Institute of Radiotherapy And Nuclear Medicine (KIRAN Hospital), Near Safura Goth, Scheme 33. Karachi, Sindh</p>	<p>Saleem Medical Complex Quetta 0092-81 2827104 Saleem Medical Complex Double Road, Quetta, Balochistan</p>
<p>Sardar Bahadur Khan TB Sanatorium, Quetta 0092-81 2855751 Quetta, Balochistan</p>	<p>Samdani Hospital 0092-21 34814946 Samdani Hospital, A-560,Block No.5,Gulshan-e-Iqbal, Karachi, Sindh</p>
<p>Sarfaraz Rafiqui Shaheed Hospital 0092-21-475500721 info@rafiquihospital.com.pk www.rafiquihospital.com.pk Sarfaraz Rafiqui Shaheed Hospital Shorot Cantts Karachi,</p>	<p>Shaukat Omar Memorial Hospital (Fauji Foundation) Karachi 0092-21.99248701 Shaukat Omar Memorial Hospital (Fauji Foundation) , Shah Faisal Colony, Shahrah-e-Faisal, Karachi, Sindh</p>
<p>Services Hospital Lahore 0092-429202089 0092-42-9203426 Services Hospital LahoreGhaus-ul-Azam (Jail) Road. Lahore</p>	<p>Sheikh Zayed Hospital Lahore 0092-42-35865731 University Road, Block D, New Muslim Town, Lahore, Punjab</p>
<p>The Children's Hospital, Lahore 0092-42-923 0901-10 The Children's Hospital Lahore Ferozepur Road. Lahore, Punjab</p>	<p>Sina Health, Education & Welfare Trust (Hospital) 0092-21 3582 1076 info@sina.pk Sina Health, Education & Welfare Trust, F-7/1, Block 8, KDA Scheme 5,Kehkashan, Clifton, Karachi, Sindh</p>
<p>The Kidney Centre Post Graduate Training Institute 0092-21 35661000 (10 Lines) 0092-21 35661040/50 mail@kidneycentre.com www.kidneycentre.com 197/9, Rafiqui Shaheed Road, Karachi, Sindh</p>	<p>Sindh Institute of Urology and Transplantation (Hospital) 0092-21- 99215752 0092-21- 99215469 info@siut.org, resource@siut.org www.siut.org/about-siut/our-history Sindh Institute of Urology and Transplantation (Hospital), Civil Hospital. Karachi, Sindh</p>
<p>The Medical General Hospital 0092-21-6980149 The Medical General Hospital, ST. 16, Sec. 11-B, N/Kar, Karachi, Sindh</p>	<p>Sindh Medical Centre (Hospital) 0092-74-4040330 0092-74-4055866 Sindh Medical Centre, VIP Road. Larkana, Sindh</p>
<p>Usman Memorial Hospital 0092-213-6316328 Usman Memorial Hospital, ST/12,Block- 1,F.B.Area,Karachi</p>	<p>Skin & Social Hygiene Centre (Hospital) 0092-213-2723952 Skin & Social Hygiene Centre, Behind Regal Cinema, Saddar, Karachi, Sindh</p>
<p>Zainab Punjwani Memorial Hospital 0092-21 32236251 zpmh@hotmail.com www.panjwani.org/ Zainab Punjwani Memorial Hospital, Mohammad ali Habib Road, Numaish, Karachi, Sindh</p>	<p>Sobhraj Maternity Home (Hospital) 0092-21 32636080 Sobhraj Maternity Home (Hospital), Urdu Bazar, Karachi, Sindh</p>

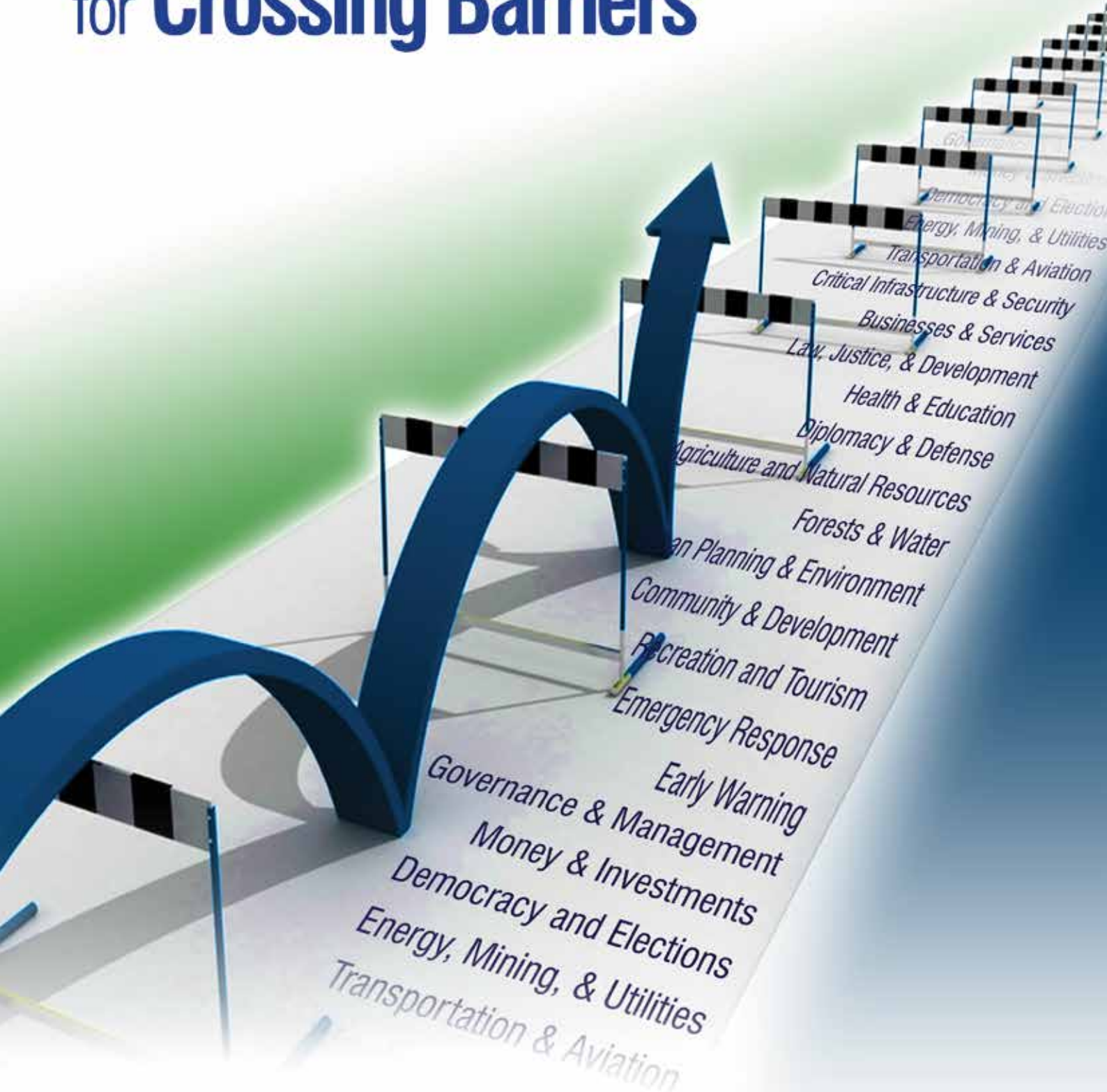
Zubair Medical Center (Hospital) 0092-726-521004 Zubair Medical Center, Hathidar Road, Opp Fire brigade Hazaridar Shikarpur, Sindh	Zubeda Khaliq Memorial Hospital 0092-581 546 8165 0092- 581 546 8165 khansikandar@yahoo.com www.zkmfreehospital.org/index.html Zubeda Khaliq Memorial Trust, Sermik, Skardu, Gilgit
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HUMANITARIAN ORGANIZATIONS

Aga Khan Health Service 0092-213-5361196-97 0092-213-35308140 akhsp@akhsp.org www.akdn.org/AKHS D-114, Block 5, Clifton, Karachi, Sindh	Association for Health, Education & Agriculture Development Sindh 0092-235-541767 ahead_sgr@yahoo.com www.aheadsanghar.page.tl Banglow No.105/082, Block No. 2, Sanghar, Sindh
Customs Health Care Society 0092-42 - 3784 7008 asifjah@welfareclinic.com.pk , yumna@welfareclinic.com.pk www.welfareclinic.com.pk 449-Jahanzeb Block, Allama Iqbal Town, Lahore, Punjab	Gender and Reproductive Health Organization 0092-81-2872129 0092-81-2842982 genderbltn@gmail.com www.grho.org.pk/contactus.html Head Office: House# 171/28-B, Near IT university Jinnah Town, Quetta, Balochistan
Education Awareness & Community Health 0092-41-5504488 0092-41-2404488 each@nexlinx.net.pk www.each.org.pk Main Bazar Masoodabad, Near Sultan Chowk, samanabad, Faisalabad, Punjab	Health Education & Literacy Trust 0092-42 3 6663144 0092-42-5895453 heal@wol.net.pk , healtrust_pk@yahoo.com www.healtrust.org 53 - K, Gulberg 3 / 736-Z Phase III DHA / 157-E, Upper portion, New Super town, Ghazni Lane, Near Defence More. Lahore Cantt, Punjab
Education, Health, Social Awareness & Rehabilitation Foundation (EHSAR Foundation) 0092-91 585 3030 0092-91 570 3070 ehsarfoundation@gmail.com www.ehsar.org EHSAR Foundation 43 - B, S. Jamal ud Din Afghani Road, University town, Peshawar, Khyber Pakhtunkhwa	Health Education And Development Society, Pakistan 0092-346 2926572 hedsbaltistan@gmail.com www.hedsbaltistan.org House # 32 Askole , Skardu, Gilgit Baltistan
Family Health International 0092-51-285-5993 0092-51-285-4528 info@fhipk.org Family Health International H#9 9th Avenue, F-8/1. Islamabad	Health Oriented Preventive Education 0092-21-34520464 agboat@hope-ngo.com www.hope-ngo.com 5, Amir Khusro Road, Mehvush, Overseas Cooperative Housing Society, Karachi, Sindh
Frontier Primary Health Care 0092-937-863837 0092-937-861403 fphcpak@gmail.com www.frontierphc.com Frontier Primary Health Care Nisatta Road, Bijli Ghar, G.P.O. Box – 52, Mardan, Khyber Pakhtunkhwa	HealthNet TPO 0092-3038432419/ qadeered.hntpo@gmail.com www.healthnettpo.org House No. 461, Street 58, Sector I-8/3, Islamabad
International Centre for Migration, Health and Development (41 22) 783 10 80 (41 22) 783 10 87 secretariat@icmhd.ch www.icmhd.ch Geneva (Main Office):11, Route du Nant d'Avril CH – 1214 Geneva Switzerland	Healthy Environment Creative Society 0092-242-526043 hecs.org@gmail.com www.hecs.webstarts.com HECS Office, 3rd Floor State Life Building, near warid Franchise, Main Road, Moro, Naushahro Feroze, Sindh
Motto to Empower the Health, Education & Rights Balochistan 0092-83-8510220 0092-83-8510220 meher_jfd@hotmail.com	Integrated Health Services 0092-51-111 362 867 info@ihspakistan.com www.ihspakistan.com Islamabad

<p>www.meher.org.pk MEHER office, Dera Allah Yar, Jaffarabad, Balochistan Motto to Empower the Health, Education and Rights 0092-333 7881255 saif@meher.org.pk www.meher.org.pk MEHER office Main Civil Hospital Road, Near Zakat Office, Dera Allah Yar, District Jaffarabad, Balochistan</p>	<p>People's Primary Healthcare Initiative Balochistan 0092-81-2822660-4 0092-81-2827635 pphibln@yahoo.com www.pphibalochistan.org.pk House No:38-A Chaman Housing Scheme, Airport Road Quetta, Balochistan</p>
<p>Pakistan National Forum on Women's Health 0092-21-32231534 0092-2132231534 shershahsyed@hotmail.com www.pnfw.org.pk PMA House, Aga Khan III Road, Karachi, Sindh</p>	<p>Society for Education, Health Awareness & Technology 0092-51-2827788 nfo@sehat.org.pk www.sehat.org.pk Society for Education, Health Awareness & Technology House 8, Street 39, G-6/2, Islamabad</p>
<p>Participatory Efforts for Health Environment 0092-22-2650987 0092-22-2650987 rafiqjunejo@pehesindh.org www.pehesindh.org Bangalow no. B-02, Prince Town Phase 2, Qasimabad Hyderabad, Sindh</p>	<p>Society for Health & Education Development 0092-21-32044126 0092-21-34661222 contact@shed.com.pk www.shed-pak.org House No. B-139 Block 1 Gulistan e Johar, Karachi, Sindh</p>
<p>Potohar Mental Health Association 0092-345 8540063 potoharmentalhealthassociation@gmail.com HO.No.521 Street # 66, G-11/, Islamabad</p>	<p>UM Health Care Trust 0092-51-210 6304 0092-51-926 6626 info @ umtrust . org www.umtrust.org H#510, Street 9, Sector F-10/2, Islamabad</p>
<p>Sindh Health & Education Development Society 0092-22-2633163 0092-22-2633163 sheds.org@gmail.com 3rd Floor Baitul Mall Building ,Doctors Colony ,Near Liaquat University OPD, Hyderabad, Sindh</p>	<p>Water, Health, Education, Environmental League Quetta 0092-81-2445212 0092-81-2445212 razayt@yahoo.com House No: 8-40/1479-2, Street no: 3, Ismail Colony, Sirki Road, Quetta, Balochistan</p>
<p>Women Welfare for Health & Education Services Pakistan 0092-321-9221984 zafri999@yahoo.com www.whaes.web.com Office No. 05, Jamia Masjid, Ruqqia Square, Block 14, Water Pump, F/B Area karachi. Sindh</p>	<p>World Health Organization 0092-051-9255184-5 0092-51-9255042 wr@pak.emro.who.int www.who.int Premises of National Institute of Health, Park Road, Chak Shahzad, Islamabad</p>

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